

# KAISER PERMANENTE®

## KAISER FOUNDATION HEALTH PLAN OF COLORADO

### Summary of 2013 Benefit Changes

Large Group/Non-Medicare

HSA-Compatible Deductible HMO

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#### BASE PLAN CHANGES

**Tobacco Cessation Prescription Drugs.** Members will be eligible to receive prescribed tobacco cessation drugs at no charge when prescribed by a plan provider as part of the tobacco cessation program offered by Kaiser Permanents.

#### LEGISLATIVE CHANGES

**Women's Preventive Services.** Women's preventive services will be covered at no charge as required by the Affordable Care Act. These services include: well-woman visits; screening for gestational diabetes; human papillomavirus testing; counseling for sexually transmitted infections; counseling and screening for human immune-deficiency virus; contraceptive methods and counseling; breastfeeding support, supplies, and counseling; and screening and counseling for interpersonal and domestic violence. *(May not apply to grandfathered and retiree-only plans.)*

**Plan Year Deductibles.** Annual deductible: Individual - \$1,250, Family \$,2500

#### REMINDERS

In accord with the "**WOMEN'S HEALTH AND CANCER RIGHTS ACT OF 1998**," and as determined in consultation with the attending physician and the patient, we provide the following coverage after a mastectomy:

- Reconstruction of the breast on which the mastectomy was performed.
- Surgery and reconstruction of the other breast to produce a symmetrical (balanced) appearance.
- Protheses (artificial replacements).
- Services for physical complications resulting from the mastectomy.

#### 2013 STATE OF COLORADO BENEFIT CHANGES

**Optical Benefit Change: \$150 credit per member every 24 months toward optical hardware including frames, lenses and contact lenses.**

## Kaiser Foundation Health Plan of Colorado Effective July 1, 2013

Attached is the Summary of 2013 Benefit Changes to the HSA-Compatible Deductible HMO and the Traditional HMO Kaiser Permanente medical plan options. The changes will affect the Kaiser Evidence of Coverage booklet for the Plan Year 2013-14

In addition to the changes listed on Attachment 1 and 2 of this Exhibit C-2, the definition of Eligible Dependent has been modified to include Partners in a Civil Union as follow:

- a. **Eligible Dependent:** Eligible dependents are specified in statutes, primarily § 24-50-603(5) and (6.5), C.R.S., as modified or further defined by other state statutes (e.g., Title 10) or federal regulations (e.g., Affordable Care Act [ACA], IRC on taxable income).
- b.

**Current spouse**, including common law spouse.

1. Spouse means an opposite-gender individual to whom the employee is legally married.
2. Common law spouse means an adult, at least 18 years of age:
  - a. with whom the employee cohabitates; and
  - b. who represent themselves to the community as married to each other; and
  - c. there is no legal impediment to the marriage.

**Current same-gender domestic partner** who is an adult, at least 18 years of age:

1. with whom the employee has shared an exclusive, committed relationship with that same person for at least one year prior to enrollment with the intent for the relationship to last indefinitely; and
2. who is not related to the employee by blood to a degree that would prohibit marriage; and
3. neither the employee nor partner is married to another person or in a civil union partnership with another person.

**Current partner in a civil union** means an adult, regardless of the gender of either party, at least 18 years of age:

1. who is not a partner in another civil union;
2. who is not married to another person;
3. who is not under guardianship, unless the partner under guardianship has the written consent of his or her guardian; and
4. neither partner is a relative of the other whether the relationship is by the half or the whole blood.

A **child** through the end of the month in which the child turns age 26. The legal definition of child must be applied (e.g., first generation, parent-child relationship). As of July 1, 2011, marital status, student status, financial support, and residency are no longer factors under the ACA.

1. Biological or natural child, or
2. Legally adopted, or
3. Legally placed for adoption or foster care, or
4. Step child as long as the employee and natural parent are married, or
5. Child of a same-gender domestic partner as long the employee and parent are in the committed relationship, or
6. Child for whom the employee has a court order that specifies responsibility for health insurance coverage (legal custody or allocation of parental responsibility).

A physically or mentally **disabled child** who is 26 years of age or older:

1. unmarried,
2. disability is certified by the State's medical carrier or third-party administrator (in the case of dental or life only, a Social Security Administration SSI determination);
3. not covered by other government programs; and
4. the employee is the major source of financial support or directed by a court order to provide coverage.

### **Exclusions**

Ex-spouses and their children, same-gender domestic ex-partners and their children, civil union ex-partners and their children, opposite-gender domestic partners and their children, parents, grandparents and grandchildren, siblings, aunts and uncles, nieces and nephews, cousins, and any other relatives or non-

**Kaiser Foundation Health Plan of Colorado**  
**Effective July 1, 2013**

relatives in the household. The only exception is when a court determines a qualified dependent relationship exists and issues an order specifying responsibility for coverage.

# Important Benefit Information Enclosed

## *Evidence of Coverage*

State of Colorado  
Kaiser HDHP Denver  
Boulder/SoCo/NoCo  
FY 2012

Plan Year effective July 1, 2011 – June 30, 2012

Continued July 1, 2012-June 30, 2013

Continued July 1, 2013-June 30, 2014



## IMPORTANT NOTICE

### RE: Changes to your 2011 Evidence of Coverage

**MOVING OUT OF THE SERVICE AREA** – If you move out of the Service Area you no longer meet the State’s eligibility requirements and will be terminated from the group plan.

### **DEPENDENT DEFINITION** –

- A. *Current spouse*, including common law spouse.
1. Spouse means an opposite-gender individual to whom the employee is legally married.
  2. Common law spouse means an adult, at least 18 years of age:
    - a. with whom the employee cohabitates; and
    - b. who represent themselves to the community as married to each other; and
    - c. there is no legal impediment to the marriage.
- B. *Current same-gender domestic partner* who is an adult, at least 18 years of age:
1. with whom the employee has shared an exclusive, committed relationship with that same person for at least one year prior to enrollment with the intent for the relationship to last indefinitely; and
  2. who is not related to the employee by blood to a degree that would prohibit marriage; and
  3. neither the employee nor partner is married to another person.
- C. A **child** through the end of the month in which the child turns age 26. The legal definition of child must be applied (e.g., first generation, parent-child relationship). As of July 1, 2011, marital status, student status, financial support, and residency are no longer factors under the ACA.  
A **child** includes a biological or natural child, a legally adopted child or legally placed for adoption or foster care, a step-child as long as the employee and natural parent are married, a child of a same-gender domestic partner as long as the employee and parent are in a committed relationship, a child for whom the employee has a court order that specifies responsibility for health insurance coverage (legal custody or allocation of parental responsibility).
- D. A physically or mentally **disabled child** who is 26 years of age or older **and** unmarried, disability is certified by the State’s medical carrier or third-party administrator (in the case of dental or life only, a Social Security Administration SSI determination), not covered by another government program and the employee is the major source of financial support or directed by a court order to provide coverage.

### **Exclusions**

Ex-spouses and their children, same-gender domestic ex-partners and their children, opposite-gender domestic partners and their children, parents, grandparents and grandchildren, siblings, aunts and uncles, nieces and nephews, cousins, and any other relatives or non-relatives in the household. The only exception is when a court determines a qualified dependent relationship exists and issues an order specifying responsibility for coverage.

## BENEFIT CHANGES

### **CLARIFICATION**

**DURABLE MEDICAL EQUIPMENT (DME) AND PROSTHETICS AND ORTHOTICS.** Effective January 1, 2011, all covered DME and Prosthetics and Orthotics will be subject to a Copayment/Coinsurance when dispensed in Kaiser Permanente Facilities.

### **LEGISLATIVE CHANGES**

**FEDERAL LEGISLATION - DEPENDENT COVERAGE TO AGE 26.** For contracts issued or renewed on or after October 1, 2010, dependents, as defined by federal law, are eligible for coverage up to age 26.

**FEDERAL LEGISLATION - ANNUAL LIMITS.** For contracts issued or renewed on or after October 1, 2010, annual benefit limits on essential benefits, as determined by the Secretary of Health and Human Services, will be removed.

**PREVENTIVE HEALTH CARE SERVICES.** For contracts issued or renewed on or after October 1, 2010, covered Services subject to the federal definition of preventive benefits will be at no charge to the member. (May not apply to grandfathered plans, as defined by federal law.)

**NOTE:** References to “calendar” year in the Prescription Drug Benefit for the HSA Plan should be “contract” year.

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## I. INTRODUCTION

### About this Evidence of Coverage (EOC)

This Evidence of Coverage (EOC) describes the health care coverage provided under the Agreement between Kaiser Foundation Health Plan of Colorado (Health Plan) and your Group. This EOC is for your Group's 2011 contract year.

In this EOC, Kaiser Foundation Health Plan of Colorado is sometimes referred to as "Health Plan," "we," or "us." Members are sometimes referred to as "you." Out-of-Health Plan is sometimes referred to as "Out-of-Plan." Some capitalized terms have special meaning in this EOC; please see the "Definitions" section for terms you should know.

The health care coverage described in this EOC has been designed to be a High Deductible Health Plan (HDHP) compatible for use with a Health Savings Account (HSA). An HSA is a tax-exempt account established under Section 223(d) of the Internal Revenue Code exclusively for the purpose of paying qualified medical expenses of the account beneficiary. Contributions to such an account are tax deductible but in order to qualify for and make contributions to an HSA, you must be enrolled in a qualified High Deductible Health Plan.

Please note that the tax references contained in this document relate to federal income tax only. The tax treatment of HSA contributions and distributions under your state's income tax laws may differ from the federal tax treatment, and differs from state to state. Kaiser Permanente does not provide tax advice. Consult with your financial or tax advisor for tax advice or more information about your eligibility for an HSA.

## II. ELIGIBILITY AND ENROLLMENT

### A. Who Is Eligible

#### 1. General

To be eligible to enroll and to remain enrolled in this health benefit plan, you must meet the following requirements:

- a. You must meet your Group's eligibility requirements that we have approved (your Group is required to inform Subscribers of the Group's eligibility requirements); and
- b. You must also meet the Subscriber or Dependent eligibility requirements as described below; and
- c. On the first day of membership, the Subscriber must live in our Service Area (our Service Area is described in the "Definitions" section). You cannot live in another Kaiser Foundation Health Plan or allied plan service area (for the purposes of this eligibility rule these other service areas may change on January 1 of each year and are currently the District of Columbia and parts of California, Colorado, Georgia, Hawaii, Idaho, Maryland, Ohio, Oregon, Virginia and Washington). For more information, **Denver/Boulder** Members, please call **Member Services** at **303-338-3800** or toll-free at **1-800-632-9700** or TTY **1-800-521-4874**; **Southern Colorado** Members, please call **Member Services** toll-free at **1-888-681-7878** or TTY **1-800-521-4874**.

#### 2. Subscribers

You may be eligible to enroll as a Subscriber if you are entitled to Subscriber coverage under your Group's eligibility requirements that we have approved (for example, an employee of your Group who works at least the number of hours specified in those requirements).

#### 3. Dependents

If you are a Subscriber, the following persons may be eligible to enroll as your Dependents under this plan:

- a. Your Spouse.
- b. Your or your Spouse's children (including adopted children and children placed with you for adoption) who are under the dependent limiting age specified in the "Summary Chart."
- c. Other dependent persons (but not including foster children) who meet all of the following requirements:
  - i. they are under the dependent limiting age specified in the "Summary Chart"; and
  - ii. you or your Spouse is the court-appointed permanent legal guardian (or was before the person reached age 18).
- d. Your or your Spouse's unmarried children over the dependent limiting age specified in the "Summary Chart" who are medically certified as disabled and dependent upon you or your Spouse are eligible to enroll or continue coverage as your Dependents if the following requirements are met:
  - i. they are dependent on you or your Spouse; and
  - ii. you give us proof of the Dependent's disability and dependency annually if we request it.
- e. Subscriber's designated beneficiary prescribed by Colorado law, if your employer elects to cover designated beneficiaries as dependents.

**Students on Medical Leave of Absence.** Dependent children over the dependent limiting age but under the dependent student limiting age as specified in the "Summary Chart" who lose dependent student status at a postsecondary educational institution due to a Medically Necessary leave of absence may remain eligible for coverage until the earlier of (i) one year after the first day of the Medically Necessary leave of absence; or (ii) the date dependent coverage would otherwise terminate under this EOC. We must receive written certification by a treating physician of the dependent child

which states that the child is suffering from a serious illness or injury, and that the leave of absence or other change of enrollment is Medically Necessary.

If your plan has different eligibility requirements, please see “Additional Provisions.”

4. Medicare Eligibility

This health plan is not intended for Members entitled to benefits under Medicare. If you are or become eligible for Medicare during the term of your Group’s Agreement, and you enroll in Medicare Part A, Part B or Part D with Health Plan, or another Medicare Advantage health plan, you no longer qualify as an eligible individual for an HSA-qualifying High Deductible Health Plan.

5. Health Savings Account Eligibility

Enrollment in a High Deductible Health Plan that is HSA-compatible is only one of the eligibility requirements for establishing and contributing to an HSA. Other requirements include that you must not be: (a) covered by another health coverage plan (for example, through your spouse’s employer) that is not also an HSA-compatible health plan, with certain exceptions; (b) enrolled in Medicare; or (c) able to be claimed as a Dependent on another person’s tax return. Consult your tax advisor for more information about your eligibility for an HSA.

**B. Enrollment and Effective Date of Coverage**

Eligible people may enroll as follows, and membership begins at 12:00 a.m. on the membership effective date.

1. New Employees and their Dependents

If you are a new employee, you may enroll yourself and any eligible Dependents by submitting a Health Plan-approved enrollment application to your Group within 31 days after you become eligible (you should check with your Group to see when new employees become eligible). Your membership will become effective on the date specified by your Group.

2. Members Who are Inpatient on Effective Date of Coverage

If you are an inpatient in a hospital or institution when your coverage with us becomes effective and you had other coverage when you were admitted, state law will determine whether we or your prior carrier will be responsible for payment for your care until your date of discharge.

3. Special Enrollment Due to Newly Acquired Dependents

You may enroll as a Subscriber (along with any eligible Dependents), and existing Subscribers may add eligible Dependents, by submitting a Health Plan-approved enrollment application to your Group within 31 days after a Dependent becomes newly eligible.

The membership effective date for the Dependents (and, if applicable, the new Subscriber) will be:

a. For newborn children, the moment of birth. A newborn child is automatically covered for the first 31 days.

For existing Subscribers:

- i. If the addition of the newborn child to the Subscriber’s coverage will change the amount the Subscriber is required to pay for that coverage, then the Subscriber, in order for the newborn to continue coverage beyond the initial 31-day period of coverage, is required to (A) pay the new amount due for coverage after the initial 31-day period of coverage; and (B) notify Health Plan within 31 days of the newborn’s birth.
- ii. If the addition of the newborn child to the Subscriber’s coverage will not change the amount the Subscriber pays for coverage, the Subscriber is still required to notify Health Plan after the birth of the newborn in order to facilitate the newborn’s enrollment onto the Subscriber’s Health Plan coverage.

b. For newly adopted children (including children newly placed for adoption), the date of the adoption or placement for adoption. An eligible adopted child must be enrolled within 31 days from the date the child is placed in your custody or the date of the final decree of adoption.

For existing Subscribers:

- i. If the addition of the newly adopted child to the Subscriber’s coverage will change the amount the Subscriber is required to pay for that coverage, then the Subscriber, in order for the newly adopted child to continue coverage beyond the initial 31-day period of coverage, is required to (A) pay the new amount due for coverage after the initial 31-day period of coverage; and (B) notify Health Plan within 31 days of the child’s adoption or placement for adoption.
- ii. If the addition of the newly adopted child to the Subscriber’s coverage will not change the amount the Subscriber pays for coverage, the Subscriber is still required to notify Health Plan after the adoption or placement for adoption of the child in order to facilitate the child’s enrollment onto the Subscriber’s Health Plan coverage.

c. For all other Dependents, the date of the event if enrolled within 31 days of attaining eligibility. Employees and Dependents who are not enrolled when newly eligible must wait until the next open enrollment period to become Members of Health Plan, unless: (i) they enroll under special circumstances, as agreed to by your Group and Health Plan or (ii) they enroll under the provisions described in “Special Enrollment Due to Loss of Other Coverage” below.

4. Special Enrollment Due to Loss of Other Coverage

You may enroll as a Subscriber (along with any eligible Dependents), and existing Subscribers may add eligible Dependents, by submitting a Health Plan-approved enrollment application to your Group within 31 days after the enrolling persons lose other coverage, if:

The enrolling persons had other coverage when you previously declined all coverage through your Group (some groups require you to have stated in writing when declining Health Plan coverage that other coverage was the reason); and the loss of the other coverage is due to one of the following:

- a. Exhaustion of COBRA coverage.
- b. Loss of eligibility for non-COBRA coverage, but not termination for cause or termination from an individual (nongroup) plan for nonpayment, in the following situations:
  - i. termination of employer contributions for non-COBRA coverage;
  - ii. loss of coverage under other creditable coverage as a result of termination of employment or eligibility;
  - iii. reduction in the number of hours of employment;
  - iv. the involuntary termination of the creditable coverage;
  - v. death of a spouse, legal separation or divorce;
  - vi. reaching the age limit for dependent children;
  - vii. Subscriber's death;
  - viii. a dependent is disenrolled from or otherwise becomes ineligible for Children's Basic Health Plan (application for enrollment must be made no later than 90 days after disenrollment);
  - ix. the enrolling person loses eligibility for Medicaid, but not due to termination for cause (application for enrollment must be made no later than 60 days after loss of coverage);
  - x. the individual becomes eligible to receive premium assistance under Medicaid or Children's Basic Health Plan (application for enrollment must be made no later than 60 days after eligibility determination for premium assistance);
  - xi. the individual has reached a lifetime maximum on all benefits; or
  - xii. the individual has lost coverage as a result of moving out of the plan's service area.

If you are enrolling yourself as a Subscriber along with at least one eligible Dependent, it is necessary for only one of you to lose other coverage and only one of you to have had other coverage when you previously declined all coverage through your Group.

Your Group will let you know the membership effective date, which will be no later than the first day of the month following the date your Group receives the enrollment application.

5. Special Enrollment Due to Court or Administrative Order

You may enroll as a Subscriber (along with any eligible Dependents), and existing Subscribers may add eligible Dependents if a court has ordered that coverage be provided for a dependent under a covered employee's health benefit plan and the request for enrollment is made within 31 days after issuance of such court order.

6. Open Enrollment

You may enroll as a Subscriber (along with any eligible Dependents), and existing Subscribers may add eligible Dependents, by submitting a Health Plan-approved enrollment application to your Group during the open enrollment period. Your Group will let you know when the open enrollment period begins and ends and the membership effective date.

7. Persons Barred From Enrolling

You cannot enroll if: (a) you have had your entitlement to receive Services through Health Plan terminated for cause; or (b) you have had your entitlement to receive Services through Health Plan terminated for failure to pay any amounts (other than Dues) owed to Health Plan or a Plan Provider as described under "Termination for Nonpayment of Any Other Charges" in the "Termination of Membership" section.

### III. HOW TO OBTAIN SERVICES

As a Member, you are selecting our medical care program to provide your health care. You must receive all covered Services from Plan Providers inside our Service Area, except as described under the following headings:

- "Emergency Services Provided by non-Plan Providers (out-of-Plan Emergency Services)" in "Emergency Services and Non-Emergency, Non-Routine Care" in the "Benefits" section.
- "Out-of-Plan Non-Emergency, Non-Routine Care" in "Emergency Services and Non-Emergency, Non-Routine Care" in the "Benefits" section.
- "Getting a Referral," in this section.

#### A. Your Primary Care Plan Physician

Your primary care Plan Physician (PCP) plays an important role in coordinating your health care needs, including hospital stays and referrals to specialists. Every member of your family should have his or her own PCP.

1. Choosing Your Primary Care Plan Physician

You may select a PCP from family medicine, pediatrics, or internal medicine. You may also receive a second medical opinion from a Plan Physician upon request. Please refer to the “Second Opinions” section, below.

a. Denver/Boulder Service Area

You may choose your PCP from our provider directory. If you want to receive care from a specific physician listed in the directory, please call **Member Services** to verify that the physician still participates with Health Plan and is accepting new patients. You can obtain a copy of the directory by calling **Member Services** at **303-338-3800** or toll-free at **1-800-632-9700** or TTY **1-800-521-4874** or you can obtain a list of Plan Physicians on our website, [www.kp.org](http://www.kp.org), by clicking on “Locate our services,” then “Medical staff directory.”

b. Southern Colorado Service Area

You must choose a PCP when you enroll. If you do not select a PCP upon enrollment, we will assign you one near your home.

Medical Group contracts with a panel of Affiliated Physicians, specialists, and other health care professionals to provide medical Services in the *Southern Colorado* Service Area. You may choose your PCP from our panel of *Southern Colorado* Plan Physicians.

You can find these physicians, along with a listing of affiliated specialists and ancillary providers, in the Kaiser Permanente Southern Colorado Physician and Provider Directory. You can obtain a copy of the directory by calling **Member Services** toll-free at **1-888-681-7878** or TTY **1-800-521-4874** or by visiting our website, [www.kp.org](http://www.kp.org), by clicking on “Locate our services” then “Medical staff directory.”

If you are seeking routine or specialty care in any of the *Denver/Boulder* Plan Facilities, you must have a referral from your local PCP. If you do not get a referral, you will be billed for the full amount of the office visit Charges. If you are visiting in the *Denver/Boulder* Service Area and need after-hours or emergency care, you can visit a *Denver/Boulder* Plan Facility without a referral.

2. Changing Your Primary Care Plan Physician

a. Denver/Boulder Service Area

Please call **Member Services** at **303-338-3800** or toll-free at **1-800-632-9700** or TTY **1-800-521-4874** to change your PCP, or you may change your physician when visiting a Plan Facility. You may change your PCP at any time.

b. Southern Colorado Service Area

Please call **Member Services** toll-free at **1-888-681-7878** or TTY **1-800-521-4874** to change your PCP. Notify us of your new PCP choice by the 15<sup>th</sup> day of the month. Your selection will be effective on the first day of the following month.

**B. Getting a Referral**

1. Referrals

a. Denver/Boulder Service Area

Medical Group physicians offer primary medical and pediatric care as well as specialty care in areas such as general surgery, orthopedic surgery, and dermatology. If your Medical Group physician decides that you require covered Services not available from us, he or she will refer you to a non-Medical Group physician inside or outside our Service Area. You must have a written referral to the non-Medical Group physician in order for us to cover the Services. A referral is a written authorization from Kaiser Permanente for you to receive a covered Service from a non-Medical Group physician. A written or verbal recommendation by a Medical Group physician or an Affiliated Physician that you obtain non-covered Services (whether Medically Necessary or not) is **not** considered a referral, and is **not** covered. Copayments or Coinsurance for referral Services are the same as those required for Services provided by a Medical Group physician.

In order to receive Services from providers other than a Medical Group physician or from a Plan Facility, you must have a written referral. This includes Services provided by an Affiliated Physician in the *Denver/Boulder* or *Southern Colorado* Service Areas.

A referral is limited to a specific Service, treatment, series of treatments and period of time. All referral Services must be requested and approved in advance according to Medical Group procedures. We will not pay for any care rendered or recommended by a non-Medical Group physician beyond the limits of the original referral unless the care is specifically authorized by your Medical Group physician and approved in advance in accord with Medical Group procedures.

b. Southern Colorado Service Area

Plan Physicians offer primary medical and pediatric care as well as specialty care in areas such as general surgery, orthopedic surgery and dermatology. If your Plan Physician decides that you require covered Services not available from us, he or she will refer you to a non-Plan Provider inside or outside our Service Area. You must have a written

referral to the non-Plan Provider in order for us to cover the Services. A referral is a written authorization from Kaiser Permanente for you to receive a covered Service from a designated non-Plan Provider. A written or verbal recommendation by a Plan Physician that you obtain non-covered Services (whether Medically Necessary or not) is **not** considered a referral and is **not** covered. Copayments or Coinsurance for referral Services are the same as those required for Services provided by a Plan Provider.

Health Plan authorization is required for Services provided by: (i) non-Plan Providers or non-Plan Facilities and (ii) Services provided by any provider outside the *Southern Colorado* Service Area. This includes Services provided by a Medical Group physician in the *Denver/Boulder* Service Area. Health Plan authorization may be required for Services performed in any facility other than the physician's office. A referral for these Services will be submitted to Health Plan by the Plan Physician. Health Plan will make a determination regarding authorization for coverage.

The provider to whom you are referred will receive a notice of Health Plan's authorization by fax. You will receive a written notice of Health Plan's authorization in the mail. This notice will tell you the physician's name, address and phone number. It will also tell you the time period for which the referral is valid and the Services authorized.

2. Specialty Self-Referrals

a. *Denver/Boulder* Service Area

You may self-refer for consultation (routine office) visits to specialty-care departments within Kaiser Permanente with the exception of the anesthesia clinical pain department. Female members do not need a referral or prior authorization in order to obtain access to obstetrical or gynecological care from a Plan Provider who specializes in obstetrics or gynecology. You will still be required to obtain a written referral for laboratory or radiology Services and for specialty procedures such as a CT scan, MRI, or surgery. A written referral is also required for specialty-care visits to non-Medical Group physicians.

b. *Southern Colorado* Service Area

You may self-refer for consultation (routine office) visits to Plan Physician specialty-care providers identified as eligible to receive direct referrals. Female members do not need a referral or prior authorization in order to obtain access to obstetrical or gynecological care from a Plan Provider who specializes in obstetrics or gynecology. You will find the specialty-care providers eligible to receive direct referrals in the Kaiser Permanente Southern Colorado Physician and Provider Directory which is available on our website, [www.kp.org](http://www.kp.org), by clicking on "Locate our services," then "Medical staff directory." You can obtain a paper copy of the directory by calling **Member Services** toll-free at **1-888-681-7878** or TTY **1-800-521-4874**.

A self-referral provides coverage for routine visits only. Authorization from Kaiser Permanente is required for: (i) Services in addition to those provided as part of the visit, such as surgery; and (ii) visits to Plan Physician specialty-care providers not eligible to receive direct referrals; and (iii) non-Plan Physicians. *Southern Colorado* Members cannot self-refer to Medical Group physicians in the *Denver/Boulder* Service Area. Services other than routine office visits with a Plan Physician specialty-care provider eligible to receive self-referrals will not be covered unless authorized by Kaiser Permanente before Services are rendered.

The request for these Services can be generated by either your PCP or by a specialty-care provider. The physician or facility to whom you are referred will receive a notice of the authorization. You will receive a written notice of authorization in the mail. This notice will tell you the physician's name, address and phone number. It will also tell you the time period that the authorization is valid and the Services authorized.

3. Second Opinions

Upon request and subject to payment of any applicable Deductibles, Copayments and/or Coinsurance, you may obtain a second opinion from a Plan Physician about any proposed covered Services.

**C. Plan Facilities**

Plan Facilities are Plan Medical Offices or Plan Hospitals in our Service Area that we contract with to provide covered Services to our Members.

1. *Denver/Boulder* Service Area

We offer health care at Plan Medical Offices conveniently located throughout the *Denver/Boulder* Service Area. At most of our Plan Facilities, you can usually receive all the covered Services you need, including specialized care. You are not restricted to a particular Plan Facility, and we encourage you to use the Plan Facility that will be most convenient for you.

Plan Facilities are listed in our provider directory, which we update periodically. You can obtain a current copy of the directory by calling **Member Services** at **303-338-3800** or toll-free at **1-800-632-9700** or TTY **1-800-521-4874**, or you can obtain a list of Plan Facilities on our website, [www.kp.org](http://www.kp.org), by clicking on "Locate our services," then "Facility directory."

## 2. Southern Colorado Service Area

When you select your PCP, you will receive your Services at that physician's office. You can find *Southern Colorado* Plan Physicians and their facilities, along with a listing of affiliated specialists and ancillary providers, in the Kaiser Permanente Southern Colorado Physician and Provider Directory. You can obtain a copy of the directory by calling **Member Services** toll-free at **1-888-681-7878** or TTY **1-800-521-4874** or by visiting our website, [www.kp.org](http://www.kp.org), by clicking on "Locate our services," then "Facility directory."

## D. Getting the Care You Need

Emergency care is covered 24 hours a day, 7 days a week anywhere in the world. **If you think you have a life or limb threatening emergency, call 911 or go to the nearest emergency room.** For coverage information about emergency care, including out-of-Plan Emergency Services, and emergency benefits away from home, please refer to "Emergency Services and Non-Emergency, Non-Routine Care" in the "Benefits" section.

Non-emergency, non-routine care needed for medical problems such as an earache or sore throat with fever that do not meet the definition of an emergency because they are not sudden or unforeseen, are covered at Plan Facilities during regular office hours. Your office visit Charge, as defined in the "Summary Chart," will apply. If you need non-emergency, non-routine care after hours, you may use one of the designated after-hours Plan Facilities. The Charge for non-emergency, non-routine care received in Plan Facilities after regular office hours listed in the "Summary Chart" will apply. For additional information about non-emergency, non-routine care, please refer to "Emergency Services and Non-Emergency, Non-Routine Care" in the "Benefits" section.

Non-emergency, non-routine care received at a non-Plan Facility inside our Service Areas is **not covered**. If you receive care for minor medical problems at non-Plan Facilities inside our Service Areas, you will be responsible for payment for any medical treatment received.

There may be situations when it is necessary for you to receive unauthorized non-emergency, non-routine care outside our Service Areas. Please see "Emergency Services and Non-Emergency, Non-Routine Care" in the "Benefits" section for coverage information about out-of-Plan non-emergency, non-routine care Services.

## E. Moving Outside of Any Kaiser Foundation Health Plan or Allied Plan Service Area

If you move to an area not within any Kaiser Foundation Health Plan or allied plan service area, you can continue your membership with Health Plan, if you continue to meet all other eligibility requirements. However, you must go to a Plan Facility in a Kaiser Foundation Health Plan or allied plan service area in order to receive covered Services (except out-of-Plan Emergency Services and out-of-Plan non-emergency, non-routine care).

## F. Using Your Health Plan Identification Card

Each Member is issued a Health Plan Identification (ID) card with a Health Record Number on it, which is useful when you call for advice, make an appointment, or go to a Plan Provider for care. The Health Record Number is used to identify your medical records and membership information. You should always have the same Health Record Number. If we ever inadvertently issue you more than one Health Record Number, please let us know. *Denver/Boulder* Members, please call **Member Services** at **303-338-3800** or toll-free at **1-800-632-9700** or TTY **1-800-521-4874**; *Southern Colorado* Members, please call **Member Services** toll-free at **1-888-681-7878** or TTY **1-800-521-4874**. If you need to replace your Health Plan ID card, please call **Member Services** in your area.

Your Health Plan ID card is for identification only. To receive covered Services, you must be a current Health Plan Member. Anyone who is not a Member will be billed as a non-Member for any Services we provide and claims for Emergency or non-emergency care Services from non-Plan Providers will be denied. If you let someone else use your Health Plan ID card, we may keep your card and terminate your membership.

When you receive Services, you will need to show photo identification along with your Health Plan ID card. This allows us to ensure proper identification and to better protect your coverage and medical information from fraud. If you suspect you or your membership has been victimized by fraud, please call **Member Services** to report your concern. *Denver/Boulder* Members, please call **Member Services** at **303-338-3800** or toll-free at **1-800-632-9700** or TTY **1-800-521-4874**; *Southern Colorado* Members, please call **Member Services** toll-free at **1-888-681-7878** or TTY **1-800-521-4874**.

## IV. BENEFITS

The Services described in this "Benefits" section are covered only if all the following conditions are satisfied:

- A Plan Physician determines that the Services are Medically Necessary to prevent, diagnose or treat your medical condition (a Service is Medically Necessary only if a Plan Physician determines that it is medically appropriate for you and its omission would adversely affect your health); and
- The Services are provided, prescribed, authorized or directed by a Plan Physician (except where specifically noted to the contrary in the following sections of this EOC: (a) "Emergency Services Provided by non-Plan Providers (out-of-Plan

Emergency Services);” and (b) “Out-of-Plan Non-Emergency, Non-Routine Care” in “Emergency Services and Non-Emergency, Non-Routine Care”); and

- You receive the Services from Plan Providers inside our Service Area (except where specifically noted to the contrary in the following sections of this EOC: (a) “Getting a Referral” and “Specialty Self-Referrals;” and (b) “Emergency Services Provided by non-Plan Providers (out-of-Plan Emergency Services)” and “Out-of-Plan Non-Emergency, Non-Routine Care” in “Emergency Services and Non-Emergency, Non-Routine Care”); and
- You have met any Deductible requirements described in the “Summary Chart.”

Exclusions and limitations that apply only to a particular benefit are described in this “Benefits” section. Exclusions, limitations and reductions that apply to all benefits are described in the “Exclusions, Limitations and Reductions” section.

**Note:** Deductibles, Copayments or Coinsurance may apply to the benefits and are described below. For a complete list of Deductible, Copayment and Coinsurance requirements, see the “Summary Chart.”

## A. Outpatient Care

### Outpatient Care for Preventive Care, Diagnosis and Treatment

We cover, only as described under this “Benefits” section and subject to any specific limitations, exclusions or exceptions as noted throughout this EOC, the following outpatient care for preventive care, diagnosis and treatment, including professional medical Services of physicians and other health care professionals in the physician’s office, during medical office consultations, in a Skilled Nursing Facility or at home:

1. Primary care visits: Services from family medicine, internal medicine, and pediatrics
2. Specialty care visits: Services from providers that are not primary care, as defined above
3. Routine prenatal and postpartum visits
4. Consultations with clinical pharmacists (*Denver/Boulder* Members only)
5. Outpatient surgery
6. Blood, blood products and their administration
7. Second opinion
8. House calls when care can best be provided in your home as determined by a Plan Physician
9. Medical social Services
10. Preventive care Services (see “Preventive Care Services” in this “Benefits” section for more details)

## B. Hospital Inpatient Care

### 1. Inpatient Services in a Plan Hospital

We cover, only as described under this “Benefits” section and subject to any specific limitations, exclusions or exceptions as noted throughout this EOC, the following inpatient Services in a Plan Hospital, when the Services are generally and customarily provided by acute care general hospitals in our Service Areas:

- a. Room and board, such as semiprivate accommodations or, when a Plan Physician determines it is Medically Necessary, private accommodations or private duty nursing care.
- b. Intensive care and related hospital Services.
- c. Professional Services of physicians and other health care professionals during a hospital stay.
- d. General nursing care.
- e. Obstetrical care and delivery (including Cesarean section). **Note:** If you are discharged within 48 hours after delivery (or 96 hours if delivery is by Cesarean section), your Plan Physician may order a follow-up visit for you and your newborn to take place within 48 hours after discharge. If your newborn remains hospitalized following your discharge, Charges incurred by the newborn after your discharge are subject to all Health Plan provisions including his/her own Copayments, Deductibles and Coinsurance requirements.
- f. Meals and special diets.
- g. Other hospital Services and supplies, such as:
  - i. Operating, recovery, maternity and other treatment rooms.
  - ii. Prescribed drugs and medicines.
  - iii. Diagnostic laboratory tests and X-rays.
  - iv. Blood, blood products and their administration.
  - v. Dressings, splints, casts and sterile tray Services.
  - vi. Anesthetics, including nurse anesthetist Services.
  - vii. Medical supplies, appliances, medical equipment, including oxygen, and any covered items billed by a hospital for use at home.

### 2. Hospital Inpatient Care Exclusions:

- a. Dental Services are excluded, except that we cover hospitalization and general anesthesia for dental Services provided to Members as required by State law.
- b. Bariatric surgery and cosmetic surgery related to bariatric surgery.

### C. Ambulance Services

1. Coverage

We cover ambulance Services only if your condition requires the use of medical Services that only a licensed ambulance can provide.

2. Ambulance Services Exclusion: Transportation by car, taxi, bus, gurney van, minivan and any other type of transportation (other than a licensed ambulance), even if it is the only way to travel to a Plan Provider.

### D. Chemical Dependency Services

1. Inpatient Medical and Hospital Services

We cover Services for the medical management of withdrawal symptoms. Medical Services for alcohol and drug detoxification are covered in the same way as for other medical conditions. Detoxification is the process of removing toxic substances from the body.

2. Residential Rehabilitation

The determination of the need for services of a residential rehabilitation program under this benefit, and referral to such a facility or program, is made by or under the supervision of a Plan Physician.

We cover inpatient services and partial hospitalization in a residential rehabilitation program approved by Kaiser Permanente for treatment of alcoholism, drug abuse or drug addiction.

3. Outpatient Services

Outpatient rehabilitative Services for treatment of alcohol and drug dependency are covered when referred by a Plan Physician.

Mental health Services required in connection with treatment for chemical dependency are covered as provided in the “Mental Health Services” section below.

Members who are disruptive or abusive may have their membership terminated for cause.

4. Chemical Dependency Services Exclusion: Counseling for a patient who is not responsive to therapeutic management, as determined by a Plan Physician.

### E. Dialysis Care

We cover dialysis Services related to acute renal failure and end-stage renal disease if the following criteria are met:

1. The Services are provided inside our Service Area; and
2. You satisfy all medical criteria developed by Medical Group and by the facility providing the dialysis; and
3. The facility is certified by Medicare and contracts with Medical Group; and
4. A Plan Physician provides a written referral for care at the facility.

After the referral to a dialysis facility, we cover equipment, training and medical supplies required for home dialysis. See the “Summary Chart.”

### F. Drugs, Supplies and Supplements

We use drug formularies. A drug formulary includes the list of prescription drugs that have been approved by our formulary committees for our Members. Our committees, which are comprised of Plan Physicians, pharmacists and a nurse practitioner, select prescription drugs for our drug formularies based on a number of factors, including safety and effectiveness as determined from a review of medical literature and research. The committees meet regularly to consider adding and removing prescription drugs on the drug formularies. If you would like information about whether a particular drug is included in our drug formularies, **Denver/Boulder** Members, please call **Member Services** at **303-338-3800** or toll-free at **1-800-632-9700** or TTY **1-800-521-4874**; **Southern Colorado** Members, please call **Member Services** toll-free at **1-888-681-7878** or TTY **1-800-521-4874**.

In any year, you must pay full Charges for all drugs until you meet your Deductible. After you meet your Deductible, you pay the applicable Copayment or Coinsurance for these drugs for the rest of the year, subject to the annual Out-of-Pocket Maximum limits.

1. Coverage

a. Limited Drug Coverage Under Your Basic Drug Benefit

If your Group has not purchased supplemental prescription drug coverage, then prescribed drug coverage under your basic drug benefit is limited. It includes base drugs, such as contraceptives, orally administered anti-cancer medication, and post-surgical immunosuppressive drugs required after a transplant, only when prescribed by a Plan Physician and obtained at Plan Pharmacies, or in the **Southern Colorado** Service Area, at pharmacies designated by Health Plan. You may obtain these drugs at the Copayment or Coinsurance shown on the “Summary Chart.” The amount covered cannot exceed the day supply for each maintenance drug or up to the day supply for each non-maintenance drug. Any amount you receive that exceeds the day supply will not be covered. If you receive more than the day supply, you will be charged as a non-Member for any amount that exceeds that limit. Each prescription refill is provided on the same basis as the original prescription.



If your coverage includes supplemental prescription drug coverage, the applicable generic or brand-name Copayment or Coinsurance applies for these types of drugs. For more information, please refer to the prescription drug benefit description in “Additional Provisions.”

**Note:** Kaiser Permanente may, in its sole discretion, establish quantity limits for specific prescription drugs, whether your group has limited or supplemental prescription drug coverage.

b. Outpatient Prescription Drugs

Unless your Group has purchased additional outpatient prescription drug coverage, we do not cover outpatient drugs except as provided in other provisions of this “Drugs, Supplies, and Supplements” section. If your Group has purchased additional coverage for outpatient prescription drugs, see “Additional Provisions.” If your prescription drug Copayment shown on the “Summary Chart” exceeds the Charges for your prescribed medication, then you pay Charges for the medication instead of the Copayment. The drug formulary, discussed above, also applies.

c. Administered Drugs

If the following are administered (1) during a covered stay in a Plan Hospital or Skilled Nursing Facility, or (2) in a Plan Medical Office or during home visits if administration or observation by medical personnel is required, they are covered at the applicable Copayment or Coinsurance shown on the “Summary Chart”:

Drugs and injectables; radioactive materials used for therapeutic purposes; vaccines and immunizations approved for use by the U. S. Food and Drug Administration (FDA); and allergy test and treatment materials.

d. Prescriptions by Mail

i. Denver/Boulder Service Area

If requested, refills of prescribed drugs will be mailed through Kaiser Permanente’s mail-order prescription service by First-Class U.S. Mail with no charge for postage and handling. Refills of prescribed maintenance or non-maintenance drugs may be obtained for up to the day supply by mail order, at the applicable Copayment or Coinsurance. Certain drugs with a significant potential for waste and diversion are not available by mail-order service. For information regarding our mail order prescription service and specialty drugs not available by mail order, please contact **Member Services** at **303-338-3800** or toll-free at **1-800-632-9700** or TTY **1-800-521-4874**.

ii. Southern Colorado Service Area

If requested, refills of maintenance drugs will be mailed through Kaiser Permanente’s mail-order prescription service. Maintenance drugs may be obtained for up to the day supply by mail order at the applicable Copayment or Coinsurance, if prescribed by an Affiliated Physician. Maintenance drugs are determined by Health Plan. Certain drugs with a significant potential for waste and diversion are not available by mail-order service. Refills will be mailed by First-Class U.S. Mail with no charge for postage and handling. For information regarding our mail-order prescription service and specialty drugs not available by mail order, please contact **Member Services** toll-free at **1-888-681-7878** or TTY **1-800-521-4874**.

e. Specialty Drugs

Prescribed specialty drugs, including self-administered injectable drugs, are provided at the specialty drug Copayment or Coinsurance up to the maximum amount per drug dispensed shown on the “Summary Chart.”

f. Food Supplements

Prescribed amino acid modified products used in the treatment of congenital errors of amino acid metabolism, elemental enteral nutrition and parenteral nutrition are provided under your hospital inpatient care benefit. Such products are covered for self-administered use upon payment of a \$3.00 Copayment per product, per day. Food products for enteral feedings are not covered.

g. Prescribed Supplies and Accessories

Prescribed supplies and accessories, when obtained at Plan Pharmacies or from sources designated by Health Plan, will be provided. Such items include, but may not be limited to, home glucose monitoring supplies, disposable syringes for the administration of insulin, glucose test strips, acetone test tablets and nitrate screening test strips for pediatric patient home use. For more information, see the “Summary Chart.” If your Group has purchased supplemental prescription drug coverage, see “Additional Provisions.”

2. Limitations:

- a. Adult and pediatric immunizations are limited to those that are not experimental, are medically indicated and are consistent with accepted medical practice.
- b. Denver/Boulder Service Area: Compound medications are covered as long as they are on the compounding formulary.
- c. Southern Colorado Service Area: Plan Physicians may request compound medications through the medical exception process. Medical Necessity requirements must be met.

3. Drugs, Supplies and Supplements Exclusions:
  - a. Drugs for which a prescription is not required by law.
  - b. Disposable supplies for home use such as bandages, gauze, tape, antiseptics, dressing and ace-type bandages.
  - c. Drugs or injections for treatment of sexual dysfunction, unless your Group has purchased additional coverage, which is described in the "Summary Chart."
  - d. Any packaging except the dispensing pharmacy's standard packaging.
  - e. Replacement of prescription drugs for any reason. This includes spilled, lost, damaged or stolen prescriptions.
  - f. Drugs or injections for the treatment of infertility, unless your Group has purchased additional coverage, which is described in the "Summary Chart."
  - g. Drugs to shorten the length of the common cold.
  - h. Drugs to enhance athletic performance.
  - i. Drugs for the treatment of weight control.
  - j. Drugs available over the counter and by prescription for the same strength.
  - k. Unless approved by Health Plan, drugs:
    - i. Not approved by the FDA; and
    - ii. Not in general use as of March 1 of the year prior to your effective date or last renewal.
  - l. Non-preferred drugs, except those prescribed and authorized through the non-preferred drug process. (*Denver/Boulder* Members only).
  - m. Prescription drugs necessary for Services excluded under this Evidence of Coverage.

### G. Durable Medical Equipment (DME) and Prosthetics and Orthotics

We cover DME and prosthetics and orthotics, when prescribed by a Plan Physician during a covered stay in a Skilled Nursing Facility, but only if Skilled Nursing Facilities ordinarily furnish the DME or prosthetics and orthotics.

Health Plan uses the CMS National Coverage Determinations Manual (hereinafter referred to as Medicare Guidelines) for our DME, prosthetic and orthotic formulary guidelines. These are guidelines only. Health Plan reserves the right to exclude items listed in the Medicare Guidelines. Please note that this EOC may contain some, but not all, of these exclusions.

**Limitation:** Coverage is limited to the standard item of DME, prosthetic device or orthotic device that adequately meets your medical needs.

#### 1. Durable Medical Equipment (DME)

##### a. Coverage

DME, with the exception of the following is **not** covered unless your Group has purchased additional coverage for DME, including prosthetic and orthotic devices. See "Additional Provisions."

- i. Oxygen dispensing equipment and oxygen used in your home are covered. Oxygen refills are covered while you are temporarily outside the Service Area. To qualify for coverage, you must have a pre-existing oxygen order and must obtain your oxygen from the vendor designated by Health Plan.
- ii. Insulin pumps are provided when clinical guidelines are met and when obtained from sources designated by Health Plan. Prescribed insulin pump supplies are provided when obtained at Plan Pharmacies or from sources designated by Health Plan.
- iii. Infant apnea monitors are provided.
- iv. Peak flow meters (covered one-time only).

##### b. Durable Medical Equipment Exclusions:

- i. All other DME not described above, unless your Group has purchased additional coverage for DME. See "Additional Provisions."
- ii. Replacement of lost equipment.
- iii. Repair, adjustments or replacements necessitated by misuse.
- iv. More than one piece of DME serving essentially the same function, except for replacements; spare equipment or alternate use equipment is not covered.

#### 2. Prosthetic Devices

##### a. Coverage

We cover the following prosthetic devices, including repairs, adjustments and replacements other than those necessitated by misuse or loss, when prescribed by a Plan Physician and obtained from sources designated by Health Plan:

- i. Internally implanted devices for functional purposes, such as pacemakers and hip joints.
- ii. Prosthetic devices for Members who have had a mastectomy. Medical Group or Health Plan will designate the source from which external prostheses can be obtained. Replacement will be made when a prosthesis is no longer functional. Custom-made prostheses will be provided when necessary.
- iii. Prosthetic devices, such as obturators and speech and feeding appliances, required for treatment of cleft lip and cleft palate in newborn Members when prescribed by a Plan Physician and obtained from sources designated by Health Plan.

- iv. Prosthetic devices intended to replace, in whole or in part, an arm or leg when prescribed by a Plan Physician, as Medically Necessary and provided in accord with this EOC. Such prosthetic devices, including repairs and replacements, are covered upon payment of 20% of Charges.

Your Group may have purchased additional coverage for prosthetic devices. See “Additional Provisions.”

b. Prosthetic Devices Exclusions:

- i. All other prosthetic devices not described above, unless your Group has purchased additional coverage for prosthetic devices. See “Additional Provisions.” Your Plan Physician can provide the Services necessary to determine your need for prosthetic devices and help you make arrangements to obtain such devices at a reasonable rate.
- ii. Internally implanted devices, equipment and prosthetics related to treatment of sexual dysfunction, unless your Group has purchased additional coverage for this benefit.

3. Orthotic Devices

Orthotic devices are **not** covered unless your Group has purchased additional coverage for DME, including prosthetic and orthotic devices. See “Additional Provisions.”

## H. Early Childhood Intervention Services

1. Coverage

Covered children, from birth up to age three (3), who have significant delays in development or have a diagnosed physical or mental condition that has a high probability of resulting in significant delays in development as defined by State law, are covered for Early Intervention Services (EIS) up to the maximum amount permitted by State law. EIS are subject to the Deductible and apply toward the Out-of-Pocket Maximum. EIS are not subject to any Copayments or Coinsurance.

**Note:** You may be billed as a non-Member for any EIS received after the maximum amount permitted by State law is satisfied.

2. Limitations

The maximum amount of coverage permitted by State law does not apply to:

- a. Rehabilitation or therapeutic Services that are necessary as a result of an acute medical condition; or
- b. Services provided to a child that is not participating in the Early Intervention program for infants and toddlers under Part C of the federal “Individuals with Disabilities Act”; or
- c. Services that are not provided pursuant to an Individualized Family Service Plan developed pursuant to 20 U.S.C. Sec. 1436 and 34 C.F.R. 303.340, as amended.

3. Early Childhood Intervention Services Exclusions:

- a. Respite care;
- b. Non-emergency medical transportation;
- c. Service coordination, as defined by State or federal law; and
- d. Assistive technology, not to include durable medical equipment that is otherwise covered under this Evidence of Coverage.

## I. Emergency Services and Non-Emergency, Non-Routine Care

1. Emergency Services

Emergency Services are available at all times - 24 HOURS A DAY, 7 DAYS A WEEK. If you have an Emergency Medical Condition, call 911 or go to the nearest hospital emergency department. You do not need prior authorization for Emergency Services. When you have an Emergency Medical Condition, we cover Emergency Services you receive from Plan Providers and non-Plan Providers anywhere in the world, as long as the Services would have been covered under your plan if you had received them from Plan Providers.

You are also covered for medical emergencies anywhere in the world. For information about emergency benefits away from home, *Denver/Boulder* Members, please call **Member Services** at **303-338-3800** or toll-free at **1-800-632-9700** or TTY **1-800-521-4874**; *Southern Colorado* Members, please call **Member Services** toll-free at **1-888-681-7878** or TTY **1-800-521-4874**.

Please note that in addition to any Copayment or Coinsurance applicable under this section, you may incur additional Copayment or Coinsurance amounts for Services and procedures covered under other sections of this EOC.

a. Emergency Services Provided by non-Plan Providers (out-of-Plan Emergency Services)

“Out-of-Plan Emergency Services” are Emergency Services that are not provided by a Plan Physician. There may be times when you or a family member may receive Emergency Services from non-Plan Providers. The patient’s medical condition may be so critical that you cannot call or come to one of our Plan Medical Offices or the emergency room of a Plan Hospital, or, the patient may need Emergency Services while traveling outside our Service Area.

**Please refer to “ii. Emergency Services Limitation for non-Plan Providers,” below, if you are hospitalized for**

**Emergency Services.**i. We cover out-of-Plan Emergency Services as follows:

- A. Outside our Service Area. If you are injured or become unexpectedly ill while you are outside our Service Area, we will cover out-of-Plan Emergency Services that could not reasonably be delayed until you could get to a Plan Hospital, a hospital where we have contracted for Emergency Services, or a Plan Facility. Covered benefits include out-of-Plan Emergency Services for conditions that arise unexpectedly, including but not limited to myocardial infarction, appendicitis or premature delivery.
- B. Inside our Service Area. If you are inside our Service Area, we will cover out-of-Plan Emergency Services only if you reasonably believed that your life or limb was threatened in such a manner that the delay in going to a Plan Hospital, a hospital where we have contracted for Emergency Services, or a Plan Facility for your treatment would result in death or serious impairment of health.

ii. Emergency Services Limitation for non-Plan Providers

If you are admitted to a non-Plan Hospital, non-Plan Facility or a hospital where we have contracted for Emergency Services, you or someone on your behalf must notify us within 24 hours, or as soon as reasonably possible. *Denver/Boulder* Members, please call the **Telephonic Medicine Center** and/or **Quality Resource Coordinator** at **303-338-3800** or toll-free at **1-800-632-9700** or TTY **1-800-521-4874**; *Southern Colorado* Members, please call toll-free at **1-888-681-7878** or TTY **1-800-521-4874**.

We will decide whether to make arrangements for necessary continued care where you are, or to transfer you to a Plan Facility we designate once you are Stabilized. By notifying us of your hospitalization as soon as possible, you will protect yourself from potential liability for payment for Services you receive after transfer to one of our Plan Facilities would have been possible.

b. Emergency Services Exclusions:

- i. Services outside our Service Area for conditions that, before leaving the Service Area, you knew or should have known might require Services while outside our Service Area, such as dialysis for end-stage renal disease, post-operative care following surgery performed by Plan Physicians, full-term delivery and treatment for continuing infections, unless we determine that you were temporarily outside our Service Area because of extreme personal emergency.
- ii. Continuing or follow-up treatment. We cover only the out-of-Plan Emergency Services that are required before you could, without medically harmful results, have been moved to a Plan Facility we designate either inside or outside our Service Area. When approved by Health Plan or by a Plan Physician in this Service Area or in another Kaiser Foundation Health Plan or allied plan service area, we will cover ambulance Services or other transportation Medically Necessary to move you to a designated Plan Facility for continuing or follow-up treatment.

2. Non-Emergency, Non-Routine Carea. Non-Emergency, Non-Routine Care Provided by Plan Providersi. Denver/Boulder Service Area

Non-emergency, non-routine care needed for medical problems such as an earache or sore throat with fever that do not meet the definition of an emergency because they are not sudden or unforeseen are covered at Plan Facilities **during** regular office hours. If you need non-emergency, non-routine care during office hours and you are a Member in the *Denver/Boulder* Service Area, you can visit one of our Plan Facilities.

Non-emergency, non-routine care needed **after hours**, that cannot wait for a routine visit, can be received at one of our designated after-hours Plan Facilities. For information regarding the designated after-hours Plan Facilities, please call **Member Services** at **303-338-3800** or toll-free at **1-800-632-9700** or TTY **1-800-521-4874**.

Please call **303-338-4545** or TTY **303-338-4428** during regular office hours and one of our advice nurses can speak with you. Our advice nurses are registered nurses (RNs) specially trained to help assess medical symptoms and provide advice over the phone, when medically appropriate. They can often answer questions about a minor concern or advise you about what to do next, including making an appointment for you if appropriate.

After office hours, please call **303-338-4545** or TTY **303-338-4428** for a recorded message about your options and/or to speak with the answering service who will redirect your call, 24 hours a day, 7 days a week.

ii. Southern Colorado Service Area

Non-emergency, non-routine care needed for medical problems such as an earache or sore throat with fever that do not meet the definition of an emergency because they are not sudden or unforeseen are covered at Plan Facilities during regular office hours. If you are a *Southern Colorado* Member and need non-emergency, non-routine care during regular office hours, please call your Plan Physician's office.

Non-emergency, non-routine care needed **after hours**, that cannot wait for a routine visit, can be received at one of our designated after-hours Plan Facilities. For information regarding the designated after-hours Plan Facilities,

please call **Member Services** toll free at **1-888-681-7878** or TTY **1-800-521-4874** during normal business hours. You can also go to our website, [www.kp.org](http://www.kp.org), for information on designated after-hours facilities.

After office hours, please call your Plan Physician or go to the provider directory or to our website, [www.kp.org](http://www.kp.org), for information on our designated after-hours facilities. You may also call the nurse advice line at the telephone number listed in your provider directory or our website, [www.kp.org](http://www.kp.org).

b. Out-of-Plan Non-Emergency, Non-Routine Care

There may be situations when it is necessary for you to receive unauthorized non-emergency, non-routine care outside our Service Area. Non-emergency, non-routine care received from non-Plan Providers is covered only when obtained outside our Service Area, if all of the following requirements are met:

- i. The care is required to prevent serious deterioration of your health; and
- ii. The need for care results from an unforeseen illness or injury when you are temporarily away from our Service Area; and
- iii. The care cannot be delayed until you return to our Service Area.

3. Payment

- a. Health Plan's payment for covered out-of-Plan Emergency Services and out-of-Plan non-emergency, non-routine care Services is based upon fees that we determine to be usual, reasonable and customary. This means a fee that:
- i. does not exceed most Charges which providers in the same area charge for that Service; and
  - ii. does not exceed the usual Charge made by the provider for that Service; and
  - iii. is in accord with standard coding guidelines and consistent with accepted health care reimbursement payment practices.

**Note:** In addition to any Copayment or Coinsurance, the Member is responsible for any amounts over usual, reasonable and customary charges.

b. Our payment is reduced by:

- i. the Copayment and/or Coinsurance for Emergency Services and Special Procedures performed in the emergency room. The emergency room and Special Procedures Copayment, if applicable, are waived if you are admitted directly to the hospital as an inpatient; and
- ii. the Copayment or Coinsurance for ambulance Services, if any; and
- iii. Coordination of benefits; and
- iv. any other payments you would have had to make if you received the same Services from our Plan Providers; and
- v. all amounts paid or payable, or which in the absence of this EOC would be payable, for the Services in question, under any insurance policy or contract, or any other contract, or any government program except Medicaid; and
- vi. amounts you or your legal representative recover from motor vehicle insurance or because of third-party liability.

**Note:** The procedure for receiving reimbursement for out-of-Plan Emergency Services and out-of-Plan non-emergency, non-routine care Services is described in the "Filing Claims and Member Satisfaction Procedure" section, below.

## J. Family Planning Services

We cover the following:

1. Family planning counseling, including pre-abortion and post-abortion counseling and information on birth control; and
2. Tubal ligations; and
3. Vasectomies; and
4. Voluntary termination of pregnancy.

See "Additional Provisions," for additional coverage or exclusions, if applicable to your Group.

**Note:** Diagnostic procedures are covered, but not under this section (see "X-ray, Laboratory and Special Procedures"). Contraceptive drugs and devices are not covered under this section (see "Drugs, Supplies and Supplements").

## K. Hearing Services

1. Persons Under the Age of 18 Years

We cover hearing exams and tests to determine the need for hearing correction. For minor children with a verified hearing loss, coverage shall also include:

- a. Initial hearing aids and replacement hearing aids not more frequently than every 5 years;
- b. A new hearing aid when alterations to the existing hearing aid cannot adequately meet the needs of the child; and
- c. Services and supplies including, but not limited to, the initial assessment, fitting, adjustments, and auditory training that is provided according to accepted professional standards.

2. Persons Age 18 Years and Older

a. Coverage

We cover hearing exams and tests to determine the need for hearing correction. If your Group has purchased additional coverage for hearing aids, see “Additional Provisions.”

b. Hearing Services Exclusions:

- i. Tests to determine an appropriate hearing aid, unless your Group has purchased that coverage.
- ii. Hearing aids and tests to determine their efficacy, unless your Group has purchased that coverage.

**L. Home Health Care**

1. Coverage

We cover skilled nursing care, home health aide Services and medical social Services:

- a. only on a Part-Time Care or Intermittent Care basis; and
- b. only within our Service Area; and
- c. only if you are confined to your home; and
- d. only if a Plan Physician determines that it is feasible to maintain effective supervision and control of your care in your home.

Part-Time Care or Intermittent Care means part-time or intermittent skilled nursing and home health aide Services, when clinically indicated, are furnished up to 28 hours per week combined over any number of days per week and furnished less than eight (8) hours per day. Additional time up to 35 hours per week but fewer than eight (8) hours per day may be approved by Health Plan on a case-by-case basis.

**Note:** X-ray, laboratory and special procedures are **not** covered under this section (see “X-ray, Laboratory and Special Procedures”).

2. Home Health Care Exclusions:

- a. Custodial care.
- b. Homemaker Services.
- c. Care that Medical Group determines may be appropriately provided in a Plan Facility or Skilled Nursing Facility, if we offer to provide that care in one of these facilities.

3. Special Services Program

If you have been diagnosed with a terminal illness, with a life expectancy of one year or less, but are not yet ready to elect hospice care, you are eligible to receive up to 15 home health visits per lifetime through the Special Services Program (“Program”). These visits are covered under the Special Services Program until you elect hospice care coverage. Coverage of hospice care is described below.

This Program is designed to allow you and your family time to become more familiar with hospice-type Services and to decide what is best for you. When you have the option to participate in this Program, you can more adequately bridge the gap between your diagnosis and preparing for the end of life.

The difference between this Program and regular visiting nurse visits is that you may or may not be homebound or have skilled nursing care needs, or you may only require spiritual or emotional care. Services available through this Program are provided by professionals with specific training in end-of-life issues.

**M. Hospice Care**

We cover hospice care for terminally ill Members inside our Service Area. If a Plan Physician diagnoses you with a terminal illness and determines that your life expectancy is six (6) months or less, you can choose hospice care instead of traditional Services otherwise provided for your illness.

If you elect to receive hospice care, you will not receive **additional** benefits for the terminal illness. However, you can continue to receive Health Plan benefits for conditions other than the terminal illness.

We cover the following Services and other benefits when: (1) prescribed by a Plan Physician and the hospice care team; and (2) received from a licensed hospice approved, in writing, by Kaiser Permanente:

- a. Physician care
- b. Nursing care
- c. Physical, occupational, speech and respiratory therapy
- d. Medical social Services
- e. Home health aide and homemaker Services
- f. Medical supplies, drugs, biologicals and appliances
- g. Palliative drugs in accord with our drug formulary guidelines
- h. Short-term inpatient care including respite care, care for pain control, and acute and chronic pain management
- i. Counseling and bereavement Services
- j. Services of volunteers

**N. Infertility Services**

Infertility Services are **not** covered unless your Group has purchased additional supplemental coverage. See the “Summary Chart.”

**O. Mental Health Services**1. Coverage

We cover mental health Services as specified below, including evaluation and Services for conditions which, in the judgment of a Plan Physician, would be responsive to therapeutic management.

a. Outpatient Therapy

We cover diagnostic evaluation, individual therapy, psychiatric treatment and psychiatrically oriented child and teenage guidance counseling.

Visits for the purpose of monitoring drug therapy are covered.

Psychological testing as part of diagnostic evaluation is covered.

b. Inpatient Services

We cover psychiatric hospitalization in a facility designated by Medical Group or Health Plan. Hospital Services for psychiatric conditions include all Services of Plan Physicians and mental health professionals and the following Services and supplies as prescribed by a Plan Physician while you are a registered bed patient: room and board, psychiatric nursing care, group therapy, electroconvulsive therapy, occupational therapy, drug therapy and medical supplies.

Separate Coinsurance applies to Services of Plan Physicians and mental health professionals.

c. Partial Hospitalization

We cover partial hospitalization in a Plan Hospital-based program.

2. Mental Health Services Exclusions:

a. Evaluations for any purpose other than mental health treatment, such as child custody evaluations, disability evaluations, fitness for duty/return to work evaluations, unless a Plan Physician determines such evaluation to be Medically Necessary.

b. Special education, counseling, therapy or care for learning deficiencies or behavioral problems, whether or not associated with a manifest mental disorder, retardation or other disturbance, including but not limited to attention deficit disorder. Please refer to “Physical, Occupational and Speech Therapy and Multidisciplinary Rehabilitation Services” for coverage of autism spectrum disorders.

c. Mental health Services on court order, to be used in a court proceeding, or as a condition of parole or probation, unless a Plan Physician determines such therapy to be Medically Necessary.

d. Court-ordered testing and testing for ability, aptitude, intelligence or interest.

e. Services which are custodial or residential in nature.

**P. Physical, Occupational and Speech Therapy and Multidisciplinary Rehabilitation Services**1. Coveragea. Hospital Inpatient Care, Care in a Skilled Nursing Facility and Home Health Care

We cover physical, occupational and speech therapy as part of your Hospital Inpatient Care, Skilled Nursing Facility and Home Health Care benefit if, in the judgment of a Plan Physician, significant improvement is achievable within a two-month period.

b. Outpatient Care

We cover three (3) types of outpatient therapy (i.e., physical, occupational and speech therapy) in a Plan Facility if, in the judgment of a Plan Physician, significant improvement is achievable within a two-month period. See the “Summary Chart.”

c. Multidisciplinary Rehabilitation Services

If, in the judgment of a Plan Physician, significant improvement in function is achievable within a two-month period, we will cover treatment for up to two (2) months per condition, per year, in an organized, multidisciplinary rehabilitation Services program in a designated facility or a Skilled Nursing Facility. After your Deductible has been met, we cover multidisciplinary rehabilitation services while you are an inpatient in a designated facility. See the “Summary Chart.”

d. Pulmonary Rehabilitation

We cover treatment in a pulmonary rehabilitation program if prescribed or recommended by a Plan Physician and provided by therapists at designated facilities. After your deductible has been met, you pay the applicable physical, occupational and speech therapy Coinsurance. Clinical criteria are used to determine appropriate candidacy for the program, which consists of an initial evaluation, up to six (6) education sessions, up to twelve exercise sessions and a final evaluation to be completed within a two to three-month period.

e. Therapies for Congenital Defects and Birth Abnormalities

After the first 31 days of life, the limitations and exclusions applicable to this EOC apply, except that Medically Necessary physical, occupational, and speech therapy for the care and treatment of congenital defects and birth abnormalities for covered children from age three (3) to age six (6) shall be provided. The benefit level shall be the greater of the number of such visits provided under this health benefit plan or 20 therapy visits per year for each physical, occupational and speech therapy. Such visits shall be distributed as Medically Necessary throughout the year without regard to whether the condition is acute or chronic and without regard to whether the purpose of the therapy is to maintain or improve functional capacity. See the “Summary Chart.”

**Note 1:** This benefit is also available for eligible children under the age of three (3) who are not participating in Early Intervention Services.

**Note 2:** The visit limit for therapy to treat congenital defects and birth abnormalities is not applicable if such therapy is Medically Necessary to treat autism spectrum disorders.

f. Therapies for the Treatment of Autism Spectrum Disorders

For children under the age of 19, we cover the following therapies for the treatment of Autism Spectrum Disorders:

- i. Outpatient physical, occupational and speech therapy in a Plan Medical Office when prescribed by a Plan Physician as Medically Necessary. See the “Summary Chart.”
- ii. Applied behavior analysis, including consultations, direct care, supervision, or treatment, or any combination thereof by autism services providers, up to the maximum benefit permitted by State law. See the “Summary Chart.”

2. Limitations:

- a. Speech therapy is limited to treatment for speech impairments due to injury or illness. Many pediatric conditions do not qualify for coverage because they lack a specific organic cause and may be long term and chronic in nature.
- b. Occupational therapy is limited to treatment to achieve and maintain improved self-care and other customary activities of daily living.

3. Physical, Occupational and Speech Therapy and Multidisciplinary Rehabilitation Services Exclusions:

- a. Long-term rehabilitation, not including treatment for autism spectrum disorders.
- b. Speech therapy that is not Medically Necessary, such as: (i) therapy for educational placement or other educational purposes; or (ii) training or therapy to improve articulation in the absence of injury, illness or medical condition affecting articulation; or (iii) therapy for tongue thrust in the absence of swallowing problems.

**Q. Preventive Care Services**

If your plan has a different preventive care Services benefit, please see “Additional Provisions.”

We cover a variety of preventive care Services, which are Services that do one or more of the following:

1. Protect against disease;
2. Promote health; and/or
3. Detect disease in its earliest stages before noticeable symptoms develop.

If you receive any other covered Services during a preventive care visit, you may pay the applicable Copayment and Coinsurance for those Services.

**R. Reconstructive Surgery**

1. Coverage

We cover reconstructive surgery when a Plan Physician determines it: (a) will correct significant disfigurement resulting from an injury or Medically Necessary surgery, or (b) will correct a congenital defect, disease or anomaly in order to produce significant improvement in physical function, or (c) will treat congenital hemangioma (known as port wine stains) on the face and neck of Members 18 years and younger. Following Medically Necessary removal of all or part of a breast, we also cover reconstruction of the breast, surgery and reconstruction of the other breast to produce a symmetrical appearance, and treatment of physical complications, including lymphedemas.

2. Reconstructive Surgery Exclusions: Plastic surgery or other cosmetic Services and supplies intended primarily to change your appearance, including cosmetic surgery related to bariatric surgery.

**S. Skilled Nursing Facility Care**

1. Coverage

We cover up to 100 days per year of skilled inpatient Services in a licensed Skilled Nursing Facility. The skilled inpatient Services must be those customarily provided by Skilled Nursing Facilities. A prior three-day stay in an acute care hospital is not required. We cover the following Services:

- a. Room and board
- b. Nursing care
- c. Medical social Services



- d. Medical and biological supplies
- e. Blood, blood products and their administration

A Skilled Nursing Facility is an institution that provides skilled nursing or skilled rehabilitation Services, or both, on a daily basis 24 hours a day, is licensed under applicable state law and is approved in writing by Medical Group.

**Note:** Drugs are covered, but not under this section (see “Drugs, Supplies and Supplements”). DME and prosthetics and orthotics are covered, but not under this section (see “Durable Medical Equipment and Prosthetics and Orthotics”). X-ray, laboratory and special procedures are covered, but not under this section (see “X-ray, Laboratory and Special Procedures”).

- 2. Skilled Nursing Facility Care Exclusion: Custodial Care, as defined in the “Exclusions” subsection of the “Exclusions, Limitations and Reductions” section below.

## T. Transplant Services

### 1. Coverage

Transplants are covered on a **LIMITED** basis as follows:

- a. Covered transplants are limited to kidney transplants, heart transplants, heart-lung transplants, liver transplants, liver transplants for children with biliary atresia and other rare congenital abnormalities, small bowel transplants, small bowel and liver transplants, lung transplants, cornea transplants, simultaneous kidney-pancreas transplants and pancreas alone transplants.
- b. Bone marrow transplants (autologous stem cell or allogenic stem cell) associated with high dose chemotherapy for germ cell tumors and neuroblastoma in children and bone marrow transplants for aplastic anemia, leukemia, severe combined immunodeficiency disease and Wiskott-Aldrich syndrome.
- c. If all medical criteria developed by Medical Group are met, we cover stem cell rescue and transplants of organs, tissue or bone marrow.

### 2. Related Prescription Drugs

Prescribed post-surgical immunosuppressive outpatient drugs required as a result of a transplant are provided at the applicable outpatient prescription drug Copayment or Coinsurance shown on the “Summary Chart.”

### 3. Terms and Conditions

- a. Health Plan, Medical Group and Plan Physicians do not undertake to provide a donor or donor organ or bone marrow or cornea, or to assure the availability of a donor or donor organ or bone marrow or cornea, or the availability or capacity of referral transplant facilities approved by Medical Group. However, in accord with our guidelines for living transplant donors, we provide certain donation-related Services for a donor, or a person identified by Medical Group or a Plan Physician as a potential donor, even if the donor is not a Member. These Services must be directly related to a covered transplant for you. For information specific to your situation, please call your assigned Transplant Coordinator; or the Transplant Administrative Offices at **303-636-3214** or TTY **1-800-659-2656**.
- b. Plan Physicians determine that the Member satisfies medical criteria developed by Medical Group before the Member receives the Services.
- c. A Plan Physician must provide a written referral for care to a transplant facility selected by Medical Group from a list of facilities it has approved. The referral may be to a transplant facility outside our Service Area. Transplants are covered only at the facility selected by Medical Group for the particular transplant, even if another facility within the Service Area could also perform the transplant.
- d. If, after referral, either a Plan Physician or the medical staff of the referral facility determines that the Member does not satisfy its respective criteria for the Service involved, Health Plan’s obligation is limited to paying for covered Services provided prior to such determination.

### 4. Transplant Services Exclusions and Limitations:

- a. Bone marrow transplants associated with high dose chemotherapy for solid tissue tumors, other than bone marrow transplants covered in accord with this EOC, are excluded.
- b. Non-human and artificial organs and their implantation are excluded.
- c. Pancreas alone transplants are limited to patients without renal problems who meet established criteria.
- d. Travel and lodging expenses are excluded, except that in some situations when Medical Group or a Plan Physician refers you to a non-Plan provider outside our Service Area for transplant Services, as described under “Getting a Referral” in the “How to Obtain Services” section, we may pay certain expenses that we preauthorize in accord with our internal travel and lodging guidelines. Travel and lodging expenses related to non-transplant Services are not covered. For information specific to your situation, please call your assigned Transplant Coordinator; or the Transplant Administrative Offices at **303-636-3214** or TTY **1-800-659-2656**.

## U. Vision Services

### 1. Coverage

We cover wellness and refraction exams to determine the need for vision correction and to provide a prescription for eyeglasses. We also cover professional examinations and the fitting of Medically Necessary contact lenses when a Plan Physician or Plan Optometrist prescribes them for a specific medical condition.

Professional Services for examinations and fitting of contact lenses that are not Medically Necessary are provided at an additional Charge when obtained at Health Plan Medical Offices.

2. Vision Services Exclusions:
  - a. Eyeglass lenses and frames.
  - b. Contact lenses.
  - c. Professional examinations for fittings and dispensing of contact lenses except when Medically Necessary as described above.
  - d. All Services related to eye surgery for the purpose of correcting refractive defects such as myopia, hyperopia or astigmatism (for example, radial keratotomy, photo-refractive keratectomy and similar procedures).
  - e. Orthoptic (eye training) therapy.

Your Group may have purchased additional optical coverage. See “Additional Provisions.”

## V. X-ray, Laboratory and Special Procedures

1. Coverage
  - a. Outpatient  
We cover the following Services:
    - i. Diagnostic X-ray and laboratory tests, Services and materials, including isotopes, electrocardiograms, electroencephalograms and mammograms
    - ii. Therapeutic X-ray Services and materials
    - iii. Special procedures such as MRI, CT, PET and nuclear medicine. **Note:** Members will be billed for each individual procedure performed. A procedure is defined in accordance with the Current Procedural Terminology (CPT) medical billing codes published annually by the American Medical Association. The Member is responsible for any applicable Copayment or Coinsurance for Special Procedures performed as a part of or in conjunction with other outpatient Services, including but not limited to Emergency Services, non-emergency, non-routine care, and outpatient surgery.
  - b. Inpatient  
During hospitalization, prescribed diagnostic X-ray and laboratory tests, Services and materials, including diagnostic and therapeutic X-rays and isotopes, electrocardiograms, electroencephalograms, MRI, CT, PET and nuclear medicine are covered under your hospital inpatient care benefit.
2. X-ray, Laboratory and Special Procedures Exclusions:
  - a. Testing of a Member for a non-Member’s use and/or benefit.
  - b. Testing of a non-Member for a Member’s use and/or benefit.

## V. EXCLUSIONS, LIMITATIONS AND REDUCTIONS

### A. Exclusions

The Services listed below are excluded from coverage. These exclusions apply to all Services that would otherwise be covered under this EOC. Additional exclusions that apply only to a particular Service are listed in the description of that Service in the “Benefits” section.

1. **Alternative Medical Services.** Acupuncture Services, naturopathy Services, massage therapy, chiropractic Services and Services of chiropractors, unless your Group has purchased additional coverage for these Services. See the “Summary Chart.”
2. **Bariatric Surgery and Cosmetic Surgery Related to Bariatric Surgery.**
3. **Certain Exams and Services.** Physical examinations and other Services, and related reports and paperwork, in connection with third-party requests or requirements, such as those for: employment, participation in employee programs, insurance, disability, licensing, or on court order or for parole or probation.
4. **Cosmetic Services.** Services that are intended primarily to change or maintain your appearance and that will not result in significant improvement in physical function, including cosmetic surgery related to bariatric surgery. Exception: Services covered under “Reconstructive Surgery” in the “Benefits” section.
5. **Custodial Care.** Assistance with activities of daily living (for example, walking, getting in and out of bed, bathing, dressing, feeding, toileting and taking medicine) or care that can be performed safely and effectively by people who, in order to provide the care, do not require medical licenses or certificates or the presence of a supervising licensed nurse.
6. **Dental Services.** Dental Services and dental X-rays, including dental Services following injury to teeth; dental appliances; implants; orthodontia; TMJ; and dental Services resulting from and following medical treatment such as radiation treatment. This exclusion does not apply to: (a) Medically Necessary Services for the treatment of cleft lip or cleft palate for newborn Members when prescribed by a Plan Physician, unless the Member is covered for these Services under a dental insurance policy or contract, or (b) hospitalization and general anesthesia for dental Services, prescribed

or directed by a Plan Physician for Dependent children who: (i) have a physical, mental, or medically compromising condition; or (ii) have dental needs for which local anesthesia is ineffective because of acute infection, anatomic variations, or allergy; or (iii) are extremely uncooperative, unmanageable, anxious, or uncommunicative with dental needs deemed sufficiently important that dental care cannot be deferred; or (iv) have sustained extensive orofacial and dental trauma and, unless otherwise specified herein, (a) and (b) are received at a Plan Hospital, Plan Facility or Skilled Nursing Facility.

The following Services for TMJ may be covered if a Plan Physician determines they are Medically Necessary: diagnostic X-rays, laboratory testing, physical therapy and surgery.

7. **Directed Blood Donations.**
8. **Disposable Supplies.** Disposable supplies for home use such as bandages, gauze, tape, antiseptics, dressings, ace-type bandages, and any other supplies, dressings, appliances or devices, not specifically listed as covered in the “Benefits” section.
9. **Employer or Government Responsibility.** Financial responsibility for Services that an employer or a government agency is required by law to provide.
10. **Experimental or Investigational Services:**
  - a. A Service is experimental or investigational for a Member’s condition if any of the following statements apply to it as of the time the Service is or will be provided to the Member. The Service:
    - i. cannot be legally marketed in the United States without the approval of the U.S. Food and Drug Administration (FDA) and such approval has not been granted; or
    - ii. is the subject of a current new drug or new device application on file with the FDA; or
    - iii. is provided as part of a Phase I or Phase II clinical trial, as the experimental or research arm of a Phase III clinical trial or in any other manner that is intended to evaluate the safety, toxicity or efficacy of the Service; or
    - iv. is provided pursuant to a written protocol or other document that lists an evaluation of the Service’s safety, toxicity or efficacy as among its objectives; or
    - v. is subject to the approval or review of an Institutional Review Board (IRB) or other body that approves or reviews research concerning the safety, toxicity or efficacy of Services; or
    - vi. the Service has not been recommended for coverage by the Regional New Technology and Benefit Interpretation Committee, the Interregional New Technology Committee or the Medical Technology Assessment Unit based on analysis of clinical studies and literature for safety and appropriateness, unless otherwise covered by Health Plan; or,
    - vii. is provided pursuant to informed consent documents that describe the Service as experimental or investigational or in other terms that indicate that the Service is being evaluated for its safety, toxicity or efficacy; or
    - viii. is part of a prevailing opinion among experts as expressed in the published authoritative medical or scientific literature that (A) use of the Service should be substantially confined to research settings or (B) further research is necessary to determine the safety, toxicity or efficacy of the Service.
  - b. In making determinations whether a Service is experimental or investigational, the following sources of information will be relied upon exclusively:
    - i. The Member’s medical records; and
    - ii. The written protocol(s) or other document(s) pursuant to which the Service has been or will be provided; and
    - iii. Any consent document(s) the Member or the Member’s representative has executed or will be asked to execute to receive the Service; and
    - iv. The files and records of the IRB or similar body that approves or reviews research at the institution where the Service has been or will be provided, and other information concerning the authority or actions of the IRB or similar body; and
    - v. The published authoritative medical or scientific literature regarding the Service as applied to the Member’s illness or injury; and
    - vi. Regulations, records, applications and other documents or actions issued by, filed with, or taken by the FDA, or other agencies within the U.S. Department of Health and Human Services, or any state agency performing similar functions.
  - c. If two (2) or more Services are part of the same plan of treatment or diagnosis, all of the Services are excluded if one of the Services is experimental or investigational.
  - d. Health Plan consults Medical Group and then uses the criteria described above to decide if a particular Service is experimental or investigational.
11. **Genetic Testing.** Genetic testing unless determined to be Medically Necessary and meets criteria established by Medical Group.
12. **Infertility Services.** All Services related to the diagnosis or treatment of infertility unless your Group has purchased supplemental coverage.

13. **Intermediate Care.** Care in an intermediate care facility.
14. **Routine Foot Care Services.** Routine foot care Services that are not Medically Necessary.
15. **Services for Members in the Custody of Law Enforcement Officers.** Non-Plan Provider Services provided or arranged by criminal justice institutions for Members in the custody of law enforcement officers, unless the Services are covered as out-of-Plan Emergency Services or out-of-Plan non-emergency, non-routine care.
16. **Services Not Available in our Service Area.** Services not generally and customarily available in our Service Area, except when it is a generally accepted medical practice in our Service Area to refer patients outside our Service Area for the Service.
17. **Services Related to a Non-Covered Service.** When a Service is not covered, all Services related to the non-covered Service are excluded, except for Services we would otherwise cover to treat complications as a result of the non-covered Service.
18. **Sexual Reassignment.** All Services related to sexual reassignment.
19. **Travel and Lodging Expenses.** Travel and lodging expenses are excluded, except that in some situations when Medical Group or a Plan Physician refers you to a non-Plan Provider outside our Service Area for transplant Services as described under “Getting a Referral” in the “How to Obtain Services” section, we may pay certain expenses that we preauthorize in accord with our internal travel and lodging guidelines. Travel and lodging expenses are not covered for Members who are referred to a non-Plan Facility for non-transplant medical care. For information specific to your situation, please call your assigned Transplant Coordinator; or the Transplant Administrative Office at **303-636-3214** or TTY **1-800-659-2656**.
20. **Unclassified Medical Technology Devices and Services.** Medical technology devices and Services which have not been classified as durable medical equipment or laboratory by a National Coverage Determination (NCD) issued by the Centers for Medicare & Medicaid Services (CMS), unless otherwise covered by Health Plan.
21. **Weight Management Facilities.** Services received in a weight management facility.
22. **Workers’ Compensation or Employer’s Liability.** Financial responsibility for Services for any illness, injury, or condition, to the extent a payment or any other benefit, including any amount received as a settlement (collectively referred to as “Financial Benefit”), is provided under any workers’ compensation or employer’s liability law. We will provide Services even if it is unclear whether you are entitled to a Financial Benefit, but we may recover Charges for any such Services from the following sources:
  - a. Any source providing a Financial Benefit or from whom a Financial Benefit is due.
  - b. You, to the extent that a Financial Benefit is provided or payable or would have been required to be provided or payable if you had diligently sought to establish your rights to the Financial Benefit under any workers’ compensation or employer’s liability law.

## B. Limitations

We will use our best efforts to provide or arrange covered Services in the event of unusual circumstances that delay or render impractical the provision of Services, such as major disaster, epidemic, war, riot, civil insurrection, disability of a large share of personnel at a Plan Facility, complete or partial destruction of facilities and labor disputes not involving Health Plan, Kaiser Foundation Hospitals or Medical Group. However, in these circumstances, Health Plan, Kaiser Foundation Hospitals, Medical Group and Medical Group Plan Physicians will not have any liability for any delay or failure in providing covered Services. In the case of a labor dispute involving Health Plan, Kaiser Foundation Hospitals or Medical Group, we may postpone care until the dispute is resolved if delaying your care is safe and will not result in harmful health consequences.

## C. Reductions

### 1. Coordination of Benefits (COB)

Please note that because you are enrolled in a Kaiser Permanente HSA-Qualified Deductible HMO Plan, if you have other health care coverage in addition to this coverage, in most instances you will not be eligible to establish or contribute to an HSA unless both coverages qualify as High Deductible Health Plans. Consult with your financial or tax advisor for tax advice or more information about your eligibility for an HSA.

The Services covered under this EOC are subject to Coordination of Benefit (COB) rules. If you have health care coverage with another health plan or insurance company, we will coordinate benefits with the other coverage under the COB guidelines of the National Association of Insurance Commissioners. Those guidelines are incorporated into this EOC. The COB guidelines determine which coverage pays first, or is “primary,” and which coverage pays second, or is “secondary.” The secondary coverage may reduce its payment to take into account payment by the primary coverage. You must give us any information we request to help us coordinate benefits.

If your coverage under this EOC is secondary, we may be able to establish a Benefit Reserve Account for you. You may draw on the Benefit Reserve Account during the year to pay for your out-of-pocket expenses for Services that are

partially covered by either us or your other coverage. If you are entitled to a Benefit Reserve Account, we will provide you with detailed information about this account.

If you have any questions about COB, *Denver/Boulder* Members, please call **Patient Business Services** at **303-743-5900** or TTY **1-800-659-2656**; *Southern Colorado* Members can contact **Patient Business Services** by calling **1-888-681-7878** or TTY **1-800-521-4874**.

You may also write us at: **Patient Business Services, Kaiser Foundation Health Plan of Colorado, 2500 South Havana Street, Aurora, CO 80014-1622.**

2. Injuries or Illnesses Alleged to be Caused by Other Parties

You must reimburse us 100% of Charges for covered Services you receive for an injury or illness that is alleged to be caused by another party, except that you do not have to reimburse us more than you receive from or on behalf of any other party, insurance company or organization as a result of the injury or illness. Our right to reimbursement shall include all sources as permitted by law, including but not limited to, any recovery you receive from: (a) uninsured motorist coverage; or (b) underinsured motorist coverage; or (c) automobile medical payment coverage; or (d) workers' compensation coverage or (e) any other liability coverage.

If you are involved in an automobile-related accident, please contact us immediately so that we can coordinate benefits with the automobile insurance carrier and determine whether we or the automobile insurance carrier has primary coverage. *Denver/Boulder* Members, please call **Patient Business Services** at **303-743-5900** or TTY **1-800-659-2656**; *Southern Colorado* Members can contact **Patient Business Services** by calling **1-888-681-7878** or TTY **1-800-521-4874**.

To the extent permitted by law, we have the option of becoming subrogated to all claims, causes of action, and other rights you may have against a third party or an insurer, government program, or other source of coverage for monetary damages, compensation, or indemnification on account of the injury or illness allegedly caused by the third party. We will be so subrogated as of the time we mail or deliver a written notice of our exercise of this option to you or your attorney, but we will be subrogated only to the extent of the total Charges for the relevant Services.

To secure our rights, we shall have a first priority lien on the proceeds of any judgment or settlement, whether by compromise or otherwise, you obtain against any other party, regardless of whether the other party admits liability. The proceeds of any judgment or settlement that you, your attorney or your representative obtain shall first be applied to fully satisfy our lien, regardless of whether the total amount of your recovery from all sources is less than the actual or estimated losses and damages you incurred, and regardless of how the proceeds are characterized or itemized. We specifically deny any application of the Made Whole doctrine.

We will not be responsible for any fees incurred by you in obtaining any such judgment or settlement. Any costs we incur will be borne by us and any costs of your representation will be borne by you. We specifically deny any application of the Common Fund doctrine. Any proceeds of such judgment or settlement in the possession of you or your attorney shall be held in trust for our benefit.

Within 30 days after submitting or filing a claim or legal action against any other party, you must send written notice of the claim or legal action to: **Patient Business Services, Kaiser Foundation Health Plan of Colorado, 2500 South Havana Street, Suite 500, Aurora, CO 80014-1622.** In order for us to determine the existence of any rights we may have and to satisfy those rights, you must complete and send us all consents, releases, authorizations, assignments, and other documents, including lien forms directing your attorney, any other party and any respective insurer to pay us or our legal representatives directly. You must cooperate in protecting our interests under this "Injuries or Illnesses Alleged to be Caused by Other Parties" provision and must not take any action prejudicial to our rights.

If your estate, parent, guardian or conservator asserts a claim against a third party based on your injury or illness, your estate, parent, guardian or conservator and any settlement or judgment recovered by the estate, parent, guardian or conservator shall be subject to our liens and other rights to the same extent as if you had asserted the claim against the third party. We may assign our rights to enforce our liens and other rights.

Some providers have contracted with Kaiser Permanente to provide certain Services to Members at rates that are typically less than the fees that the providers ordinarily charge to the general public ("General Fees"). However, these contracts may allow the providers to assert any independent lien rights they may have to recover their General Fees from a judgment or settlement that you receive from or on behalf of a third party. For Services the provider furnished, our recovery and the provider's recovery together will not exceed the provider's General Fees.

If you are entitled to Medicare, Medicare law may apply with respect to Services covered by Medicare.

**Note:** For recoveries on or after August 11, 2010, reimbursement for benefits will be governed by state law.

3. Surrogacy

In situations where you receive monetary compensation to act as a surrogate, Health Plan will seek reimbursement of Charges for covered Services you receive that are associated with conception, pregnancy and/or delivery of the child, up

to the monetary amount you receive to act as a surrogate. A surrogate arrangement is one in which a woman agrees to become pregnant and to surrender the baby to another person or persons who intend to raise the child.

## VI. FILING CLAIMS AND MEMBER SATISFACTION PROCEDURE

### A. Filing Claims

Health Plan will review claims that you make for Services or payment, and we may use medical experts to help us review claims and appeals. There are four (4) types of claims, each of which has a different procedure described below:

1. Post-Service Claims
2. Non-Urgent Pre-Service Claims
3. Urgent Pre-Service Claims
4. Concurrent Care Claims

If you disagree with any pre-Service denial we make based on a determination that a requested Service is not Medically Necessary, or is experimental or investigational, your physician has the right to request a peer-to-peer conversation regarding our decision by contacting the physician or department who initially made the denial. Your physician acting on your behalf has the right to request a peer-to-peer conversation about the denial. This request for a peer-to-peer conversation may be made verbally or in writing to the department that initially made the denial. The peer-to-peer conversation shall occur within five (5) days of receipt of the request, and it shall be conducted between the provider who is rendering, or will render the Service and the reviewer who made the initial denial, or that reviewer's designated clinical peer in the event that the reviewer is not available within five (5) days.

The procedures you must follow for internal appeals are described below. It is not necessary for your physician to request a peer-to-peer conversation before you request an appeal. If you miss a deadline for filing a claim or appeal, we may decline to review it.

If your health benefits are provided through the Employee Retirement Income Security Act (ERISA), you can file a demand for arbitration or civil action under ERISA Section 502(a)(1)(B), but you must meet any deadlines and exhaust the claims and required appeals procedures before you can do so. If you are not sure if your Group is an "ERISA" group, you should contact your employer. We do not charge you for claims or appeals, but you must bear the cost of anyone you hire to represent or help you.

#### 1. Post-Service Claims and Appeals

Post-Service claims are requests for payment for Services you already received, including claims for out-of-Plan Emergency Services. If you have any questions about post-Service claims or appeals, **Denver/Boulder** Members, please call either our **Claims Department** at **303-338-3600** or TTY **1-800-521-4874** or **Member Services** at **303-338-3800** or toll-free at **1-800-632-9700** or TTY **1-800-521-4874**, Monday-Friday, 8a.m. - 5p.m. **Southern Colorado** Members, please call **Member Services** toll-free at **1-888-681-7878** or TTY **1-800-521-4874**.

##### a. Procedure for Making a Post-Service Claim

Claims for out-of-Plan Emergency Services, out-of-Plan non-emergency, non-routine care or other health care Services received from non-Plan Providers must be filed on forms provided by Health Plan.

In the **Denver/Boulder** Service Area, forms may be obtained by calling or writing to: **Claims Department, Kaiser Foundation Health Plan of Colorado, P.O. Box 373150, Denver, CO 80237-3150**, telephone **303-338-3600** or TTY **1-800-521-4874** or you can call **Member Services** at **303-338-3800** or toll-free at **1-800-632-9700** or TTY **1-800-521-4874**.

In the **Southern Colorado** Service Area, forms may be obtained by calling or writing to: **Claims Department, Kaiser Foundation Health Plan of Colorado, P.O. Box 372910, Denver, CO 80237-6910**, or you can call **Member Services** toll-free at **1-888-681-7878** or TTY **1-800-521-4874**.

You must send the completed claim form to us within 180 days after you receive out-of-Plan Services or Services from non-Plan Providers. Attach itemized bills along with receipts if you have paid the bills. Return the completed claims to the address listed on the claim form. Also, you must complete and submit to us any documents that we may reasonably request for processing your claim or obtaining payment from insurance companies.

We will review your claim, and if we have all the information we need, we will send you a written decision within 30 days after we receive your claim. If we tell you we need more time because of circumstances beyond our control, we may take an additional 15 days to send you our written decision. If we tell you we need more time and ask you for more information, you will have 45 days to provide the requested information. We encourage you to send all the requested information at one time, so that we will be able to consider it all when we make our decision. If we do not receive any of the requested information (including documents) within 45 days, we will make a decision based on the information we have. We will issue our decision within 15 days of our receipt of the additional information, or if no information is received, within 15 days of the deadline for receiving the information.

If we deny your claim (if we do not pay for all the Services you requested), our written decision will tell you why we denied your claim and how you can appeal.

b. Procedure for Appealing our Denial of a Post-Service Claim

Within 180 days after you receive our written decision denying your claim, you, or a representative you designate in writing, may write to our **Appeals Program** telling them that you want to appeal our denial of your claim for Health Plan to pay for a Service you already received. Explain all of the reasons why you disagree with our denial of your claim and include all supporting documents. Your written request and the supporting documents constitute your appeal.

In the *Denver/Boulder* and *Southern Colorado* Service Areas, send your appeal request to: **Appeals Program, Kaiser Foundation Health Plan of Colorado, P.O. Box 378066, Denver, CO 80237-8066.**

We will review your appeal and send you a written decision within 30 days after we receive your appeal.

You may review our claim file and give us evidence and testimony. If we intend to uphold our previous adverse determination, we will provide you with any additional evidence we considered, relied on, or generated in making our decision, or any new or additional rationale on which our decision may be based, before we send you a final decision on appeal.

If we deny your appeal, our written decision will tell you why we denied your appeal and notify you of whether you have the right, under certain circumstances, to file a voluntary second level appeal or an external review.

If you are not satisfied with the result of the first level of appeal, under certain circumstances, you have the right to request a voluntary second level appeal or an external review. In those circumstances, you may submit your request for a voluntary second level appeal in writing to our **Appeals Program** at the address shown above within 30 days of receiving the decision of the first level appeal. A review hearing will be held within 60 days of receipt of the request for a voluntary second level appeal. You have the right to present your voluntary appeal in person or to be represented by a person of your choice. A written decision will be issued within seven (7) days of the hearing, citing the reasons upon which the decision was based. If your appeal is totally or partially denied, we will also notify you of your right, under certain circumstances, to request an external review.

2. Pre-Service Claims and Appeals

Pre-Service claims are requests that Health Plan provide or pay for a Service that you have not yet received. If you have any questions about pre-Service claims, *Denver/Boulder* Members, please call **Member Services** at **303-338-3800** or toll-free at **1-800-632-9700** or TTY **1-800-521-4874**; *Southern Colorado* Members, please call **Member Services** toll-free at **1-888-681-7878** or TTY **1-800-521-4874**. If you have questions about appeals, please call our **Appeals Program** at **303-344-7933** or toll-free **1-888-370-9858** or TTY **1-800-659-2656**.

a. Procedure for Making a Non-Urgent Pre-Service Claim

Contact **Member Services** and tell them that you want to make a claim for Health Plan to provide or pay for a Service you have not yet received. *Denver/Boulder* Members, please call **Member Services** at **303-338-3800** or toll-free at **1-800-632-9700** or TTY **1-800-521-4874**; *Southern Colorado* Members, please call **Member Services** toll-free at **1-888-681-7878** or TTY **1-800-521-4874**. Or you can write to: **Member Services, Kaiser Foundation Health Plan of Colorado, 2500 South Havana Street, Aurora, CO 80014-1622**. Your written or verbal request and any related documents you give us constitute your claim.

We will review your claim, and if we have all the information we need, we will make our decision within 15 days after we receive your claim. If we cannot make a determination because we do not have all the information we need, we will ask you for more information within 15 days of receipt of your claim. We encourage you to send all the requested information at one time so that we will be able to consider it all when we make our decision. Upon receipt of the requested information, we will make and issue a decision within 15 days. If we do not receive any of the requested information (including documents) within 45 days, we will then make a decision within 15 days of the information due date based on the information we have.

If we deny your claim (if we do not agree to provide or pay for all the Services you requested), our written decision will tell you why we denied your claim and how you can appeal and, if applicable, how your physician may request a peer-to-peer conversation.

b. Procedure for Appealing our Denial of a Non-Urgent Pre-Service Claim

Within 180 days after you receive our written decision denying your claim, you, or a representative you designate in writing, may appeal our denial of your claim for Health Plan to provide or pay for a Service you have not yet received. Explain all of the reasons why you disagree with our denial of your claim, and include all supporting documents. Your written request and the supporting documents constitute your appeal.

In the *Denver/Boulder* and *Southern Colorado* Service Areas, send your appeal request to: **Appeals Program, Kaiser Foundation Health Plan of Colorado, P.O. Box 378066, Denver, CO 80237-8066.**

We will review your appeal and send you a written decision within 30 days after receipt of your appeal request.

You may review our claim file and give us evidence and testimony. If we intend to uphold our previous adverse determination, we will provide you with any additional evidence we considered, relied on, or generated in making our decision, or any new or additional rationale on which our decision may be based, before we send you a final decision on appeal.

If we deny your appeal, our written decision will tell you why we denied your appeal, and will notify you of whether you have a right to file a voluntary second level appeal. We will also notify you of whether you have a right, under certain circumstances, to request an external review.

If you are not satisfied with the result of the first level of appeal, under certain circumstances you have the right to request a voluntary second level appeal. In those circumstances, you may submit your written request for a voluntary second level appeal to our **Appeals Program**, at the address shown above, within 30 days of receiving the first level appeal decision. A review hearing will be held within 60 days of receipt of the request for a voluntary second level appeal. You have the right to present your voluntary appeal in person or to be represented by a person of your choice. A written decision will be issued within seven (7) days of the hearing, citing the reasons upon which the decision was based. If your appeal is totally or partially denied, we will also notify you of your right, under certain circumstances, to request an external review.

c. Procedure for Making an Urgent Pre-Service Claim

Contact **Member Services** and tell them that you want to make an urgent claim for Health Plan to provide or pay for a Service you have not yet received. **Denver/Boulder** Members, please call **Member Services** at **303-338-3800** or toll-free at **1-800-632-9700** or TTY **1-800-521-4874**; **Southern Colorado** Members, please call **Member Services** toll-free at **1-888-681-7878** or TTY **1-800-521-4874**. Or you can write to: **Member Services, Kaiser Foundation Health Plan of Colorado, 2500 South Havana Street, Aurora, CO 80014-1622**. Your written or verbal request and any related documents you give us constitute your claim.

If your urgent request is not submitted according to these procedures, you will be notified in writing within 24 hours of the proper procedures for filing your request.

If we determine that your claim is not urgent, we may treat your claim as non-urgent.

We will review your claim and if we have all the information we need, we will notify you and your physician of our decision verbally within 72 hours after we receive your claim. If we cannot make a determination because we do not have all the information we need, we will ask you for more information within 24 hours of receipt of your claim. You will have 48 hours from the time of notification to provide the missing information. We will make a decision: (i) within 48 hours after receipt of the requested information or (ii) at the end of the 48-hour period given you to provide the specified additional information, whichever comes first.

If we deny your claim, our written decision will tell you why we denied your claim and how you can appeal or, if applicable, how your physician may request a peer-to-peer conversation.

d. Procedure for Appealing our Denial of an Urgent Pre-Service Claim

You, or a representative you designate in writing, can call or write an Appeals Analyst and tell them that you want to appeal our denial of your urgent claim for Health Plan to provide or pay for a Service you have not yet received. Explain all of the reasons why you disagree with our denial of your claim and include all supporting documents. Your written or verbal request and the supporting documents constitute your urgent appeal. Send your urgent appeal request to: **Appeals Program, Kaiser Foundation Health Plan of Colorado, P.O. Box 378066, Denver, CO 80237-8066**, or call our **Appeals Department** at **303-344-7933** or toll-free at **1-888-370-9858** or TTY **1-800-659-2656** or fax your request to **303-344-7951**.

You may request an expedited appeal of the denial of your urgent pre-Service claim. Your request for an expedited appeal will be accepted only if a delay in receipt of the denied Service (i) could seriously jeopardize your life, health or ability to regain maximum function, or if you have a disability, create an imminent and substantial limitation on your existing ability to live independently, or (ii) would, in the opinion of a physician with knowledge of your medical condition, subject you to severe pain that cannot be adequately managed without the Services you are requesting. If you receive any of the Services you are requesting before we make our decision, your appeal will become a non-urgent appeal with respect to those Services (see “b. Procedure for Appealing our Denial of a Non-Urgent Pre-Service Claim”).

We will review your appeal and notify you of our decision verbally and in writing within 72 hours after we receive your appeal.

You may review our claim file and give us evidence and testimony. If we intend to uphold our previous adverse determination, we will verbally inform you of any additional evidence we considered, relied on, or generated in



making our decision, or any new or additional rationale on which our decision may be based, before we send you a final decision on appeal.

If we deny your appeal, our written decision will tell you why we denied your appeal and will include any further review options that may be available to you. We will also notify you of your right, under certain circumstances, to request an external review.

3. Concurrent Care Claims

Concurrent care claims are requests that Health Plan continue to approve an ongoing course of covered treatment to be provided over a period of time or number of treatments, when the course of treatment prescribed will expire. For questions about concurrent care claims, *Denver/Boulder* Members, please call **Member Services** at **303-338-3800** or toll-free at **1-800-632-9700** or TTY **1-800-521-4874**; *Southern Colorado* Members, please call **Member Services** toll-free at **1-888-681-7878** or TTY **1-800-521-4874**. If you have questions regarding appeals, please call our **Appeals Program** at **303-344-7933** or toll-free at **1-888-370-9858** or TTY **1-800-659-2656**.

a. Procedure for Making a Concurrent Care Claim When Your Course of Treatment Will Expire

At least 24 hours before the expiration of the course of treatment, contact a representative of the department that initially approved your course of treatment and tell them that you want to make a concurrent care claim for Health Plan to approve a course of treatment that is expiring. Your written or verbal request and any related documents you give us constitute your claim.

We will review your claim and notify you of our decision verbally or in writing within 24 hours after we receive your claim. Written confirmation of the determination will be provided within three (3) days following verbal notification. Your ongoing treatment will be covered until we notify you of our decision.

If we deny your claim (if we do not agree to continue approval of all the Services you requested), our written decision will tell you why we denied your claim and how you can appeal.

b. Procedure for Appealing our Denial of Concurrent Care Claims

You, or a representative you designate in writing, can call or write an Appeals Analyst and tell them that you want to appeal our denial of your request that Health Plan continue to approve an ongoing course of covered treatment to be provided over a period of time or number of treatments, when the course of treatment prescribed will expire. Explain all of your reasons why you disagree with our denial of your claim, and include all supporting documents. Your written or verbal request and the supporting documents constitute your appeal. Send your appeal request to: **Appeals Program, Kaiser Foundation Health Plan of Colorado, P.O. Box 378066, Denver, CO 80237-8066** or call our **Appeals Program** at **303-344-7933** or toll-free at **1-888-370-9858** or TTY **1-800-659-2656** or fax your request to **303-344-7951**.

We will review your appeal and notify you of our decision verbally and in writing within 72 hours after we receive your appeal. Your ongoing treatment will be covered until we notify you of our decision.

You may review our claim file and give us evidence and testimony. If we intend to uphold our previous adverse determination, we will verbally inform you of any additional evidence we considered, relied on, or generated in making our decision, or any new or additional rationale on which our decision may be based, before we send you a final decision on appeal.

If we deny your appeal, our written decision will tell you why we denied your appeal, and will include any further review options that may be available to you. We will also notify you of your right, under certain circumstances, to request an external review.

4. External Review

a. The Colorado Division of Insurance contracts with independent external review organizations to provide independent review of decisions made by Health Plan regarding health care Services when certain circumstances exist. You may request an external review: (i) after the internal appeal processes have been exhausted; (ii) in circumstances in which the timeframe for completion of an expedited internal appeal would seriously jeopardize your life or health, or would jeopardize your ability to regain maximum function at the same time you request an expedited internal appeal; and (iii) upon notice of Health Plan's determination that a health care Service has been reviewed and did not meet Health Plan's requirement for Medical Necessity, appropriateness, health care setting, level of care, effectiveness, or efficiency, or is an excluded benefit for which you can provide evidence from a medical professional that there is a reasonable medical basis that the contractual exclusion does not apply, and (iv) the requested Service or coverage for the Service was denied, reduced or terminated. Independent external review is voluntary and is provided at no cost to you.

b. To Request an External Review you Must:

Submit your request for an external review in writing to our **Appeals Program**, at the address shown above, within 60 calendar days of receiving an adverse determination in denial of your appeal and include the following:

- i. A completed external review request form as specified by the Colorado Division of Insurance. Please call the **Appeals Program** at **303-344-7933** or toll-free at **1-888-370-9858** or TTY **1-800-659-2656** to request the form; and
- ii. A signed consent authorizing Health Plan to disclose Protected Health Information (PHI) pertinent to the external review; and
- iii. Any new information that you feel should be considered.

The independent external review organization will issue its decision within 30 working days of Health Plan's receipt of your request, except that the time period may be extended for up to ten (10) working days for the consideration of additional information.

You may request an "expedited" external review if you have a medical condition where the timeframe for completion of a standard review would seriously jeopardize your life or health, would jeopardize your ability to regain maximum function, or if you have a disability, would create an imminent and substantial limitation of your existing ability to live independently. A request for an expedited review must be accompanied by a written statement from your physician that your condition meets these criteria. The independent external review organization will issue its expedited decision within seven (7) working days of their receipt of your request, except that the time period may be extended for up to five (5) working days for the consideration of additional information.

If the independent review organization overturns our decision not to authorize concurrent or pre-Service care, we will authorize care within one working day. For post-Service reviews which are overturned, we will approve coverage of the claim within five (5) working days.

## **B. Member Satisfaction Procedure**

1. If you are not satisfied with the Services received at a particular Plan Medical Office, or if you have a concern about the personnel or some other matter relating to Services and wish to file a complaint, you may do so by following the procedures listed below.
  - a. Denver/Boulder Service Area:
    - i. Sending your written complaint to: **Member Services, Kaiser Foundation Health Plan of Colorado, 2500 South Havana Street, Aurora, CO 80014-1622**; or
    - ii. Requesting to meet with a Member Services Liaison at the Health Plan Administrative Offices; or
    - iii. Telephoning **Member Services** at **303-338-3800** or toll-free at **1-800-632-9700** or TTY **1-800-521-4874**.
  - b. Southern Colorado Service Area:
    - i. Sending your written complaint to: **Member Services, Kaiser Foundation Health Plan of Colorado, 2500 South Havana Street, Aurora, CO 80014-1622**; or
    - ii. Requesting to meet with a Member Services Liaison at **Member Services, Kaiser Foundation Health Plan of Colorado, 2500 South Havana Street, Aurora, CO**; or
    - iii. Telephoning **Member Services** toll-free at **1-888-681-7878** or TTY **1-800-521-4874**.
2. After you notify us of a complaint, this is what happens:
  - a. A Member Services Liaison reviews the complaint and conducts an investigation, verifying all the relevant facts.
  - b. The Member Services Liaison or a Plan Physician evaluates the facts and makes a recommendation for corrective action, if any.
  - c. When you file a written complaint, we usually respond in writing within 30 calendar days, unless additional information is required.
  - d. When you make a verbal complaint, a verbal response is usually made within 30 calendar days.
3. If you are dissatisfied with the resolution, you have the right to request a second review.

In the *Denver/Boulder* and *Southern Colorado* Service Areas, please put your request in writing to: **Member Services, Kaiser Foundation Health Plan of Colorado, 2500 South Havana Street, Aurora, CO 80014-1622**.

Your written request will be reviewed by **Member Services**, who will respond to you in writing within 30 calendar days of receipt of your request.

We want you to be satisfied with our Plan Facilities, Services, and Plan Physicians. Using this Member satisfaction procedure gives us the opportunity to correct any problems that keep us from meeting your expectations and your health care needs. If you are dissatisfied for any reason, please let us know. *Denver/Boulder* Members, please call **Member Services** at **303-338-3800** or toll-free at **1-800-632-9700** or TTY **1-800-521-4874**. *Southern Colorado* Members, please call **Member Services** toll-free at **1-888-681-7878** or TTY **1-800-521-4874**.

## VII. TERMINATION OF MEMBERSHIP

Your Group is required to inform the Subscriber of the date your coverage terminates. If your membership terminates, all rights to benefits end at 11:59 p.m. on the termination date. In addition, Dependents' memberships end at the same time the Subscriber's membership ends. You will be billed as a non-Member for any Services you receive after your membership terminates. Health Plan and Plan Providers have no further responsibility under this EOC after your membership terminates, except as provided under "Termination of Group Agreement" in this "Termination of Membership" section.

This "Termination of Membership" section describes how your membership may end and explains how you may be able to maintain Health Plan coverage without a break in coverage if your membership under this EOC ends.

### A. Termination Due to Loss of Eligibility

If you meet the eligibility requirements described under "Who Is Eligible" in the "Eligibility and Enrollment" section on the first day of a month, but later in that month you no longer meet those eligibility requirements, your membership terminates on the last day of that month unless your Group has an agreement with us to terminate at a time other than on the last day of the month. Please check with your Group's benefits administrator to confirm your termination date.

### B. Termination of Group Agreement

If your Group's Agreement with us terminates for any reason, your membership ends on the same date.

If your Group's Agreement terminates for reasons other than nonpayment of Dues, fraud or abuse, while you are an inpatient in a hospital or institution, your coverage will continue until your date of discharge.

### C. Termination for Cause

We may terminate the memberships of the Subscriber and all Dependents in your Family Unit by sending written notice to the Subscriber at least 15 days before the termination date if anyone in your Family Unit commits any of the following acts:

1. You are disruptive, unruly, or abusive to the extent that the ability of Health Plan or a Plan Provider to provide Services to you, or to other Members, is seriously impaired; or
2. You fail to establish and maintain a satisfactory provider-patient relationship, after the Plan Physician has made reasonable efforts to promote such a relationship; or
3. You knowingly: (a) misrepresent membership status, (b) present an invalid prescription or physician order, (c) misuse (or let someone else misuse) a Health Plan ID card, or (d) commit any other type of fraud in connection with your membership (including your enrollment application), Health Plan or a Plan Provider; or
4. You knowingly furnish incorrect or incomplete information to us or fail to notify us of changes in your family status or Medicare coverage that may affect your eligibility or benefits.

Termination of membership for any one of these reasons applies to all members of your Family Unit. All rights to benefits cease on the date of termination. You will not be allowed to convert to non-group coverage or to re-enroll in Health Plan. You will be billed as a non-Member for any Services received after the termination date. You have the right to appeal such a termination. To appeal, *Denver/Boulder* Members, please call **Member Services** at **303-338-3800** or toll-free at **1-800-632-9700** or TTY **1-800-521-4874**; *Southern Colorado* Members, please call **Member Services** toll-free at **1-888-681-7878** or TTY **1-800-521-4874**; or you can call the Colorado Division of Insurance.

We may report any member fraud to the authorities for prosecution and pursue appropriate civil remedies.

### D. Termination for Nonpayment

#### 1. Nonpayment of Dues

You are entitled to coverage only for the period for which we have received the appropriate Dues from your Group. If your Group fails to pay us the appropriate Dues for your Family Unit, we will terminate the memberships of everyone in your Family Unit.

#### 2. Nonpayment of Any Other Charges

We may terminate your membership if you fail to pay any amount you owe Health Plan or to a Plan Provider. We will send written notice of the termination to the Subscriber at least 15 days before the termination date. If we receive full payment before the termination date, we will not terminate your membership. Also, if we terminate your membership for nonpayment of any other Charges, we will reinstate your membership without a lapse in coverage if we receive full payment on or before the next scheduled payment due date.

Persons whose memberships are terminated for nonpayment of any other Charges may not enroll in Health Plan unless all amounts owed have been paid, and then, only if we approve the enrollment.

### E. Continuation of Group Coverage Under Federal Law, State Law or USERRA

#### 1. Federal Law (COBRA)

You may be able to continue your coverage under this EOC for a limited time after you would otherwise lose eligibility, if required by the federal COBRA law. Please contact your Group if you want to know how to elect COBRA coverage or how much you will have to pay your Group for it.

2. State Law

If you are not eligible to continue uninterrupted group coverage under federal law (COBRA), you may be eligible to continue group coverage under Colorado law. Colorado law states that if you have been a Member for at least six (6) consecutive months immediately prior to termination of employment, continue to meet the eligibility requirements of Group and Health Plan and continue to pay applicable monthly Dues to your Group, you may continue uninterrupted group coverage. If loss of eligibility occurs because of the following reasons, you and/or your Dependents may continue group coverage subject to the terms below:

- a. Your coverage is through a Subscriber who dies, divorces or legally separates or becomes entitled to Medicare or Medicaid benefits; or
- b. You are a Subscriber (or your coverage is through a Subscriber) whose employment terminates, including voluntary termination or layoff, or whose hours of employment have been reduced.

You may enroll children born or placed for adoption with you during the period of continuation coverage. The enrollment and effective date shall be as specified under the “Eligibility and Enrollment” section.

To continue coverage, you must request continuation of group coverage on a form furnished by and returned to your Group along with payment of applicable Dues, no later than 30 days after the date on which your Group coverage would otherwise terminate.

**Termination of State Continuation Coverage.** Continuation of coverage under this provision continues upon payment of the applicable Dues to your Group and terminates on the earlier of:

- a. 18 months after your coverage would have otherwise terminated because of termination of employment; or
- b. The date you become covered under another group medical plan; or
- c. The date Health Plan terminates its contract with the Group.

We may terminate your continuation coverage if payment is not received when due.

If you have chosen an alternate health care plan offered through your Group, but elect during open enrollment to receive continuation coverage through Health Plan, you will only be entitled to continued coverage for the remainder of the 18-month maximum coverage period.

**NOTE:** If your Dependent child ceases to qualify as an eligible Dependent under Health Plan, such as reaching the age constraints, he/she may elect to convert to a non-group plan on a direct pay basis (see “Eligibility and Enrollment” and “Conversion of Membership” for more details).

3. USERRA

If you are called to active duty in the uniformed services, you may be able to continue your coverage under this EOC for a limited time after you would otherwise lose eligibility, if required by the federal USERRA law. You must submit a USERRA election form to your Group within 60 days after your call to active duty. Please contact your Group if you want to know how to elect USERRA coverage or how much you will have to pay your Group for it.

**F. Conversion of Membership**

You may be eligible to convert to a non-group plan on a direct pay basis if you no longer meet the eligibility requirements described under “Who Is Eligible” in the “Eligibility and Enrollment” section, or if you enroll in COBRA or USERRA continuation coverage and then lose eligibility for that COBRA or USERRA coverage. However, you may not convert to this non-group plan if:

1. you continue to be eligible for coverage through your Group; or
2. you live in another Kaiser Foundation Health Plan or allied plan service area, except that the Subscriber’s or the Subscriber’s spouse’s otherwise eligible children are not ineligible to be covered Dependents solely because they live in another Kaiser Foundation Health Plan or allied plan service area if: (a) they are attending an accredited college or accredited vocational school or (b) you are required to cover them pursuant to a Qualified Medical Child Support Order (QMCSO); or
3. your membership ends because our Agreement with your Group terminates; or
4. we terminated your membership under “Termination for Cause” or “Nonpayment of Any Other Charges” in this “Termination of Membership” section.

You must apply to convert your membership within 31 days after your Group coverage ends. During this period, no medical review is required, and your non-group coverage begins when your Group coverage ends. You will have to pay Dues, and the benefits, Copayments and Coinsurance under the non-group coverage may differ from those under this EOC.

For information about converting your membership or about other non-group plans, *Denver/Boulder* Members, please call **Member Services** at **303-338-3800** or toll-free at **1-800-632-9700** or TTY **1-800-521-4874**; *Southern Colorado* Members, please call **Member Services** toll-free at **1-888-681-7878** or TTY **1-800-521-4874**.

**G. Moving to Another Kaiser Foundation Health Plan or Allied Plan Service Area**

You must notify us immediately if you permanently move outside the Service Area. If you move to another Kaiser Foundation Health Plan or allied plan service area, you should contact your Group's benefits administrator before you move to learn about your Group health care options. You will be terminated from this plan, but you may be able to transfer your group membership if there is an arrangement with your Group in the new service area. However, eligibility requirements, benefits, Dues, Copayments and Coinsurance may not be the same in the other service area.

**VIII. MISCELLANEOUS PROVISIONS**

**A. Administration of Agreement**

We may adopt reasonable policies, procedures, and interpretations to promote orderly and efficient administration of the Group Agreement and this EOC.

**B. Advance Directives**

Federal law requires Kaiser Permanente to tell you about your right to make health care decisions.

Colorado law recognizes the right of an adult to accept or reject medical treatment, artificial nourishment and hydration, and cardiopulmonary resuscitation. Each adult has the right to establish, in advance of the need for medical treatment, any directives and instructions for the administration of medical treatment in the event the person lacks the decisional capacity to provide informed consent to or refusal of medical treatment. (Colorado Revised Statutes, Section 15-14-504)

Kaiser Permanente will not discriminate against you whether or not you have an advance directive and will follow the requirements of Colorado law respecting advance directives. If you have an advance directive, please give a copy to the Kaiser Permanente medical records department or to your provider.

A health care provider or health care facility shall provide for the prompt transfer of the principal to another health care provider or health care facility if such healthcare provider or health care facility wishes not to comply with an agent's medical treatment decision on the basis of policies based on moral convictions or religious beliefs. (Colorado Revised Statutes, Section 15-14-507)

Two (2) brochures are available: *Your Right to Make Health Care Decisions* and *Making Health Care Decisions*. For copies of these brochures or for more information, *Denver/Boulder* Members, please call **Member Services** at **303-338-3800** or toll-free at **1-800-632-9700** or TTY **1-800-521-4874**; *Southern Colorado* Members, please call **Member Services** toll-free at **1-888-681-7878** or TTY **1-800-521-4874**.

**C. Agreement Binding on Members**

By electing coverage or accepting benefits under this EOC, all Members legally capable of contracting, and the legal representatives of all Members incapable of contracting, agree to all provisions of this EOC.

**D. Amendment of Agreement**

Your Group's Agreement with us will change periodically. If these changes affect this EOC, your Group is required to notify you of them. If it is necessary to make revisions to this EOC, we will issue revised materials to you.

**E. Applications and Statements**

You must complete any applications, forms or statements that we request in our normal course of business or as specified in this EOC.

**F. Assignment**

You may not assign this EOC or any of the rights, interests or obligations hereunder without our prior written consent.

**G. Attorney Fees and Expenses**

In any dispute between a Member and Health Plan or Plan Providers, each party will bear its own attorneys' fees and other expenses.

**H. Claims Review Authority**

We are responsible for determining whether you are entitled to benefits under this EOC, and we have the authority to review and evaluate claims that arise under this EOC. We conduct this evaluation independently by interpreting the provisions of this EOC. If this EOC is part of a health benefit plan that is subject to the Employee Retirement Income Security Act (ERISA), then we are a "named fiduciary" to review claims under this EOC.

**I. Contracts with Plan Providers**

Your Plan Providers are paid in a number of ways, including salary, capitation, per diem rates, case rates, fee for service and incentive payments. If you would like further information about the way Plan Providers are paid to provide or arrange medical and hospital care for Members, *Denver/Boulder* Members, please call **Member Services** at **303-338-3800** or toll-free at **1-800-632-9700** or TTY **1-800-521-4874**; *Southern Colorado* Members, please call **Member Services** toll-free at **1-888-681-7878** or TTY **1-800-521-4874**.

Our contracts with Plan Providers provide that you are not liable for any amounts we owe. However, you may be liable for the cost of non-covered Services or Services you obtain from non-Plan Providers. If our contract with any Plan Provider terminates while you are under the care of that provider, we will retain financial responsibility for covered Services you receive from that provider, in excess of any applicable Copayments and Coinsurance, until we make arrangements for the Services to be provided by another Plan Provider and so notify the Subscriber.

#### **J. Deductible Takeover Credit**

Deductible takeover is a one-time event which occurs at the point of the initial open enrollment. It applies only to:

1. Members of new groups enrolling with Kaiser Foundation Health Plan of Colorado for the first time. (In this situation, Members must have been covered under one of the group's other carriers at the time of the group's enrollment.)
2. Members of new or current groups who move from non-sole carrier status to sole-carrier status with Kaiser Foundation Health Plan of Colorado. Non-sole carrier status refers to when an employee has the option of choosing a group health plan either through Kaiser Foundation Health Plan of Colorado or through another carrier. (In this situation, Members must have been covered under one of the group's other carriers at the time the group moved to sole-carrier status.)

A credit will be applied toward your Deductible with Health Plan for certain eligible expenses accumulated toward your deductible under your prior coverage. In order for expenses to be eligible for this credit, you must submit an Explanation of Benefits ("EOB") issued by your prior carrier showing that the expense was applied toward your deductible under your prior coverage. All such expenses must be for Services that are covered and subject to the Deductible under this EOC.

For groups with effective dates of coverage during the months of April through December, expenses incurred from January 1 of the current year through the effective date of coverage with Kaiser Foundation Health Plan of Colorado may be eligible for credit.

For groups with effective dates of coverage during the months of January through March, expenses incurred up to 90 days prior to the effective date of coverage with Kaiser Foundation Health Plan may be eligible for credit.

You must submit all claims for Deductible takeover credit within 90 days from the effective date of coverage with Health Plan. To submit a claim, send all EOBs along with a completed Prior Carrier Information Cover Form to: **Kaiser Permanente Claims Department, P.O. Box 370897, Denver, CO 80237-0897**. To obtain a copy of the Prior Carrier Information Cover Form, *Denver/Boulder* Members, please call **Claims Customer Service** at **303-338-3600**, toll-free at **1-800-382-4661** or TTY **1-800-659-2656**. *Southern Colorado* Members, please call **1-888-681-7878** or TTY **1-800-659-2656**.

#### **K. Governing Law**

Except as preempted by federal law, this EOC will be governed in accord with Colorado law and any provision that is required to be in this EOC by state or federal law shall bind Members and Health Plan whether or not set forth in this EOC.

#### **L. Group and Members not Health Plan's Agents**

Neither your Group nor any Member is the agent or representative of Health Plan.

#### **M. No Waiver**

Our failure to enforce any provision of this EOC will not constitute a waiver of that or any other provision, or impair our right thereafter to require your strict performance of any provision.

#### **N. Nondiscrimination**

We do not discriminate in our employment practices or in the delivery of health care Services on the basis of age, race, color, national origin, religion, sex, sexual orientation, or physical or mental disability.

#### **O. Notices**

Our notices to you will be sent to the most recent address we have for the Subscriber. The Subscriber is responsible for notifying us of any change in address. *Denver/Boulder* Members who move should call **Member Services** at **303-338-3800** or toll-free at **1-800-632-9700** or TTY **1-800-521-4874** as soon as possible to give us their new address. *Southern Colorado* Members who move should call **Member Services** toll-free at **1-888-681-7878** or TTY **1-800-521-4874**.

#### **P. Overpayment Recovery**

We may recover any overpayment we make for Services from anyone who receives such an overpayment, or from any person or organization obligated to pay for the Services.

#### **Q. Privacy Practices**

Kaiser Permanente will protect the privacy of your protected health information (PHI). We also require contracting providers to protect your PHI. Your PHI is individually identifiable information about your health, health care services you receive, or payment for your health care. You may generally see and receive copies of your PHI, correct or update your PHI, and ask us for an accounting of certain disclosures of your PHI.

We may use or disclose your PHI for treatment, payment, health research, and health care operations purposes, such as measuring the quality of Services. We are sometimes required by law to give PHI to others, such as government agencies or in judicial actions. In addition, Member-identifiable health information is shared with your Group only with your authorization or as otherwise permitted by law. We will not use or disclose your PHI for any other purpose without your (or your representative's) written authorization, except as described in our *Notice of Privacy Practices* (see below). Giving us authorization is at your discretion.

**This is only a brief summary of some of our key privacy practices. Our *Notice of Privacy Practices*, which provides additional information about our privacy practices and your rights regarding your PHI, is available and will be furnished to you upon request. To request a copy, please call Member Services. You can also find the notice at your local Plan Facility or on our website, [www.kp.org](http://www.kp.org).**

## IX. DEFINITIONS

The following terms, when capitalized and used in any part of this EOC, mean:

**Affiliated Physician:** Any doctor of medicine contracting with Medical Group to provide covered Services to Members under this EOC.

**Charge(s):** Charges means the following:

1. For Services provided by Plan Providers or Medical Group, the Charges in Health Plan's schedule of Medical Group and Health Plan Charges for Services provided to Members; or
2. For Services for which a provider (other than Medical Group or Health Plan) is compensated on a capitation basis, the Charges in the schedule of Charges that Kaiser Permanente negotiates with the capitated provider; or
3. For items obtained at a Plan Pharmacy, the amount the Plan Pharmacy would charge a Member for the item if a Member's benefit plan did not cover the item (this amount is an estimate of: the cost of acquiring, storing, and dispensing drugs, the direct and indirect costs of providing Kaiser Permanente pharmacy Services to Members, and the Plan Pharmacy program's contribution to the net revenue requirements of Health Plan); or
4. For all other Services, the payments that Health Plan makes for the Services (or, if Health Plan subtracts a Copayment, Coinsurance or Deductible from its payment, the amount Health Plan would have paid if it did not subtract the Copayment, Coinsurance or Deductible).

The schedules, amounts, and payments on which Charges are based may change at any time without notice.

**CMS:** The Centers for Medicare & Medicaid Services, the federal agency responsible for administering Medicare.

**Coinsurance:** A percentage of Charges that you must pay when you receive a covered Service, as listed in the "Summary Chart."

**Copayment:** The specific dollar amount you must pay for a covered Service, as listed in the "Summary Chart."

**Deductible:** The amount you must pay in a year for certain Services before we will cover those Services in that year. The "Summary Chart" explains the amount of the Deductible and which Services are subject to the Deductible.

**Dependent:** A Member whose relationship to a Subscriber is the basis for membership eligibility and who meets the eligibility requirements as a Dependent (for Dependent eligibility requirements, see "Who Is Eligible" in the "Eligibility and Enrollment" section).

**Dues:** Periodic membership charges paid by Group.

**Emergency Medical Condition:** A medical condition manifesting itself by acute symptoms of sufficient severity (including severe pain) such that a prudent layperson, who possesses an average knowledge of health and medicine, could reasonably expect the absence of immediate medical attention to result in any of the following:

1. Placing the person's health (or, with respect to a pregnant woman, the health of the woman or her unborn child) in serious jeopardy;
2. Serious impairment to bodily functions; or
3. Serious dysfunction of any bodily organ or part.

**Emergency Services:** All of the following with respect to an Emergency Medical Condition:

1. A medical screening examination (as required under the *Emergency Medical Treatment and Active Labor Act*) that is within the capability of the emergency department of a hospital, including ancillary services routinely available to the emergency department to evaluate the Emergency Medical Condition; and
2. Within the capabilities of the staff and facilities available at the hospital, the further medical examination and treatment that the *Emergency Medical Treatment and Active Labor Act* requires to Stabilize the patient.

**Family Unit:** A Subscriber and all of his or her Dependents.

**Health Plan:** Kaiser Foundation Health Plan of Colorado, a Colorado nonprofit corporation.

**Health Savings Account (HSA):** A tax-exempt trust or custodial account established under Section 223(d) of the Internal Revenue Code exclusively for the purpose of paying qualified medical expenses of the account beneficiary. Contributions made to a Health Savings Account by an eligible individual are tax deductible under federal tax law whether or not the individual itemizes deductions. In order to make contributions to a Health Savings Account, you must be covered under a qualified High Deductible Health Plan and meet other tax law requirements. Kaiser Permanente does not provide tax advice. Consult with your financial or tax advisor for tax advice or more information about your eligibility for a Health Savings Account.

**High Deductible Health Plan (HDHP):** A health benefit plan that meets the requirements of Section 223 (c)(2) of the Internal Revenue Code. The health care coverage under this EOC has been designed to be a High Deductible Health Plan compatible for use with a Health Savings Account.

**Kaiser Permanente:** Health Plan and Medical Group

**Medical Group:** The Colorado Permanente Medical Group, P.C., a for-profit medical corporation.

**Medicare:** A federal health insurance program for people 65 and older, certain disabled people, and those with end-stage renal disease (ESRD).

**Member:** A person who is eligible and enrolled under this EOC, and for whom we have received applicable Dues. This EOC sometimes refers to a Member as “you” or “your.”

**Out-of-Pocket Maximum:** The annual limit to the total amount of Coinsurance you must pay in a year for covered Services, as described in the “Summary Chart.”

**Plan Facility:** A Plan Medical Office or Plan Hospital.

**Plan Hospital:** Any hospital listed as a Plan Hospital in our provider directory. Plan Hospitals are subject to change at any time without notice.

**Plan Medical Office:** Any medical office listed in our provider directory. Plan Medical Offices are subject to change at any time without notice.

**Plan Optometrist:** Any licensed optometrist who is an employee of Health Plan or any licensed optometrist who contracts to provide Services to Members.

**Plan Pharmacy:** A pharmacy owned and operated by Kaiser Permanente or another pharmacy that we designate. Plan Pharmacies are subject to change at any time without notice.

**Plan Physician:** Any licensed physician who is an employee of Medical Group, an Affiliated Physician or any licensed physician who contracts to provide Services to Members (but not including physicians who contract only to provide referral Services).

**Plan Provider:** A Plan Hospital, Plan Physician or other health care provider that we designate as Plan Provider, except that Plan Providers are subject to change at any time without notice.

**Service Area:**

The *Denver/Boulder* Service Area is that portion of Adams, Arapahoe, Boulder, Broomfield, Clear Creek, Denver, Douglas, Elbert, Gilpin, Jefferson, Larimer, Park and Weld counties within the following zip codes: 80001, 80002, 80003, 80004, 80005, 80006, 80007, 80010, 80011, 80012, 80013, 80014, 80015, 80016, 80017, 80018, 80019, 80020, 80021, 80022, 80023, 80024, 80025, 80026, 80027, 80028, 80030, 80031, 80033, 80034, 80035, 80036, 80037, 80038, 80040, 80041, 80042, 80044, 80045, 80046, 80047, 80102, 80104, 80107, 80108, 80109, 80110, 80111, 80112, 80113, 80116, 80117, 80120, 80121, 80122, 80123, 80124, 80125, 80126, 80127, 80128, 80129, 80130, 80131, 80134, 80135, 80137, 80138, 80150, 80151, 80154, 80155, 80160, 80161, 80162, 80163, 80165, 80166, 80201, 80202, 80203, 80204, 80205, 80206, 80207, 80208, 80209, 80210, 80211, 80212, 80214, 80215, 80216, 80217, 80218, 80219, 80220, 80221, 80222, 80223, 80224, 80225, 80226, 80227, 80228, 80229, 80230, 80231, 80232, 80233, 80234, 80235, 80236, 80237, 80238, 80239, 80241, 80243, 80244, 80246, 80247, 80248, 80249, 80250, 80251, 80252, 80254, 80255, 80256, 80257, 80259, 80260, 80261, 80262, 80263, 80264, 80265, 80266, 80270, 80271, 80273, 80274, 80275, 80279, 80280, 80281, 80285, 80290, 80291, 80292, 80293, 80294, 80295, 80299, 80301, 80302, 80303, 80304, 80305, 80306, 80307, 80308, 80309, 80310, 80314, 80321, 80322, 80323, 80328, 80329, 80401, 80402, 80403, 80419, 80421, 80422, 80425, 80427, 80433, 80437, 80439, 80452, 80453, 80454, 80455, 80457, 80465, 80466, 80470, 80471, 80474, 80481, 80501, 80502, 80503, 80504, 80510, 80513, 80514, 80516, 80520, 80530, 80533, 80534, 80537, 80538, 80539, 80540, 80541, 80542, 80543, 80544, 80601, 80602, 80603, 80614, 80621, 80623, 80640, 80642, 80643, 80651.

The *Southern Colorado* Service Area is that portion of Crowley, Custer, Douglas, El Paso, Elbert, Fremont, Huerfano, Las Animas, Lincoln, Otero, Park, Pueblo and Teller counties within the following zip codes: 80106, 80118, 80132, 80133, 80808, 80809, 80813, 80814, 80816, 80817, 80819, 80820, 80827, 80829, 80831, 80832, 80833, 80840, 80841, 80860, 80863, 80864, 80866, 80901, 80902, 80903, 80904, 80905, 80906, 80907, 80908, 80909, 80910, 80911, 80912, 80913, 80914, 80915, 80916, 80917, 80918, 80919, 80920, 80921, 80922, 80923, 80924, 80925, 80926, 80927, 80928, 80929, 80930, 80931, 80932, 80933, 80934, 80935, 80936, 80937, 80938, 80939, 80940, 80941, 80942, 80943, 80944, 80945, 80946, 80947, 80949, 80950, 80951,



80960, 80962, 80970, 80977, 80995, 80997, 81001, 81002, 81003, 81004, 81005, 81006, 81007, 81008, 81009, 81010, 81011, 81012, 81013, 81014, 81015, 81019, 81022, 81023, 81025, 81039, 81062, 81069, 81212, 81215, 81221, 81222, 81223, 81226, 81232, 81233, 81240, 81244, 81246, 81253, 81290.

**Services:** Health care services or items.

**Skilled Nursing Facility:** A facility that is licensed as such by the state of Colorado, certified by Medicare and approved by Health Plan. The facility's primary business must be the provision of 24-hour-a-day licensed skilled nursing care for patients who need skilled nursing or skilled rehabilitation care, or both, on a daily basis, as part of an ongoing medical treatment plan.

**Spouse:** Your legal husband or wife.

**Stabilize:** To provide the medical treatment of the Emergency Medical Condition that is necessary to assure, within reasonable medical probability, that no material deterioration of the condition is likely to result from or occur during the transfer of the person from the facility. With respect to a pregnant woman who is having contractions, when there is inadequate time to safely transfer her to another hospital before delivery (or the transfer may pose a threat to the health or safety of the woman or unborn child), "Stabilize" means to deliver (including the placenta).

**Subscriber:** A Member who is eligible for membership on his or her own behalf and not by virtue of Dependent status and who meets the eligibility requirements as a Subscriber (for Subscriber eligibility requirements, see "Who Is Eligible" in the "Eligibility and Enrollment" section).

## X. APPENDIX

### A. Access Plan

Colorado State law requires that an Access Plan be available that describes Kaiser Foundation Health Plan of Colorado's network of provider Services. To obtain a copy, *Denver/Boulder* Members, please call **Member Services** at **303-338-3800** or toll-free at **1-800-632-9700** or TTY **1-800-521-4874**; *Southern Colorado* Members, please call **Member Services** toll-free at **1-888-681-7878** or TTY **1-800-521-4874**.

### B. Access to Services for Foreign Language Speakers

1. **Member Services** will provide a telephone interpreter to assist Members who speak limited or no English.
2. Plan Physicians have telephone access to interpreters in over 150 foreign languages.
3. Plan Physicians can also request an onsite interpreter for an appointment, procedure or Service.
4. Any interpreter assistance that we arrange or provide will be at no Charge to the Member.

### C. Binding Arbitration

Except for: (1) claims filed in Small Claims Court; (2) Claims subject to the Colorado Health Care Availability Act, Section 13-64-403, C.R.S.; (3) claims subject to the provisions of Colorado Revised Statutes, Section 10-3-1116(1); (4) Benefit claims under Section 502(a)(1)(B) of ERISA, pursuant to a qualified benefit plan; and (5) Claims subject to Medicare Appeals procedures, Chapter 13 of the Medicare Managed Care Manual; your enrollment in this health benefit plan requires that all claims by you, your spouse, your heirs, or anyone acting on your or their behalf, against Kaiser Foundation Health Plan of Colorado, the Medical Group, the Permanente Federation, LLC, The Permanente Company, LLC, or any employees or shareholders of these entities, or Plan Providers or Affiliated Physicians ("Respondent(s)"), which arise from any alleged failure or violation of any, including but not limited to any duty relating to or incident to the Evidence of Coverage or the Medical and Hospital Services Agreement, claims for contract benefits, premises liability or claims related to the delivery of Services or items, regardless of the basis for the duty or of the legal theories upon which the claim is asserted, must be submitted to binding arbitration before a single neutral arbiter. By enrolling in this health benefit plan, you have agreed to the use of binding arbitration in lieu of having any such dispute decided in a court of law before a jury.

You must use Health Plan procedures to request arbitration. You can obtain a copy of these procedures from our **Quality, Risk, and Legal Department** by calling **303-344-7298**. The arbitration hearing will be conducted in accord with Health Plan procedures, the Colorado Uniform Arbitration Act and the Federal Arbitration Act.

### D. Value-Added Services

In addition to the Services we cover under this EOC, we make available a variety of value-added services that are not covered. Examples may include certain non-covered health education classes and publications, discounts for fitness club memberships, health promotion and wellness programs, and rewards for participating in those programs. Some of these value-added services are available to all Members, and others may be available only to Members enrolled through certain groups or plans. To take advantage of the value-added services that are available to you, you need only identify yourself as a Member by showing your Health Plan ID card and pay the fee, if any, to the company that provides the value-added service. Because value-added services are not covered Services, any fees you pay will not count in connection with any coverage calculations, such as deductible or out-of-pocket maximum calculations.

To learn about value-added services, including which value-added services are available to you, you may refer to our quarterly member magazine, *Elevate*, or our website, [www.kp.org](http://www.kp.org).

These value-added services are neither offered nor guaranteed under your Health Plan coverage. We may change or discontinue some or all value-added services at any time and without notice to you. Value-added services are not offered as inducements to purchase a health care plan from us. Although value-added services are not covered Services, we may have included an estimate of their cost when we calculated Dues.

We do not endorse or make any representations regarding the quality or medical efficacy of value-added services, or the financial integrity of the companies offering them. We expressly disclaim any liability for the value-added services provided by these companies. If you have a dispute regarding a value-added service, you must resolve it with the company offering the value-added service. Although we have no obligation to assist with this resolution, you may call Member Services, and a representative may try to assist in getting the issue resolved.

**E. Women’s Health and Cancer Rights Act**

In accord with the “Women’s Health and Cancer Rights Act of 1998,” as determined in consultation with the attending physician and the patient, we provide the following coverage after a mastectomy:

1. Reconstruction of the breast on which the mastectomy was performed.
2. Surgery and reconstruction of the other breast to produce a symmetrical (balanced) appearance.
3. Prostheses (artificial replacements).
4. Services for physical complications resulting from the mastectomy.

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# SUMMARY CHART

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## Benefits for State of Colorado Denver/Boulder Group #225

This Summary Chart discusses:

- I. **DEDUCTIBLES (if applicable)**
- II. **ANNUAL OUT-OF-POCKET MAXIMUMS**
- III. **COPAYMENTS AND COINSURANCE**
- IV. **DEPENDENT LIMITING AGE**
- V. **DEPENDENT STUDENT LIMITING AGE**

This Summary Chart does not fully describe benefits. For a complete understanding of the benefits, exclusions and limitations applicable to your coverage under this plan, it is important to read this EOC in conjunction with this Summary Chart. Please refer to the identical heading in the "Benefits" section and to the "Exclusions, Limitations, and Reductions" section of this EOC. Here is some important information to keep in mind as you read this Summary Chart:

- The Deductibles, Copayments or Coinsurance listed here apply to covered Services provided to Members enrolled in this plan.
- Copayments for Services are due at the time you receive the Service. Deductibles or Coinsurance for Services may also be due at the time you receive the Service.
- In addition to any Copayment or Coinsurance, you may be responsible for any amounts over usual, reasonable and customary charges.
- You will be charged separate Deductibles, Copayments or Coinsurance for additional Services you receive during your visit or if you receive Services from more than one provider during your visit.
- The Charges for your Services are not always known at the time you receive the Service. You will receive a bill for any Deductibles, Copayments, or Coinsurance that are not known at the time you receive the Service.
- We reserve the right to reschedule non-emergency, non-routine care if you do not pay all amounts due at the time you receive the Service.
- For items ordered in advance, you pay the Deductibles, Copayments or Coinsurance in effect on the order date.
- You, as the Subscriber, are responsible for any Deductibles, Copayments and/or Coinsurance, incurred by your Dependents enrolled in the Plan.
- The annual dollar, day and visit limits, Deductibles and Out-of-Pocket Maximums are based on a contract year.

### **I. DEDUCTIBLES**

The following Deductibles apply under your plan:

\$1,200/Individual per year

\$2,400/Family per year

The Deductible represents the full amount you must pay for certain covered Services before any Copayment or Coinsurance applies.

For covered Services that are subject to the Deductible, any amounts over usual, reasonable and customary charges will not apply toward the Deductible.

A. For covered Services that **ARE** subject to the Deductible:

1. You must pay full charges for covered Services until your Deductible is satisfied. Please see "III. Copayments and Coinsurance" to find out which covered Services are subject to the Deductible.

2. Once you have met your Deductible for the year, you will then pay, for the remainder of the year, your applicable Copayment or Coinsurance for those covered Services which are subject to the Deductible. See "III. Copayments and Coinsurance."
  3. Your applicable Copayment, Coinsurance, and/or Deductible may apply to your annual Out-of-Pocket Maximum (OPM). Please see "II. Annual Out-of-Pocket Maximums."
- B. For covered Services that **ARE NOT** subject to the Deductible: Your Copayment or Coinsurance will always apply, as listed in "III. Copayments and Coinsurance."
- C. Individual and Family Deductibles:
1. Individual Subscriber: After you meet the individual Deductible, you pay the applicable Copayment or Coinsurance for these covered Services for the rest of the year, subject to the limits described in "II. Annual Out-of-Pocket Maximums."
  2. Family Unit: If you are a member of a Family Unit, the individual Deductible does not apply. You can meet the family Deductible either as an individual Family Unit Member or as a combination of Family Unit Members. Once you and/or your Family Unit Member(s) meet the family Deductible, all Family Unit Member(s) pay the applicable Copayment or Coinsurance for these covered Services for the rest of the year, subject to the limits described in "II. Annual Out-of-Pocket Maximums."

## II. **ANNUAL OUT-OF-POCKET MAXIMUMS**

The Out-of-Pocket Maximums (OPM) limit the total amount you must pay during the year for certain covered Services. The following OPM amounts apply under your plan:

\$2,500/Individual per year  
\$5,000/Family per year

For covered Services that apply to the OPM, any amounts over usual, reasonable and customary charges will not apply toward the OPM.

- A. Your Deductible applies to the OPM. See "I. Deductibles."
- B. For covered Services that **APPLY** to the OPM.
1. The only Copayments or Coinsurance that apply toward the OPM limits are those made for covered Services listed as applying to the OPM. Please see "III. Copayments and Coinsurance."
  2. Once your OPM is satisfied, you will no longer pay for those covered Services that apply to the OPM.
- C. For covered Services that do **NOT APPLY** to the OPM.  
Your Copayment or Coinsurance will always apply, as listed in "III. Copayments and Coinsurance."
- D. Individual and Family OPM
1. Individual Subscriber: Member is responsible for meeting the individual Out-of-Pocket Maximum.
  2. Family Unit: The individual OPM does not apply. You can meet the family OPM either as an individual Family Unit Member or as a combination of Family Unit Members.

### **Tracking Deductibles and Out-of-Pocket Amounts**

Once you have received medical Services and we have processed the claim for Services rendered, you will receive an Explanation of Benefits (EOB) from us that lists the Services you received, the cost of those Services and the payments that were made for the Services. It will also include information regarding what portion of the payments were applied to your Deductible and/or Out-of-Pocket Maximum amounts.

For more information about your Deductible or Out-of-Pocket Maximum amounts, **Denver/Boulder** Members, please call **Member Services** at **303-338-3800** or toll-free at **1-800-632-9700** or TTY **1-800-521-4874**; **Southern Colorado** Members, please call **Member Services** toll-free at **1-888-681-7878** or TTY **1-800-521-4874**.

### **III. COPAYMENTS AND COINSURANCE**

<b>Outpatient Care</b>	<b>You Pay</b>
<i>(Subject to Deductible; applies toward Out-of-Pocket Maximum)</i>	10% Coinsurance
Primary care visits	
Specialty care visits	10% Coinsurance
Consultations with clinical pharmacists	10% Coinsurance
Allergy injections	10% Coinsurance
Allergy evaluation and testing	10% Coinsurance
Gynecology care visits	10% Coinsurance
Routine prenatal and postpartum visits	No Charge
Outpatient surgery at designated outpatient facilities	10% Coinsurance
Covered Services not otherwise listed in this Summary Chart received during an office visit, a scheduled procedure visit, or provided by a Plan Medical Office	10% Coinsurance
<b>Hospital Inpatient Care</b>	<b>You Pay</b>
<i>(Subject to Deductible; applies toward Out-of-Pocket Maximum)</i>	10% Coinsurance
Room and board, and critical care units	Excludes bariatric surgery
Anesthesia	
Drugs, blood, blood products and their administration	
Lab, X-ray and other diagnostic Services	
Dressings, casts, and medical supplies	
Private duty nursing if determined to be medically necessary by a Plan Physician	
Surgical Services	
Inpatient professional visits <i>(Subject to Deductible; applies toward Out-of-Pocket Maximum)</i>	10% Coinsurance
<b>Ambulance Services</b>	<b>You Pay</b>
<i>(Subject to Deductible; applies toward Out-of-Pocket Maximum)</i>	10% Coinsurance
<b>Chemical Dependency Services</b>	<b>You Pay</b>
Inpatient medical detoxification <i>(Subject to Deductible; applies toward Out-of-Pocket Maximum)</i>	10% Coinsurance
Inpatient professional visits <i>(Subject to Deductible; applies toward Out-of-Pocket Maximum)</i>	10% Coinsurance
Outpatient Services – individual or group <i>(Subject to Deductible; applies toward Out-of-Pocket Maximum)</i>	10% Coinsurance including partial hospitalization
Residential rehabilitation <i>(Subject to Deductible; applies toward Out-of-Pocket Maximum)</i>	10% Coinsurance per inpatient admission
<b>Complementary and Alternative Medicine</b>	<b>You Pay</b>
Chiropractic Services	Not Covered
Acupuncture Services	Not Covered

<b>Dialysis Care</b>	<b>You Pay</b>
<i>(Subject to Deductible; applies toward Out-of-Pocket Maximum)</i>	10% Coinsurance
<b>Drugs, Supplies and Supplements</b>	<b>You Pay</b>
Office-administered drugs <i>(Subject to Deductible; applies toward Out-of-Pocket Maximum)</i>	10% Coinsurance
• Travel immunizations	Not Covered
Outpatient prescription drugs Copayment/Coinsurance (except as listed below): <i>(Subject to Deductible; applies toward Out-of-Pocket Maximum)</i>	\$10 Generic/\$40 Brand name
• Pharmacy Deductible	Not Applicable
• Prescribed supplies	20% Coinsurance
• Infertility drugs	Not Covered
• Specialty drugs	20% Coinsurance up to \$100 per drug dispensed Insulin @ applicable Copayment/Coinsurance
• Sexual dysfunction drugs	Not Covered
	<b><u>Supply Limit</u></b>
Day supply limit	30 days
Mail-order supply limit	90 days @ 2 Copayments See Additional Provisions
<b>Durable Medical Equipment (DME) and Prosthetics and Orthotics</b>	<b>You Pay</b>
	<b><u>Annual Maximum Benefit</u></b>
Annual maximum benefit paid by Health Plan	\$5,000 per year
	<b><u>You Pay</u></b>
Durable medical equipment <i>(Subject to Deductible; applies toward Out-of-Pocket Maximum)</i>	10% Coinsurance
Prosthetic devices <i>(Subject to Deductible; applies toward Out-of-Pocket Maximum)</i>	
• Internally implanted prosthetic devices	10% Coinsurance
• Prosthetic devices following mastectomy	10% Coinsurance
• Prosthetic devices for treatment of cleft lip/cleft palate	10% Coinsurance
• Prosthetic arm or leg	10% Coinsurance
• All other prosthetic devices	10% Coinsurance
Orthotic devices <i>(Subject to Deductible; applies toward Out-of-Pocket Maximum)</i>	10% Coinsurance See Additional Provisions

<b>Emergency Services and Non-Emergency, Non-Routine Care</b>	<b>You Pay</b>
Plan and non-plan emergency rooms (covered 24 hours a day) <i>(Subject to Deductible; applies toward Out-of-Pocket Maximum)</i>	10% Coinsurance
Non-emergency, non-routine visits at Plan Facilities after regular office hours <i>(Subject to Deductible; applies toward Out-of-Pocket Maximum)</i>	10% Coinsurance
Covered Services received during after-hour visits to Plan Facilities <i>(Subject to Deductible; applies toward Out-of-Pocket Maximum)</i>	10% Coinsurance
<b>Family Planning Services</b>	<b>You Pay</b>
Family planning counseling <i>(Subject to Deductible; applies toward Out-of-Pocket Maximum)</i>	10% Coinsurance
Associated outpatient surgery procedures	See "Outpatient Care" for applicable Copayment or Coinsurance
<b>Hearing Services</b>	<b>You Pay</b>
Hearing exams and tests to determine the need for hearing correction <i>(Subject to Deductible; applies toward Out-of-Pocket Maximum)</i>	10% Coinsurance
Hearing aids for persons under the age of 18 <i>(Subject to Deductible; applies toward Out-of-Pocket Maximum)</i>	10% Coinsurance
	<b><u>Credit</u></b>
Hearing aids for persons age 18 and over <i>(Not subject to Deductible; does not apply toward Out-of-Pocket Maximum)</i>	Not Covered
<b>Home Health Care</b>	<b>You Pay</b>
Health Services provided in your home and prescribed by a Plan Physician <i>(Subject to Deductible; applies toward Out-of-Pocket Maximum)</i>	10% Coinsurance
Special Services program For hospice-eligible Members who have not yet elected hospice care <i>(Subject to Deductible; applies toward Out-of-Pocket Maximum)</i>	10% Coinsurance Up to 15 visits per lifetime
<b>Hospice Care</b>	<b>You Pay</b>
Hospice care for terminally ill patients <i>(Subject to Deductible; applies toward Out-of-Pocket Maximum)</i>	10% Coinsurance
<b>Infertility Services</b>	<b>You Pay</b>
All covered Services related to the diagnosis and treatment of infertility <i>(Subject to Deductible; applies toward Out-of-Pocket Maximum)</i>	Not Covered
Artificial insemination, including associated X-ray and laboratory Services <i>(Subject to Deductible; applies toward Out-of-Pocket Maximum)</i>	Not Covered



<b>Mental Health Services</b>	<b>You Pay</b>
Outpatient individual or group therapy (per year limit, if any, does <b>not</b> apply to visits for the purpose of monitoring drug therapy) <i>(Subject to Deductible; applies toward Out-of-Pocket Maximum)</i>	10% Coinsurance including partial hospitalization
Inpatient psychiatric hospitalization <i>(Subject to Deductible; applies toward Out-of-Pocket Maximum)</i>	10% Coinsurance
• Inpatient day limit	Not Applicable
Inpatient professional visits <i>(Subject to Deductible; applies toward Out-of-Pocket Maximum)</i>	10% Coinsurance
<b>Oxygen</b>	<b>You Pay</b>
<i>(Subject to Deductible; applies toward Out-of-Pocket Maximum)</i>	10% Coinsurance See Additional Provisions
<b>Physical, Occupational, and Speech Therapy and Multidisciplinary Rehabilitation Services</b>	<b>You Pay</b>
Inpatient professional physical, occupational and speech therapy Services <i>(Subject to Deductible; applies toward Out-of-Pocket Maximum)</i>	10% Coinsurance
Short-term outpatient physical, occupational and speech therapy visits <i>(Subject to Deductible; applies toward Out-of-Pocket Maximum)</i>	10% Coinsurance Up to 20 visits per therapy per year
Inpatient treatment in a multidisciplinary rehabilitation program provided in a designated rehabilitation facility <i>(Subject to Deductible; applies toward Out-of-Pocket Maximum)</i>	10% Coinsurance Up to 60 days per condition per year
Therapies for the treatment of Autism Spectrum Disorders <i>(Subject to Deductible; applies toward Out-of-Pocket Maximum)</i>	
• Outpatient physical, occupational and speech therapy visits	10% Coinsurance
• Applied Behavioral Analysis	10% Coinsurance
• Annual benefit maximum for children ages 0-8	\$34,000
• Annual benefit maximum for children ages 9-18	\$12,000

<b>Preventive Care Services</b>	<b>You Pay</b>
<ul style="list-style-type: none"> <li>Preventive Care Visits <i>(Not subject to Deductible; does not apply toward Out-of-Pocket Maximum)</i> <ul style="list-style-type: none"> <li>Adult preventive care exams</li> <li>Well-woman care exams</li> <li>Immunizations</li> </ul> </li> </ul>	No Charge
<ul style="list-style-type: none"> <li>Colorectal Cancer Screenings <i>(Services with No Charge are not subject to Deductible; do not apply toward Out-of-Pocket Maximum; Services with a Copayment or Coinsurance are not subject to Deductible; apply towards Out-of-Pocket Maximum)</i> <ul style="list-style-type: none"> <li>Colonoscopies</li> <li>Flexible sigmoidoscopies</li> </ul> </li> </ul>	No Charge No Charge
<ul style="list-style-type: none"> <li>Adult preventive care screenings <i>(Not subject to Deductible; does not apply toward Out-of-Pocket Maximum)</i></li> <li>Well-woman care screenings <i>(Not subject to Deductible; does not apply toward Out-of-Pocket Maximum)</i></li> </ul>	No Charge
<ul style="list-style-type: none"> <li>Well-child care <i>(Not subject to Deductible; does not apply toward Out-of-Pocket Maximum)</i></li> </ul>	No Charge
<b>Reconstructive Surgery</b>	<b>You Pay</b>
	See "Outpatient Care" and "Hospital Inpatient Care" for applicable Copayment or Coinsurance
<b>Skilled Nursing Facility Care</b>	<b>You Pay</b>
<i>(Subject to Deductible; applies toward Out-of-Pocket Maximum)</i>	10% Coinsurance Up to 100 days per year
<b>Transplant Services</b>	<b>You Pay</b>
Transplant Services <i>(Subject to Deductible; applies toward Out-of-Pocket Maximum)</i>	Hospital and Office Visit Copayment apply
Inpatient professional visits <i>(Subject to Deductible; applies toward Out-of-Pocket Maximum)</i>	10% Coinsurance
<b>Vision Services and Optical</b>	<b>You Pay</b>
Eye wellness and refraction exams when performed by an Optometrist <i>(Subject to Deductible; applies toward Out-of-Pocket Maximum)</i>	10% Coinsurance
Eye wellness and refraction exams when performed by an Ophthalmologist <i>(Subject to Deductible; applies toward Out-of-Pocket Maximum)</i>	10% Coinsurance
	<b>Credit</b>
Optical <i>(Not subject to Deductible; does not apply toward Out-of-Pocket Maximum)</i>	Not Covered

<b>X-Ray, Laboratory and Special Procedures</b>	<b>You Pay</b>
Diagnostic laboratory Services <i>(Subject to Deductible; applies toward Out-of-Pocket Maximum)</i>	10% Coinsurance
Diagnostic and therapeutic X-rays <i>(Subject to Deductible; applies toward Out-of-Pocket Maximum)</i>	10% Coinsurance
Special procedures such as CT, PET, MRI, nuclear medicine <i>(Subject to Deductible; applies toward Out-of-Pocket Maximum)</i>	10% Coinsurance

#### **IV. DEPENDENT LIMITING AGE**

The Dependent limiting age as described under Dependents in the "Eligibility and Enrollment" section is the end of the month in which age 26 is reached. A Dependent child will continue to be eligible until the Dependent child reaches this age, if he or she continues to meet all other eligibility requirements.

#### **V. DEPENDENT STUDENT LIMITING AGE**

The Dependent student limiting age as described under Dependents in the "Eligibility and Enrollment" section is the end of the month in which age 26 is reached. A full-time student over the dependent limiting age but under the dependent student limiting age in an accredited college or school who is financially dependent on you or your spouse, will continue to be eligible until the Dependent student reaches this age, if he or she continues to meet all other eligibility requirements.

#### **Additional Provisions**

If your Group has purchased additional coverage, please see "Additional Provisions" for more information.

## ADDITIONAL PROVISIONS

Please refer to the Summary Chart in this booklet for specific charges and other limitations that may apply to the coverage(s) described below.

DOMP0AA

### DOMESTIC PARTNER COVERAGE

Your Group coverage includes health benefit coverage for same-gender domestic partners, if they meet (1) the eligibility requirements described in the “Eligibility and Enrollment” section of this Evidence of Coverage, and (2) the conditions for domestic partnership as specified in the Affidavit of Domestic Partnership.

You are required to complete and submit an Affidavit of Domestic Partnership to Health Plan. Please check with your Group's benefit administrator for details.

DOMP0AA (01-09)

DMES0AA

### DURABLE MEDICAL EQUIPMENT (DME) AND PROSTHETIC AND ORTHOTIC DEVICES

When prescribed by a Plan Physician and obtained from sources designated by Health Plan on either a purchase or rental basis, as determined by Health Plan, DME, prosthetics and orthotics, including replacements other than those necessitated by misuse or loss, are provided as shown on the “Summary Chart” for your use during the period prescribed. Necessary fittings, repairs and adjustments, other than those necessitated by misuse, are covered. Health Plan may repair or replace a device at its option. Repair or replacement of defective equipment is covered at no additional Charge. You will be charged as a non-Member for items of DME, prosthetics and orthotics until your Deductible is met, if applicable. After the annual maximum benefit is paid by Health Plan, you will be charged as a non-Member for additional items of DME, prosthetics, orthotics and/or necessary repairs and adjustments.

Health Plan uses the CMS National Coverage Determinations Manual (hereinafter referred to as Medicare Guidelines) for our DME, prosthetic and orthotic formulary guidelines. These are guidelines only. Health Plan reserves the right to exclude items listed in the Medicare Guidelines. Please note that this EOC may contain some, but not all, of these exclusions.

**Limitations:** Coverage is limited to: (1) A standard item of DME, prosthetic device or orthotic device that adequately meets a Member's medical needs; and (2) The annual maximum benefit paid by Health Plan as shown on the “Summary Chart.”

#### 1. Durable Medical Equipment (DME)

##### a. Coverage:

- i. DME is equipment that is appropriate for use in the home, able to withstand repeated use, Medically Necessary, not of use to a person in the absence of illness or injury, and approved for coverage under Medicare. It includes, but is not limited to, infant apnea monitors, insulin pumps and insulin pump supplies, and oxygen and oxygen dispensing equipment.
- ii. Insulin pumps and insulin pump supplies are provided when clinical guidelines are met and when obtained from sources designated by Health Plan. The annual maximum benefit does not apply to insulin pumps.
- iii. Oxygen and oxygen dispensing equipment. (Please see the oxygen benefit description for more details regarding your oxygen benefit description.)
- iv. When use is no longer prescribed by a Plan Physician, DME must be returned to Health Plan or its designee. If the equipment is not returned, you must pay Health Plan or its designee the fair market price, established by Health Plan, for the equipment.

##### b. Limitation: Coverage is limited to the lesser of the purchase or rental price, as determined by Health Plan.

##### c. Durable Medical Equipment Exclusions:

- i. Electronic monitors of bodily functions, except infant apnea monitors are covered.
- ii. Devices to perform medical testing of body fluids, excretions or substances, except nitrate urine test strips for home use for pediatric patients are covered.
- iii. Non-medical items such as sauna baths or elevators.

- iv. Exercise or hygiene equipment.
- v. Comfort, convenience, or luxury equipment or features.
- vi. Disposable supplies for home use such as bandages, gauze\*, tape, antiseptics, dressings and ace-type bandages. (\*Gauze not excluded in Kaiser Permanente Senior Advantage Part D plans.)
- vii. Replacement of lost equipment.
- viii. Repair, adjustments or replacements necessitated by misuse.
- ix. More than one piece of DME serving essentially the same function, except for replacements; spare equipment or alternate use equipment is not covered.

## 2. Prosthetic Devices

### a. Coverage

Prosthetic devices are those rigid or semi-rigid external devices that are required to replace all or part of a body organ or extremity. Coverage of prosthetic devices includes:

- i. Internally implanted devices for functional purposes, such as pacemakers and hip joints. (The annual maximum benefit does not apply.)
- ii. Prosthetic devices for Members who have had a mastectomy. Medical Group or Health Plan will designate the source from which external prostheses can be obtained. Replacement will be made when a prosthesis is no longer functional. Custom-made prostheses will be provided when necessary. (The annual maximum benefit does not apply.)
- iii. Prosthetic devices, such as obturators and speech and feeding appliances, required for the treatment of cleft lip and cleft palate in newborn Members are covered when prescribed by a Plan Physician and obtained from sources designated by Health Plan. (The annual maximum benefit does not apply.)
- iv. Prosthetic devices intended to replace, in whole or in part, an arm or leg when prescribed by a Plan Physician, as Medically Necessary and when obtained from sources designated by Health Plan. (The annual maximum benefit does not apply.)

### b. Prosthetic Devices Exclusions:

- i. Dental prostheses, except for Medically Necessary prosthodontic treatment for treatment of cleft lip and cleft palate in newborn Members, as described above.
- ii. Internally implanted devices, equipment and prosthetics related to treatment of sexual dysfunction.
- iii. More than one prosthetic device for the same part of the body, except for replacements; spare devices or alternate use devices.
- iv. Replacement of lost prosthetic devices.
- v. Repairs, adjustments or replacements necessitated by misuse.

## 3. Orthotic Devices

### a. Coverage

Orthotic devices are those rigid or semi-rigid external devices, other than casts, that are required to support or correct a defective form or function of an inoperative or malfunctioning body part or to restrict motion in a diseased or injured part of the body.

### b. Orthotic Devices Exclusions:

- i. Corrective shoes and orthotic devices for podiatric use and arch supports.
- ii. Dental devices and appliances except that Medically Necessary treatment of cleft lip or cleft palate for newborn Members is covered when prescribed by a Plan Physician, unless the Member is covered for these Services under a dental insurance policy or contract.
- iii. Experimental and research braces.
- iv. More than one orthotic device for the same part of the body, except for covered replacements; spare devices or alternate use devices.
- v. Replacement of lost orthotic devices.
- vi. Repairs, adjustments or replacements necessitated by misuse.

OXYG0AA

### **OXYGEN AND OXYGEN EQUIPMENT**

Oxygen and oxygen dispensing equipment used in the Member's home (including an institution used as his or her home) is covered in the Service Area as shown on the "Summary Chart."

Oxygen refills are covered when a Member is temporarily traveling outside the Service Area, if the Member has an existing oxygen order and obtains refills from Health Plan's designated oxygen vendor.

OXYG0AA (01-08)

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Denver/Boulder

### **PRESCRIPTION DRUG BENEFIT (HSA-Qualified Deductible HMO Plan)**

**NOTE:** When used in this Evidence of Coverage or Membership Agreement, the term "preferred" refers to drugs that are included on the Health Plan Drug Formularies. The term "non-preferred" refers to drugs that are not included on the Health Plan Drug Formularies.

Please refer to the "Summary Chart" in this booklet for the specific Copayments, Coinsurance, Deductible and supply limits that apply to the covered prescription drugs described below.

1. Coverage:

Prescribed covered drugs are provided at the applicable prescription drug Copayment or Coinsurance for each tier of drug coverage. This may include a preferred generic drug tier; a tier for preferred brand-name drugs or medications not having a generic or a generic equivalent; and a tier for prescribed non-preferred drugs authorized through the non-preferred drug process.

In any calendar year, you must pay full Charges for prescription drugs until you meet your Deductible. After you meet your Deductible you pay the applicable Copayment or Coinsurance for prescription drugs for the rest of the calendar year. Your cost share is subject to the Annual Out-of-Pocket Maximum.

Prescribed supplies and accessories include, but may not be limited to:

- a. Home glucose monitoring supplies.
- b. Glucose test strips.
- c. Acetone test tablets.
- d. Nitrate urine test strips for pediatric patients.
- e. Disposable syringes for the administration of insulin.

Such items are provided when obtained at Plan Pharmacies or from sources designated by Health Plan.

Prescribed specialty drugs, including self-administered injectable drugs, are provided at the specialty drug Coinsurance.

Contraceptive drugs and devices are provided at the brand-name Copayment.

For each maintenance drug, the amount covered will not be more than the day supply limit. For each non-maintenance drug, the amount covered will be the lesser of the quantity prescribed or the day supply limit. Certain drugs have a significant potential for waste and diversion. Those drugs will be provided for up to a 30-day supply. Any amount you receive that exceeds the day supply will not be covered. If you receive more than the day supply limit, you will be charged as a non-Member for any prescribed amount exceeding the limit. Each prescription refill is provided on the same basis as the original prescription. Kaiser Permanente may, in its sole discretion, establish quantity limits for specific prescription drugs.

Generic drugs:

- a. Available in the United States only from a single manufacturer; and
- b. Not listed as generic in the then-current commercially available drug database(s) Health Plan subscribes to; are provided at the brand-name Copayment and day supply for maintenance drugs or up to the day supply for non-maintenance drugs.

If requested, refills will be mailed up to the mail-order day supply through Kaiser Permanente's mail-order prescription service. Certain drugs with a significant potential for waste and diversion are not available by mail-order service. Refills will be mailed by First-Class U.S. Mail with no charge for postage and handling. For information regarding our mail-order prescription service and specialty drugs not available by mail order, please contact **Member Services** at **303-338-3800** or toll-free at **1-800-632-9700** or TTY **1-800-521-4874**.

Prescription drugs are covered only when prescribed by a:

- a. Plan Physician; or
  - b. Physician to whom a Member has been referred by a Plan Physician; or
  - c. Dentist (when prescribed for acute conditions); and
- are obtained at Plan Pharmacies.

Covered drugs include:

- a. Drugs for which a prescription is required by law. Plan Pharmacies may substitute a generic equivalent for a brand-name drug unless prohibited by the Plan Physician. If a Member requests a brand-name drug when a generic equivalent drug is the preferred product, the Member must pay the brand-name Copayment, plus any difference in price between the preferred generic equivalent drug prescribed or authorized by the Plan Physician and the requested brand-name drug. If the brand-name drug is prescribed due to Medical Necessity, the Member pays only the brand-name Copayment.
- b. Insulin.
- c. Compounded medications as long as they are on the compounding formulary.

2. Drugs, Supplies and Supplements Exclusions:

- a. Prescription drugs necessary for Services excluded in the Evidence of Coverage or Membership Agreement.
- b. Non-preferred drugs, except those prescribed and authorized through the non-preferred drug process.
- c. Drugs and injections for treatment of sexual dysfunction.
- d. Drugs or injections for treatment of involuntary infertility.
- e. Drugs to shorten the length of the common cold.
- f. Drugs to enhance athletic performance.
- g. Drugs available over the counter and by prescription for the same strength.
- h. Drugs for the treatment of weight control.
- i. Any prescription drug packaging except the dispensing pharmacy's standard packaging.
- j. Replacement of prescription drugs for any reason. This includes spilled, lost, damaged or stolen prescriptions.
- k. Unless approved by Health Plan, drugs:
  - i. Not approved by the FDA; and
  - ii. Not in general use as of March 1 of the year prior to your effective date or last renewal.

RX0AE (01-11)

TABS0AA

### **ELECTIVE ABORTION EXCLUSION**

Voluntary, elective abortions and any associated Services, drugs or supplies are specifically excluded, with the exception of:

- 1. Coverage when an abortion is Medically Necessary for the preservation of the life or health of the mother if the pregnancy continues to term, or
- 2. Coverage when the pregnancy is the result of an act of rape or incest, or
- 3. Treatment of complications following an abortion.

TABS0AA (01-08)

PV0AA

**PREVENTIVE SERVICES RIDER**

Preventive care services, as defined under the Patient Protection and Affordable Care Act, are provided at no charge including those shown on the “Summary Chart” when prescribed by a Plan Physician.

PV0AA (10-10)