

Leadership Development Program (LDP)
1800 Grant Street, Rooms 501-503
Denver, CO

April 14, 2016
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Understanding Adaptive Leadership

Learning Objectives

- Discuss the qualities of an effective team.
- Distinguish between different adaptive leadership styles.
- Identify the role of stress in shaping team dynamics.
- Discuss some of the strategies that can be employed to deal with adaptive challenges.

Agenda

Time	Activity
8:15 – 8:30	Registration, Networking, and Continental Breakfast
8:30 – 9:00	Review Assignment
9:00 – 12:15	Topic: Understanding Adaptive Leadership Facilitator: Allan Wallis, Associate Professor, University of Colorado Denver, School of Public Affairs
12:15 – 12:30	Closing and assignment

LDP website: <http://www.cu.edu/employee-services/leadership/ldp>
[Driving and Parking Directions](#)

Assignment from March session

Readings – *HBR: On Managing Yourself*

Optional reading: “What to Ask the Person in the Mirror” by Robert S. Kaplan, pgs. 147-167

Required reading: “Primal Leadership” by Daniel Goleman, Richard Boyatzis, and Annie McKee pgs. 169-188.

Application Tool – Review the online resources for the Thomas Kilman Conflict Mode Instrument. Consider how your conflict style may help or hurt your ability to deal with difficult situations. <https://www.cpp.com/products/tki/index.aspx>

Journal Exercise – Record the different opportunities you had this past month to use reframing when defining a situation that could lead to a conflict. Reflect on how it went. Did it go well? How could you have done better? Be prepared to select one situation to share with the LDP cohort in April.