

7 HABITS OF HIGHLY EFFECTIVE PEOPLE

COMMUNITY OF PRACTICE, SESSION #8

HABIT 7: SHARPEN THE SAW

DATE: MAY 20TH, 2015

FACILITATOR: BRYNN SHADER

HABIT 6 HOMEWORK

Choose a current disagreement you are having either in your work or personal life. Go through each of the 5 habits we've covered and answer the following questions:

- **Am I integrating this habit into the situation?**
- **What would change if I focused on instilling this habit into my approach?**



HABIT 7: SHARPEN THE SAW

Agenda

- **The 4 Dimensions**
 - Daily Private Victory
- **The Upward Spiral**
- **Wrap Up**
- **Big Picture**
- **Homework**

THE FOUR DIMENSIONS

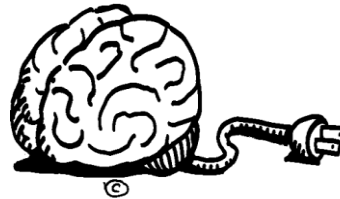
Physical (Habit 1)



Spiritual (Habit 2)



Mental (Habit 2, 3)



**Social/Emotional
(Habit 4, 5,6)**



WHAT IS RENEWAL?

Renewal

Noun re·new·al \ri-'nü-əl

: the act of extending the period of time when something is effective or valid : the act of renewing something

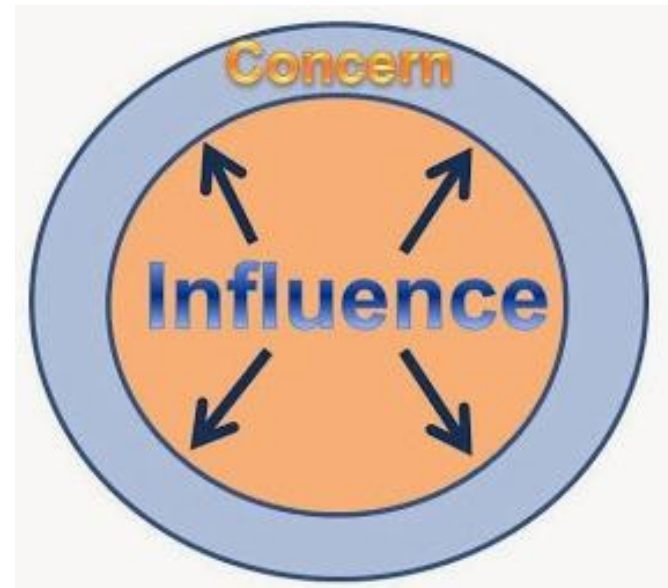
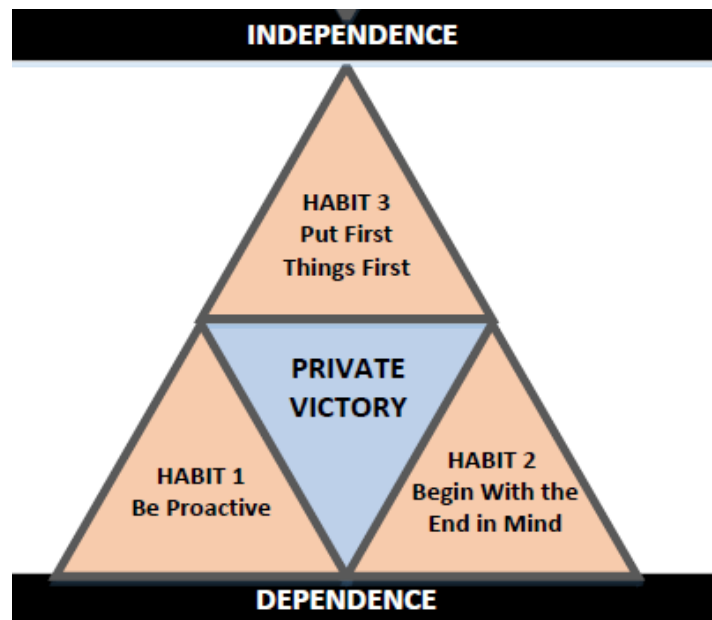
: the state of being made new, fresh, or strong again : the state of being renewed



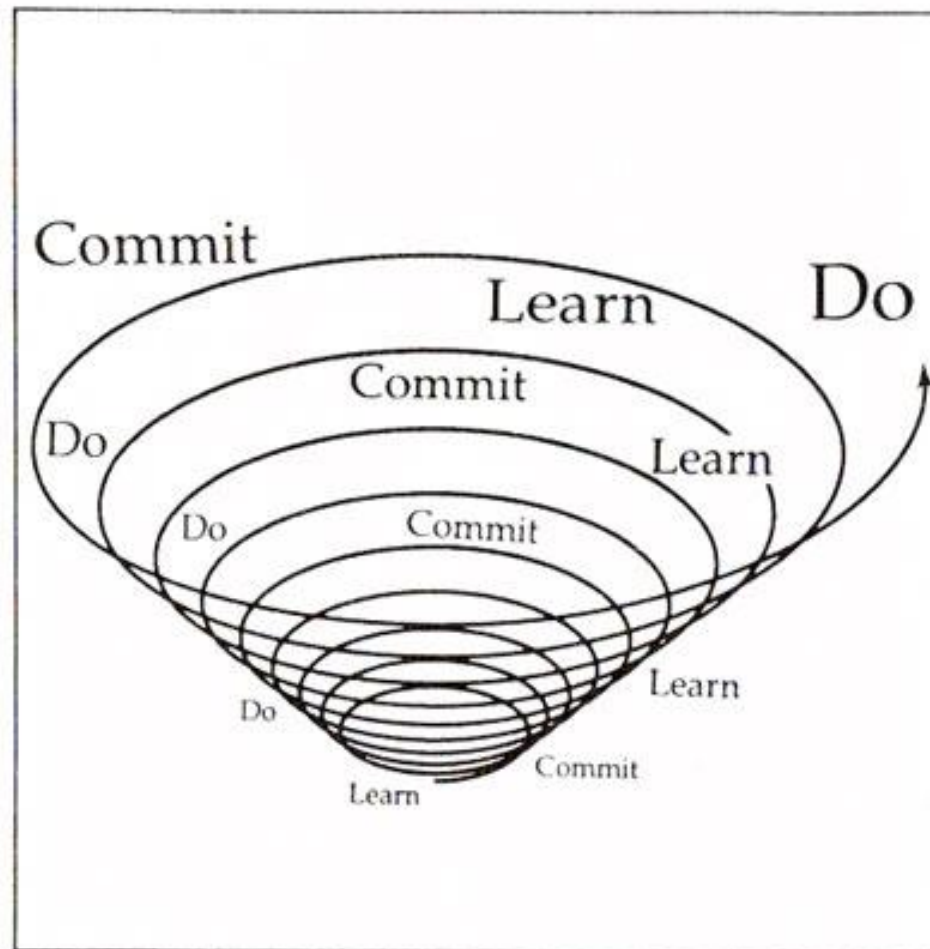
DAILY PRIVATE VICTORY

Minimum of one hour a day of renewal in 4 dimensions

- Foundation for Daily Public Victory (at the top of the circle)
- Completely within your Circle of Influence

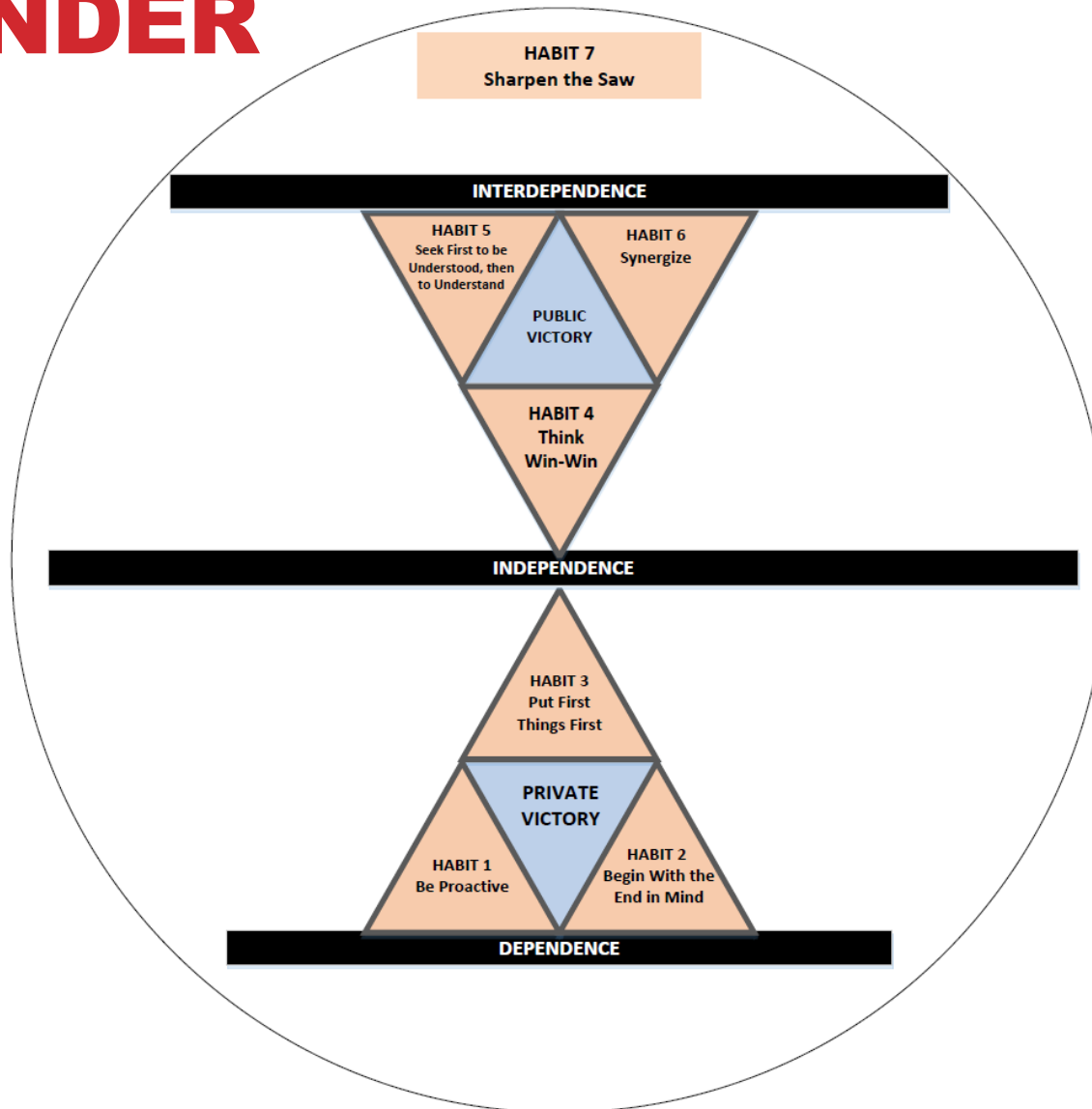


THE UPWARD SPIRAL



THE UPWARD SPIRAL

BIG PICTURE REMINDER



HOMEWORK

- 1. Read “Inside Out Again”**