9 Most Common Human Challenges	Existing Paradigm	Possible Paradigm Shifts
Fear and Insecurity (Fear of Change)	If I make a mistake, I'm afraid I'll lose my job.	Mistakes are opportunities for learning.
"I Want it Now"		
Blame and Victimization		
Hopelessness		
Lack of Life Balance		
"What's in it for Me?"		
The Hunger to Be Understood		
Conflict and Differences		
Personal Stagnation		

"Sow a thought, reap an action; sow an action, reap a habit; sow a habit, reap a character; sow a character, reap a destiny."

The way we see the problem is the problem.

"The significant problems we face today cannot be solved at the same level of thinking we were at when we created them." —Albert Einstein