Staff Perks and Benefits

The University of Colorado makes a substantial investment in benefits such as health and dental insurance, vacation, and retirement plans. Along with these traditional benefits, another advantage of working for the University is access to a wealth of resources, opportunities, and services for your personal and professional enrichment.

All Campuses

Benefits of Employment

- **Public Student Loan Forgiveness** [2]
  - Managing student debt? As a CU employee, you may qualify for Public Service Loan Forgiveness—a program that rewards college graduates who work in the public sector.
- **Employee Services** [3]
  - Employee Services strives to make that workforce stronger, healthier and more secure. They provide a holistic approach to better serve and satisfy our employees through many different programs.
- **Benefits and Wellness** [4]
  - All the information for CU benefits eligible employees is found here.
- **Payroll** [5]
  - The University of Colorado’s Payroll Department works to ensure all employees are paid correctly and on time. This is completed through a team that continually works toward assisting employees and department payroll representatives.
- **State of Colorado Benefits Hub** [6]
  - Every employee in our CU system has automatic access to the State of Colorado Benefits Hub. Check it out and start taking advantage of amazing savings and special offers on everything from shopping, dining, sporting events, concerts and theme parks to movies, car rentals and cell phone plans, just to name a few.

Career Development Resources

- **Career Advancement and Learning** [7]
  - CU offers a wide variety of learning options to enhance your ability to do your jobs or expand your career. Professional development opportunities are available to
you, with on-campus and online options.

- **Skillsoft** [8]
  - Use Skillsoft for required online training, instructor-led training courses or choose from more than 25,500 titles in Skillsoft Books. The best part: Courses and books are available on your computer so you can learn at your own pace when it’s convenient for you.

- **Lynda.com** [9]
  - Lynda.com provides an online library of nearly 5,000 instructional videos covering the latest software, creative and business skills. Taught by accomplished instructors and recognized industry experts, Lynda.com is an easy-to-use resource for CU faculty and staff looking to develop skills such as Microsoft Office, Adobe Creative Suite, HTML coding.

- **Tuition Assistance Benefit** [10]
  - CU provides tuition assistance to qualified employees and dependents. The Tuition Assistance Benefit can be used by you, the employee, or you may transfer it to your dependent(s).

- **Request or Download Posters or Fliers** [11]
  - Download Skillsoft and Lynda.com resources or request materials via campus mail.

**CU Boulder**

**Staff Council**

- **Boulder Staff Council website** [12]
- Committees for staff to volunteer and get involved (or to provide feedback):
  - Awards & Staff Recognition [13]
  - Blood Drive Committee [14]
  - Communications Committee [15]
  - Elections Committee [16]
  - Outreach & Events Committee [17]
  - Payroll, Benefits, Retirement and Legislative (PBRL) [18]

**Career Development Resources**

- **Campuswide Training Programs** [19]
  - The campus-wide training program list provides an overview of trainings offered by departments across campus. Some departments may have specific criteria to participate in programs. For more information about these programs, contact the department listed.

- **My CU Info** [20]
  - From the CU Resources landing page select the Skillsoft tab → Select CU Boulder → Choose from over 100 online trainings ranging from Active Shooter Awareness to FERPA for Faculty.

- **Financial Advisors** [21]
  - For employees with a 401 account with TIAA, TIAA will provide free financial counseling services about retirement planning.
Housing Guidance

- **Faculty Housing Assistance Program** [22]
  - The Faculty Housing Assistance Program is a need-based program designed to:
    - Attract and retain faculty by improving the affordability of their primary residence.
    - Provide support for new faculty who have very limited access to cost-effective financial capital resources.
    - Offer financial housing assistance to tenure and tenure-track faculty from all campuses of the University of Colorado

- **Information about home buying** [23], **renting** [24], or **Faculty Court Apartments** [25]
  - Colorado’s beauty and economic growth has made it a desirable location to live. The cost of living in Colorado is higher than average, and the housing market is dynamic. We encourage you to learn more about living in Colorado.

Childcare

- **Children’s Center** [26]
  - CU Children’s Center provides high quality programs for children of families that are affiliated with the university.

- **Childcare** [27]
  - State of Colorado Childcare search.

Professional Development Groups

- **Tuition Assistance Benefit** [28]
  - CU provides qualified employees and dependents with tuition assistance for up to 9 credit hours per academic year and offer dependents of CU Boulder employees a 30 percent discount.

Health and Wellness

- **Organizational Development** [29]
  - Organizational Development resources for teams: Human Resources can assist you with a variety of organizational development needs. Our Office for Organizational and Employee Development, in addition to organizational development specialists throughout CU Boulder Human Resources can assist you with a wide range of organizational development endeavors.

- **Be Colorado** [30]
  - Links to Real Help Hotline, nutrition discounts, Silver Sneakers, and other wellness programs.

- **Faculty & Staff Assistance Program** [31]
  - The Faculty & Staff Assistance Program is dedicated to serving the emotional and psychological needs of the campus community. All FSAP staff are trained as generalist counselors and are equipped to deal with a wide range of personal and
work related issues. You must be a CU Boulder employee to use FSAP services, and services are free to all CU Boulder faculty and staff members.

- **State Employee Assistance Program** [32]
  - 6 hours of no cost annual counseling through the Colorado State Employee Assistance Program.

- **Ombudsman Office** [33]
  - Our office serves as a good place to surface, voice, discuss and clarify university-related concerns. We listen without judgment, help people untangle issues, develop options and strategize. We provide an impartial perspective and maintain what is shared with us in strictest confidence. Visitors to our office choose their path of resolution.

- **CU Rec Center** [34]
  - CU Rec Center on campus provides discounted memberships to employees ($48.09 monthly) and their spouses/dependents.

### Professional Development Grants

- **Office of the Provost and the Research & Innovation Office** [35]
  - The Office of the Provost and the Research & Innovation Office are pleased to announce approximately $1 million is available to stimulate new and exciting areas of research and creative activity with high impact and return on investment potential.

- **Office of Contracts and Grants (OCG)** [36]
  - The Office of Contracts and Grants (OCG) works in partnership with CU Boulder's faculty and staff to prepare and submit proposals, including budgets, for external research funding.

- **Office for Outreach and Engagement** [37]
  - The Office for Outreach and Engagement community impact grants support projects that connect with external constituents and align with our office’s strategic initiatives.

### For Students

- **Counseling** [38]
  - We offer confidential, on-campus mental health and psychiatric services for a variety of concerns such as academics, anxiety, body image, depression, relationships, substance use and more.

- **Office of Victim Assistance** [39]
  - The Office of Victim Assistance (OVA) works towards a safer, more socially just and supportive campus community by providing culturally relevant trauma response and prevention services.

- **Health Promotion** [40]
  - Health Promotion provides outreach and education on a variety of health topics. We support students in learning skills to make informed decisions about their health to help them succeed while in school and beyond. Health Promotion collaborates with student groups and campus departments in providing programs and services that positively influence student health. Our workshops can be requested by student groups, residence halls and other campus organizations.
• **Legal Advice** [41]
  - For rental concerns only. For other legal matters, students should call Student Legal Services at 303-492-6813.

• **The Health and Wellness Initiative** [42]
  - The Health and Wellness Initiative is committed to improving the overall health and well-being of our students by increasing collaboration across the Division of Student Affairs and adapting services to better meet student needs.

**CU Denver | Anschutz**

**Staff Council**

• **CU Denver | Anschutz Staff Council website** [43]
  - Download the full, filterable table of Career Training and Professional Development Opportunities available to CU Denver | Anschutz employees to find exactly what you’re looking for.

**Career Development Resources**

• **Train and Retain** [45]
  - In July 2018, the University of Colorado Denver | Anschutz Medical Campus Staff Council started a 3-year Staff Council Train & Retain Initiative. The purpose of the initiative is to support, promote, and advocate for both training opportunities and retention efforts for current CU Denver | Anschutz employees.

• **CU Online?** [46]
  - CU Online has a number of upcoming trainings, from Canvas Basics to Myths & Theories Online Learning.

• **Health Sciences Library** [47]
  - The Health Sciences Library offers a number of courses on topics such as EndNote, PubMed, and Copyright & Fair Use.

**Campus Specific Events**

• **Events** [48]
  - Various events being held for employees at CU Anschutz Medical campus.

**Campus Specific Policies and Departments**

• **Facilities** [49]
  - The Facilities Management is dedicated to promoting the university mission of education, research, patient care and community service by supporting the Facilities Projects process, managing and maintaining Facilities Operations Programs, providing a safe physical environment and enhancing the quality of life of a diverse campus culture.

• **Finance** [50]
  - The Finance Office is responsible for all University of Colorado Denver accounting
and financial functions which include but are not limited to:
- the maintenance of financial systems
- reporting of financial information
- capital construction accounting
- reconciliations between the general ledger and related subsystems (e.g. CU-SYS)
- accounting feed/interface with the State's accounting system
- providing accounting support to various campus departments
- internal reviews
- interpretation/compliance of state, federal, and university fiscal rules

- **Human Resources** [51]
  - The Human Resources department at the University of Colorado Denver | Anschutz Medical Campus is committed to providing extraordinary service to more than 11,200 faculty and staff members critical to the University's success in teaching, research, community service and clinical care. University of Colorado Denver | Anschutz Medical Campus is committed to diversity and equality in education and employment.

- **Office of Information Technology** [52]
  - This group offers support for all technologies CU Denver and Anschutz provides employees.

- **Office of Institutional Research and Effectiveness** [53]
  - We are the institutional research unit for the University of Colorado Denver and the University of Colorado Anschutz Medical Campus. Our mission is to provide educational, administrative, institutional, and related information to enhance knowledge-driven decision making among leadership, academic departments, administrative units, and student service areas.

- **Ombuds** [54]
  - The Ombuds Office is a safe, confidential, and nonbiased resource that members of the University of Colorado-Denver can approach to discuss, voice, and clarify any university-related concerns. We are a neutral third-party resource that is available to hear individual complaints and help sort out and identify options for resolving those concerns.

- **University Communications (Denver campus)** [55]
  - University Communications welcomes faculty, staff and student organizations to submit the following items for consideration:
    - Story ideas or completed articles
    - News items for external media
    - Links to published articles
    - Event postings
    - Social media posts

- **University Police** [56]
  - Emergencies and non-emergencies.

**Health and Wellness**

- **Anschutz Health and Wellness Center** [57]
  - The CU Anschutz Health and Wellness Center is a hub for of innovation and
collaboration among top practitioners, researchers and physicians.

- **Student Wellness Center-Denver** [58]
  - The Lola & Rob Salazar Student Wellness Center is now open and enrolling new members. First-time members must sign up in person to access the facilities. Drop by and start your wellness journey today!

**Diversity, Inclusion and Equity**

- **Office of Equity** [59]
  - This office offers training and resources on sexual misconduct, discrimination and harassment, affirmative actions and many other topics.
- **Staff Inclusive Excellence Committee** [60]
  - The Staff Inclusive Excellence Committee (SIEC) is an ad hoc committee of the CU Denver | Anschutz Staff Council, created in 2018.
- **Anschutz Inclusivity Alliance** [61]
  - The Anschutz Inclusivity Alliance promotes cultural humility on the Anschutz Campus by embracing our differences and creating richness in all of our lives.

**UCCS**

**Staff Council**

- **UCCS Staff Council website** [82]

**Faculty and Staff Resources**

- **Employees: Faculty and Staff** [63]
  - Resources for faculty and staff including quick links, academics, services and tools.
- **Alumni Page** [64]
  - Resources for alumni and student including links to benefits.
- **myUCCS Portal** [65]
  - Sign in to the UCCS portal.
- **UCCS Faculty and Staff Email List** [66]
  - UCCS Faculty and Staff Email list Authorization.
- **UCCS University Advancement** [67]
  - UCCS University Advancement is comprised of the following offices: Office of the Vice, Chancellor, Alumni Relations, Development, Marketing, and University Communications and Media Relations.
- **UCCS Bookstore** [88]
  - Resources to the UCCS bookstore online platform.
- **UCCS Copycenter** [69]
  - The best place for all UCCS copy and print needs.
- **UCCS Ombuds Program** [70]
  - Offers students and employees informal assistance in resolving disputes or confusion in a neutral environment where they can openly discuss individual or broader issues without having those concerns shared without their consent.
Public Safety

- **Campus Safety and Security Report and Fire Safety Report** [71]
  - Crimes that were reported on campus, in off-campus buildings or on property owned or controlled by the school, and public property within or immediately adjacent to campus.

- **Emergency Procedures** [72]
  - This guide provides general information on how to respond to a number of different incidents which could occur on campus.

- **Parking** [73]
  - Responsible for the campus parking program to include: issuance of permits to students, staff and faculty; visitor parking; handicapped parking; issuance of parking citations; and administration of the campus "Lost and Found" program.

Information Technology

- **UCCS Information Technology** [74]
  - The Office of Information Technology is happy to assist you with all of your computing, networking and telecommunications needs.

System

Staff Council

- **System Staff Council website** [75]

Career Development Resources

- **System Employee Resources** [76]
  - One stop shop for all resources related to being employed at CU System.

- **CU at the Top** [77]
  - CU at the Top is a self-paced, personal and professional development program for System Administration employees. The program shows you ways to take your personal and professional growth to new heights. A series of pathways guide your progress. Focused on a specific skillset, each pathway provides classes, workshops, resources, experiences and more to serve as mile-markers in pursuit of your goals.

Campus Specific

- **Student employment** [78]
  - Your academic success is our priority. See how we support that aim and learn how to get started.

- **Verify your employment** [79]
  - Obtain proof that you’re a CU employee.
• **Time off** [80]
  ○ See our time off page to learn about holidays, vacation and sick leave.
• **Jury duty** [81]
  ○ Find out what to do when you get a summons.
• **Weather closures** [82]
  ○ Learn about the decision process for closings and delays and how you’ll be notified.
• **Performance reviews** [83]
  ○ Annuals reviews are your opportunity to create a plan for your career goals.
• **Leaving CU** [84]
  ○ Important considerations.

**Work Life balance**

• **Flexible Work Arrangement** [85]
  ○ Looking for a flexible work arrangement? We’re here to support your needs.
• **Family Medical Leave** [86]
  ○ If a major life event requires extended time off, family medical leave can help.
• **Workers’ Compensation** [87]
  ○ If you’re injured at work, there are resources available to you.
• **Employee Assistance Programs** [88]
  ○ As a CU employee, we have resources for your work life and your personal life.
• **Parental Leave for System Administration** [89]
  ○ Spend time with your growing family. CU offers eligible employees guaranteed paid parental leave.

Would you like a resource added? Email: ucsccu.edu [90]

**Groups audience:**
University of Colorado Staff Council

**Source URL:** https://www.cu.edu/ucsc/resources

**Links**
[1] https://www.cu.edu/ucsc/resources
[3] https://www.cu.edu/employee-services
[9] https://www.cu.edu/employee-services/lyndacom
[10] https://www.cu.edu/employee-services/tuition-waiver-benefit
[12] https://www.colorado.edu/staffcouncil/
[14] https://www.colorado.edu/staffcouncil/committees/blood-drive-committee
[15] https://www.colorado.edu/staffcouncil/committees/communications-committee
[16] https://www.colorado.edu/staffcouncil/committees/elections-committee
[17] https://www.colorado.edu/staffcouncil/committees/outreach-events-committee