# **Diversity Inclusion & Outreach Committee** [1]

DIO's goal is to create opportunities for connection and belonging within and outside of the CU System Administration.

### Vision

We give University System employees opportunities to interact with and support the local community through fundraising, donations and volunteer activities. We are advocates for increased understanding and respoect of our diverse communities and culture within the CU System Administration.

**Committee Members:** Heather Thorwald (Co-Chair), Turner Rafter (Co-Chair), Kayle Lingo, Kristen Parker, Elisha Garza, Amanda Gordon, Jennifer D'Angelo

- View the DEI Calendar [2]
- View the Diversity, Equity, & Inclusion Glossary [3]

### **Diversity Events**

Our future event information will be posted here! Stay tuned.

#### Inclusion

- 1. Read & sign CU's [4]Inclusivity pledge [4]
- 2. Why pronouns matter [5] & how to be an ally [6]. **To share or not to share?** If you are comfortable doing so, sharing pronouns normalizes inclusive practice. It is not recommended to *require* people to share their pronouns because some people may not be ready to share.
- 3. Understand <u>racial microaggressions</u> [7] and the messages they send. Compiled by the University of Minnesota, please take a few minutes to review.
- 4. LGBTQ resources [8] at CU Employee Services
- 5. 2021 Colorado Equal Pay Act [9] CU Campuses prepare for Compliance [10]. CU System HR Equal Pay Summary slides here [11].

#### **Outreach**

Explore how CU serves Colorado [12] and annual focus

March-April: Spring Clean & donate

- May: Dumb Friends League Furry Scurry [13] (with SSC Health & Wellness Committee)
- June: CU Pride [14]
- June: Bike to Work Day [15] (with SSC Health & Wellness Committee)
- June-Aug: School supply drive (physical items & code to buy virtually)
- Sept-Oct: Coat Drive
- Nov-Dec: Winter Holiday Drive

To help address food insecurities in communities across the metro area, the <u>YMCA Beyond Hunger program</u> [16] provides bags a variety of fresh fruits, vegetables, proteins, dairy, and grains to help people in need. Check locations and times. Sign up to reserve and pick-up. It is first come, first serve. Pick up is curb side / drive through.

- Spring Clean ideas for those items you love and don't use. Consider donating them. A
  second life is better than a trash fill.
  - 1. The Doe Fund [17]: Business Attire & your personal technology.
  - 2. Ronald McDonald house [18]: Office supplies, Kitchen items, Laundry room items (dryer sheets, detergent), Individually wrapped snacks, Gift cards you no longer want/need/use
  - 3. <u>Denver Rescue Mission</u> [19]: Small furniture (not damaged), Clothing, Household items, Kitchen appliances & dishware, Non-perishable food.
  - 4. Clothes to Kids Denver [20]: donate new or gently used clothes.
  - 5. <u>School supplies and clothes</u> [21] (lists multiple organizations) for Denver Public Schools.
  - 6. Coats for Colorado [22] accepting all sizes.

Please consider making a difference locally and help a local organization like the non-profits below:

- Colorado Combined Campaign [23] runs annually from Oct Feb. Resource Guide [24]. Go to iPledge and give [25] monthly or a lump sum.
- Florence Crittenton [26] empowers teen mothers. This was part of our 2020-2021 Winter Holiday Drive. Learn how you can connect, volunteer or give.
- <u>Dumb Friends League</u> [27] (animal shelter): give a <u>tribute</u> [28], <u>supplies</u> [29] (ex: old towels, shoeboxes, water bottle caps and cardboard egg cartons...), even <u>money</u> [30] or a <u>vehicle</u> [31].
- Find a great non-profit [32] that motivates you.

### **CU Resources: Training & Learning**

- 1. <u>CU at the Top: Diversity and Inclusion [33]</u> (you can browse or formally begin by completing an agreement form with your supervisor)
  - Understand and implement strategies for inclusion.
  - Uncover components of your own biases and perceptions.
  - Gain insight into other identities and experiences that are different from your own.
- 2. CU Denver: <u>Center for Identity & Inclusion</u> [34]. Services, Virtual drop-in chat sessions, programs, resources, & events.

#### 3. CU Boulder

- Learn about Inclusivity [35] from their Center for Teaching and Learning
- Self-Paced Anti-Racism Course [36]on Canvas
- Anti-Racism [37]on Coursera
- Anti-Racism Resources [38] (read, watch, listen, act, teach, & reflect) from their University Libraries
- Learn about Campus Actions to Enable Change [39], addressing systematic racism at the Office of Diversity, Equity & Community Engagement (ODECE)
- More ongoing Teaching-Learning events [40]
- 4. eCornell offers free webinars [41] on a wide variety of topics, grouped by theme

## We'd love to hear from you!

Please use the button below to email a comment, question, or suggestion to the Outreach Committee.

Send us your feedback [42]

Source URL:https://www.cu.edu/ssc/dio

#### Links

- [1] https://www.cu.edu/ssc/dio [2] https://www.cu.edu/dei/programs-and-events/dei-calendar
- [3] https://www.cu.edu/ssc/dio/glossary [4] https://www.cu.edu/inclusive/read-and-sign-cu-inclusivitypledge [5] https://www.mypronouns.org/what-and-why
- [6] https://www.colorado.edu/staffcouncil/2021/01/11/be-ally-5-easy-ways-normalize-pronoun-usage
- [7] https://sph.umn.edu/site/docs/hewg/microaggressions.pdf [8] https://www.cu.edu/employeeservices/collaborative-hr-services/cu-system-administration/employee-resources/lgbtg

- [9] https://leg.colorado.gov/bills/sb19-085 [10] https://www.colorado.edu/hr/colorado-equal-pay-act
- [11] https://www.cu.edu/doc/equalpay-summary-ssc-11421pdf [12] http://cuforcolorado.cu.edu/
- [13] https://www.ddfl.org/events/furry-scurry/ [14] https://www.cu.edu/pride [15] https://biketoworkday.us/
- [16] https://www.denverymca.org/programs/uplifting-community/beyond-hunger#close
- [17] https://www.doe.org/get-involved/ways-to-give/ [18] https://rmhc-denver.org/wishlist/
- [19] https://denverrescuemission.org/ways-to-give/give-items/ [20] http://clothestokidsdenver.org/
- [21] https://clothestokidsdenver.org/ [22] https://coatsforcolorado.org/
- [23] https://www.coloradocombinedcampaign.org/

https://www.coloradocombinedcampaign.org/uploads/2/8/4/0/28407717/ccc guide 2020 final for web 092520.pdf

[25] https://ipledgeonline.org/\_coloradocombinedcampaign/ [26] https://flocritco.org/ [27]

https://www.ddfl.org/ [28] https://www.ddfl.org/give-a-tribute/ [29] http://www.ddfl.org/supplies/

https://secure2.convio.net/ddfl/site/Donation2?df\_id=12282&mfc\_pref=T&12282.donation=form1&s\_s [31] https://www.ddfl.org/donate-your-vehicle/? ga=2.135274361.973640696.1611367408-

2076151306.1611367408 [32] https://greatnonprofits.org/city/denver/CO/ [33] https://www.cu.edu/docs/cu-

top-diversity-and-inclusive-excellence-checklist [34] https://www.ucdenver.edu/offices/diversity-and-

inclusion/our-offices/center-for-identity-inclusion [35] https://www.colorado.edu/center/teaching-

learning/inclusivity [36] https://canvas.colorado.edu/enroll/MAPBED

- [37] https://www.coursera.org/learn/antiracism-1
- [38] https://libguides.colorado.edu/c.php?g=1045860&p=7589024
- [39] https://www.colorado.edu/odece/campus-actions [40] https://www.colorado.edu/center/teachinglearning/events

[41] https://ecornell.cornell.edu/keynotes/ [42] mailto:ssc-outreach@cu.edu