

Password Management ^[1]

A strong password can protect against cyberattacks.

CU System employees are required to reset their username and password every 180 days with a new minimum password length of 12 characters.

Employees can reset their password themselves following these [self-service password instructions](#) ^[2]. If you experience any issues, contact the UIS Service Desk at 303-860-4357 (HELP) .

Passwords must have:

- At least one uppercase letter
- At least one lowercase letter
- At least one numeral
- At least one special character
- At least 12 characters in length
- Cannot be one of your previous passwords

Follow these [password creation tips](#) ^[3] to maximize your protection against cybercrime.

Locked out? [Recover your password](#) ^[2] to regain access to your account.

Resetting a CIW Password?

You can reset your password by following the [step-by-step instructions](#) ^[4].

If you encounter issues with resetting your CIW password, please contact access@cu.edu ^[5].

Groups audience:

University Information Services

Right Sidebar:

UIS - Campus Help Desks

Source URL:<https://www.cu.edu/passwords>

Links

[1] <https://www.cu.edu/passwords> [2] [https://www.cu.edu/docs/how-reset-your-cu-system-account-](https://www.cu.edu/docs/how-reset-your-cu-system-account-password)

[password](https://www.cu.edu/blog/tech-tips/step-your-password%E2%80%99s-strength) [3] <https://www.cu.edu/blog/tech-tips/step-your-password%E2%80%99s-strength>

[4] <https://www.cu.edu/docs/resetting-your-ciw-password>

[5] <mailto:access@cu.edu?subject=CIW%20Password%20Reset>