Focus on CU Faculty [1]

March 2019

March 2019 (view all) [2]

- CU Boulder: Cooking a roast dinner makes your home as polluted as inner city London [3]
- CU Denver: Aging African-Americans are hit with a double-whammy: health and financial troubles [5]
- CU Anschutz: ‘Every 30 seconds another alarm is going off’: Neonatal ICUs can take their toll on parents [6]

February 2019

February (view all) [7]

- CU Boulder: NASA opens the door to commercial moon landing, including two Colorado companies [8]
- CU Colorado Springs: Counselor weighs in on why homeless refuse to go to shelters even on extremely cold nights [9]
- CU Denver: A deepfake explained [10]
- CU Anschutz: Yes, it’s trendy right now — but what exactly is self-care? [11]

January 2019

January (view all) [12]

- CU Boulder: Radio stations are banning ‘Baby, It’s Cold Outside’ for its questionable language, but a historian says it was once a feminist anthem [13]
- CU Colorado Springs: Fruit fly brain cells give CC, UCCS researchers insight into neurological disorders [14]
- CU Denver: Gentrification is changing the essence of 29th and Colorado [15]
- CU Anschutz: Susan Potter knew in exquisite and grisly detail what was going to happen to her body after death [16]
December (view all) [17]
- CU Boulder: CU Boulder professor links brain’s expectations and pain sensation [18]
- CU Colorado Springs: Obsession or addiction? Fortnite is what's on kids’ minds [19]
- CU Denver: Seattle police return artifacts found at estate sale to Mexican government [20]
- CU Anschutz: Experts detail proposals to improve clinician well-being [21]

November 2018

November (view all) [22]
- CU Boulder: CU prof to zero in on zombie love [23]
- CU Colorado Springs: Colorado Springs science festival shoots for making learning and exploring cool for all ages [24]
- CU Denver: Dispatches from the mobile ad fraud battlefield [25]
- CU Anschutz Medical Campus: Here’s what you need to know about using marijuana while pregnant or breastfeeding [26]

October 2018

October (view all) [27]
- CU Boulder: Can Colorado burn its way out of a wildfire crisis? [28]
- CU Colorado Springs: A lack of confidence isn’t what’s holding back working women [29]
- CU Denver: Can science solve a music industry mystery? [30]
- CU Anschutz: The ‘three horsemen’ that could help cure Alzheimer’s [31]

September 2018

September (view all) [32]
- CU Boulder: Cyber-espionage is a whole new ballgame for spies and governments alike [33]
- CU Colorado Springs: Colorado Springs unemployment rate jumps to 3.6 percent [34]
- CU Anschutz: Pet owners are abusing their animals to get opioids, say vets [36]

August 2018

August (view all) [37]
- CU Boulder: Terraforming Mars might be impossible due to a lack of carbon dioxide [38]
- CU Colorado Springs: Colorado economists agree slowdown is coming, but not on when [39]
- CU Denver: Election takeaways: Colorado’s primaries show Democrats have momentum heading into November [40]
- CU Anschutz: New study reveals startling results for cancer patients who opt for natural remedies [41]
July 2018

July (view all) [42]

- CU Boulder: Long-standing mystery of universe’s hidden matter finally solved [43]
- CU Colorado Springs: Unaffiliated voters flex their muscle in 2018 Colorado primary election [44]
- CU Denver: New aluminum tariffs could hit beer drinkers [45]
- CU Anschutz: Summer means camping, grilling and fun around the fire pit, but … [46]

June 2018

June (view all) [47]

- CU Boulder: Asteroid impact that wiped out the dinosaurs also caused abrupt climate change [48]
- CU Colorado Springs: UCCS professor weighs in on President Trump canceling summit with North Korea [49]
- CU Denver: A Coloradan’s guide to surviving the end of the world [50]
- CU Anschutz: In elderly hands, firearms can be even deadlier [51]

May 2018

May (view all) [52]

- CU Boulder: Black holes head for collision as two galaxies merge in stunning butterfly formation [53]
- CU Colorado Springs: Captain Kirk beams down to UCCS [54]
- CU Denver: Can new forensic tech win war on AI-generated fake images? [55]
- CU Anschutz: Family caregivers finally get a break — and some coaching [56]

April 2018

April (view all) [57]

- CU Boulder: CU mathematician on Brackets: ‘You won’t make a perfect prediction,’ [58] CBS
- CU Colorado Springs: Conservative professors say they’re alone in a sea of liberals [59], CPR
- CU Denver: Denver author’s new children’s book is all about deportation [60], Denverite
- CU Anschutz: Many ER doctors underestimate how many opioids they prescribe [61], Pacific Standard

March 2018
March (view all) [62]
- CU Boulder: Scientists say everyday chemicals now rival cars as a source of air pollution [63]
- CU Colorado Springs: How to become less afraid of death [64]
- CU Denver: Getting beyond the science of attraction [65]
- CU Anschutz: Unconditional love: Having a dog can help your heart [66]

February 2018

February (view all) [67]
- CU Boulder: The super blue blood moon of 2018 may unlock secrets of the lunar surface [68]
- CU Colorado Springs: National radon action month declared in Colorado [69]
- CU Denver: After Denver hired homeless people to perform day labor, more than 100 landed regular jobs [70]
- CU Anschutz CU study: Medicaid expansion states were less likely to see hospitals close [71]

January 2018

January (view all) [72]
- CU Boulder: Hickenlooper picks CU professor for vacant Colorado Supreme Court seat [73]
- CU Colorado Springs: Colorado’s rapid growth sets stage for political war [74]
- CU Denver: Salazar Family Foundation gives $10 million to build CU Denver campus wellness center [75]
- CU Anschutz: Study explains how exercise can slow Parkinson’s disease [76]

December 2017

December (view all) [77]
- CU Boulder: CU game design class births survival quest featuring magic mushrooms, rabid raccoons and cannibalism [78]
- CU Colorado Springs: Old tensions come to life as medieval Spanish synagogue goes online [79]
- CU Denver: Think those slot homes in Denver are ugly? You’re not alone [80]
- CU Anschutz: For Native Americans, fighting diabetes means fighting the federal government for their fair share of health care funds [81]

November 2017

November (view all) [82]
- CU Boulder: Sloshing of Earth’s core may spike major earthquakes [83]
- CU Colorado Springs: Mike Ditka’s comments on anthem protests underscore larger, chilling effect
• CU Denver: Denver sensory garden planted to help special needs kids
• CU Anschutz: Newly approved shingles vaccine was developed at CU

October 2017

October (view all)

• CU Boulder: Could gardening lower your risk of cancer?
• UCCS: Turning a spotlight on tattoo regret
• CU Denver: A woman’s appearance affects her career
• CU Anschutz: Flu season outlook: Hospitals already seeing influenza cases

September 2017

September (view all)

• CU Boulder: Colorado’s long history — and uncertain present — with the KKK and other hate groups
• UCCS: This is how women today REALLY feel about getting naked
• CU Denver: How would a storm the size of Harvey impact Colorado?
• CU Anschutz: Many heart failure patients don’t recognize the risks of their illness

August 2017

August (view all)

• CU Boulder: Rising death rates for whites not the result of despair, CU study finds
• CU Colorado Springs: Colorado’s National Cybersecurity Center plans to serve and protect
• CU Denver: Wildfires are becoming more destructive: That’s not natural -- and it’s not climate change
• CU Anschutz Medical Campus: Despite serious opioid crisis, research on medical marijuana remains stifled by federal rules

July 2017

July (view all)

• CU Boulder: 8-year-old ponders existence of mermaids, receives detailed letter from CU scientist
• CU Colorado Springs: How Hermione Granger went from literary witch to powerful feminist symbol
• CU Denver: Houston’s trailer parks offer cheap housing in a pricey city, but with a catch
• CU Anschutz: National MS Society key in funding research, technology

June 2017
June (view all) [107]

- CU Boulder: When the lab rat is a snake [108]
- CU Colorado Springs: Program brings together students and playwrights on topic of violence [109]
- CU Denver: Denver’s hunger for housing is squeezing mobile home parks [110]
- CU Anschutz: The seven injuries doctors see most on summer weekend [111]

May 2017

May (view all) [112]

- CU Boulder: Inmates, students learn from each other in first CU Boulder course of its kind [113]
- CU Colorado Springs: Commissioner: What Colorado Springs lacks is a beer school [114]
- CU Denver: Measure to replace Columbus Day holiday advances [115]
- CU Anschutz Medical Campus: Colorado doctor researching antidotes for chemical weapons like ones used in Syria [116]

April 2017

April (view all) [117]

- CU Boulder prof explains how humor gets you ahead [118]
- UCCS notes steady job growth in the Springs [119]
- CU Denver researcher discusses why cyclists break the law [120]
- CU Anschutz experts explain why rural areas are in danger of a doctor shortage [121]

March 2017

March (view all) [122]

- CU Boulder astronomer discusses newly discovered alien worlds [123]
- UCCS prof says stars’ political speech has little effect [124]
- CU Denver professor chats about state’s political history [125]
- CU Anschutz study finds vaccinations could save state $35 million [128]

February 2017

February (view all) [127]

- CU Boulder researchers help save Arapaho language? [128]
- UCCS dining sets sights on sustainability [129]
CU Denver research finds high debt can kill you

CU Anschutz study aims for better oncology communication

January 2017

University of Colorado Boulder

Valerie McKenzie

Meet the colorful new weapon scientists are using to save toads

Valerie McKenzie’s hotel guests could only be described as extraordinarily high-maintenance. After all, the CU Boulder biologist was running a “toad hotel.” The fieldwork that McKenzie wrapped up in October has the potential to save billions of lives—amphibian lives, certainly, but possibly some human lives as well. Smithsonian, Dec. 15

A ‘Stonehenge’ and a mystery in the Amazon

Researchers have drawn parallels to the legends surrounding mythical lost cities in the Amazon, but evidence of large settlements in the area remains elusive. John McKim Malville, a solar physicist at CU Boulder who writes extensively on archaeoastronomy, said the field is moving away from focusing exclusively on astronomical functions to interpretations that are more holistic, by including the ceremonies and rituals of ancient cultures. The New York Times, Dec. 14
Ted Scambos

New NASA imagery shows how fast glaciers are melting [138]

The NASA data will enable researchers to understand what effect atmosphere and ocean conditions have on ice sheets and how that changes how much ice is flowing into the ocean.

“We can use the method to identify which areas to keep an eye on, or which events might lead to a rapid change,” said Ted Scambos [139], a senior research scientist at CU Boulder. CNN, Dec. 12

Sarah Krakoff

The historic victory at standing rock [140]

The U.S. Army Corps of Engineers on Dec. 4 legally blocked the construction of the Dakota Access Pipeline, denying it a needed easement to drill beneath the Missouri River. “The effect of this protest was to make the administrative state do its job,” said Sarah Krakoff [141], a professor of law at CU Boulder. “It read the statutes, it listened to its president’s general policy goals, and then it did its job.” The Atlantic, Dec. 5

The thundering launch of GOES-R [142]

Part of the GOES-R spacecraft, the EXIS (Extreme ultraviolet and X-ray Irradiance Sensors) instrument, was built at the Laboratory for Atmospheric and Space Physics (LASP) at CU Boulder. Frank Eparvier [143], the lead scientist for the instrument, said “EXIS measures the absolute amount of light coming from the sun in the energetic, highly variable, short wavelength ranges.” Boulder Weekly, Dec. 8
Mark Borden

Microbubble technology could save lives by helping create a ‘third lung’

CU Boulder researchers are part of a new project to develop microbubbles that could create a “third lung” for people who suffer lung injuries. Mark Borden, an associate professor, created the microbubbles years ago to help with ultrasound imaging. Borden and CU Boulder graduate Benjamin Terry – now an assistant professor at the University of Nebraska-Lincoln – came up with the idea of putting oxygen in the bubbles. Terry then suggested injecting the bubbles into a person’s abdomen to get oxygen to their blood. 9News, Dec. 6

Tad Pfeffer

Climate change is wreaking havoc on indigenous people in Alaska

On Nov. 21, the decline on the long-term average of sea ice extent was at 888,000 square miles – an area 10 times larger than the U.K., but smaller than the long-term average.

“Almost every year now we look at the record of sea ice and say ‘wow,’ but this year it was like ‘three times wow,’” said Tad Pfeffer, a geophysicist at CU Boulder. “This year has been a big exaggeration on the trends we’ve already been seeing.” Business Insider, Dec. 19
Michael Radelet

‘See what racism looks like’: Charleston families brace for Dylann Roof’s trial [148]

Dylann Roof filed a handwritten note requesting representation for the first part of the trial, which will determine whether he is guilty, and saying he would represent himself during sentencing.

Michael Radelet [149], sociology professor and criminologist at CU Boulder, said it took an average of 19 years before prisoners executed in the U.S. in 2016 were killed. If Dylann Roof continues representing himself at either the guilt or sentencing phase of his trial, he would hardly be the first high-profile defendant to do so. TIME, Dec. 5

University of Colorado Colorado Springs [150]
Pam Shockley-Zalabak

**UCCS Chancellor Shockley-Zalabak retiring in February**

Pam Shockley-Zalabak has worked at UCCS in various capacities for 40 of the 50 years the campus has been in existence. She has continued to teach classes in the Communication Department while serving as head of the campus. The Gazette, Dec. 17

Also: **EDITORIAL: Chancellor a big part of our area’s success**, The Gazette, Dec. 20

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Charles Sweet

**City for Champions: UCCS’ Sports Medicine and Performance Center**

While other projects have hurdles to clear, UCCS’ Sports Medicine and Performance Center is expected to gain form in 2017, said Charles Sweet, the university’s vice chancellor for strategic initiatives. The goal: create a national hub for elite athletes, first responders, military personnel and exercise buffs. The Gazette, Dec. 18

**UCCS entrepreneur lab allows students to wade into shark tank**

UCCS has opened a laboratory where student entrepreneurs can wade into the shark tank. Instead of competing for an investment, six student teams have to show continued progress to
stay in The Garage, a space in the school’s engineering building that student companies can use to turn their business ideas into companies that generate revenue. The Gazette, Dec. 3

John Harner

Geographers analyze public comments on Browns Canyon

A team of geographers at UCCS has begun translating comments from listening sessions concerning Browns Canyon National Monument into documents and maps that will guide the development of a management plan for the area. John Harner, UCCS professor of geography, received a $28,746 grant from the Forest Service to process information using geographic information system software and spreadsheets to create maps and reports to better understand the diverse connections people have to the land, including places where activities occur and places that have special meaning. Chaffee County Times, Dec. 16

UCCS debuts spirit song

UCCS unveiled its spirit song before tip-off of the women’s home basketball game against Black Hills State University. Chancellor Pam Shockley-Zalabak said the spirit song is a way to build excitement during sports events and other activities on campus. John Standish of City Tracks produced the spirit song, which consists of a clapping rhythm accompanied by a chant. Gazette, Dec. 2

University of Colorado Denver
Christoph Stefes

How ‘islands of honesty’ can crush a system of corruption

Democratic checks on public abuses can be weakened. That is the situation in countries like Russia, said Christoph Stefes, a professor of political science at CU Denver, who studies authoritarianism and democratization. In Russia, control over both political power and corruption is concentrated among a small group of politicians and the oligarchs in their inner circle, and no institution or prosecutor has enough power to challenge them. The New York Times, Dec. 9

Jeffrey Beall

Fake academe, looking much like the real thing

Stacking multiple fake conferences at the same hotel is a common practice, says Jeffrey Beall, a tenured CU Denver librarian. He maintains a website for identifying “predatory open access scholarly publishers” that masquerade as scholarly journals, but are actually in the business of pumping out worthless articles and exploiting scholars with hidden fees. “You just rent a hotel, make up a name and stand around while everyone is reading their papers,” Beall says. “It’s easy money.” The New York Times, Dec. 28
Wrong man arrested for attempted murder after witness misidentification

In 2015, Cesar Hernandez was charged with attempted murder for a double shooting he didn’t do.

“Memories aren’t always clear,” said Mary Dodge, a criminal law professor at CU Denver. Dodge said research shows relying solely on witness identification can lead police in the wrong direction. “It’s dangerous, it may be the first step, but they need to build the case from there.” she said. KDVR, Dec. 20

The Dakota Access Pipeline isn’t just about the environment. It’s about religion

Greg Johnson, a Hawaiian religion expert and an associate professor of Religious Studies at CU Denver, said the indigenous protests are increasingly led by organizers who are “generating” religion through their activism.

“The kids of today’s generation know a new set of chants, a new set of prayers because of those who came before them,” Johnson told ThinkProgress. The Washington Post, Dec. 5
Trump’s tax plan saves most families money, some to pay more [169]

President-elect Donald Trump’s tax plan will reduce taxes by thousands of dollars for millions of Americans, but could require fewer people to pay more taxes. CU Denver professor Eric Zinn [170], director of the Graduate Tax Program, cautions people from relying on specific numbers. “The proposed policy of Trump’s administration is unclear,” Zinn said. 7News, Dec. 8

Dorothy Horrell

Downtown Denver university is growing up [171]

With Dorothy [172]Horrell [173]’s appointment as chancellor, CU Denver is laying out a sweeping plan to integrate itself into the business and civic community in ways it never has before: As the city’s only public, urban research university. Horrell said CU Denver is different from other Colorado institutions that state business leaders and policy makers have looked to in the past. The Denver Business Journal, Dec. 2

University of Colorado Anschutz Medical Campus [160]

Cheryl Krause-Parello

Study examines the health effects shelter dogs may have on veterans with PTSD [173]

A small nonprofit organization studying the health of American veterans recently received funding to examine how shelter dogs physically and psychologically impact veterans with post-traumatic stress disorder. The funding was provided to Canines Providing Assistance to Wounded Warriors by the College of Nursing at the CU Anschutz Medical Campus. “Our study’s findings have the potential to contribute physiological and psycho-social evidence indicating that volunteering at a dog shelter can decrease stress and enhance quality-of-life indicators in reintegrating veterans with PTSD,” said principal investigator Cheryl Krause-Parello
Work. Walk 5 minutes. Work. [175]

In a new study published in the International Journal of Behavioral Nutrition and Physical Activity, researchers from the CU Anschutz Medical Center, the Johnson & Johnson Human Performance Institute, and other institutions decided to test several methods of increasing movement among office workers. The New York Times, Dec. 28

Bonnie Jortberg

With the autoimmune protocol diet, a last-ditch effort at regaining health [176]

“There is absolutely zero research this kind of diet is effective for anything, not to mention autoimmune disease,” says Bonnie Jortberg [177], assistant professor in the department of Family Medicine at the CU School of Medicine. One of Jortberg's big objections to the diet, in
addition to the lack of research showing its efficacy, is that it eliminates many nutritious foods and adds a lot of animal fat into a person’s diet. The Denver Post, Dec. 16

**These drinks are most likely to give you a terrible hangover** [178]

Be careful of champagne. The carbon dioxide used to create those fun bubbles also makes your bloodstream absorb the alcohol more quickly. “You get a faster rate of absorption, higher blood alcohol levels — and brain levels — if you drink champagne as opposed to something non-carbonated,” said Boris Tabakoff [179], pharmacology professor at the CU Anschutz Medical Campus. Esquire, Dec. 4

Joshua Denson

**Patient safety may drop during doctor rotations** [180]

Hospitalized patients who are handed off by their original medical team to a new set of caregivers might face a higher risk of early death, new research warns. The transitions “occur each month when a training physician [resident] switches clinical rotations by transferring the care of hospitalized patients, often up to 10 to 20 at a time, to an oncoming physician who has never met the patients,” said study author Joshua Denson [181], a fellow in the division of pulmonary sciences and critical care medicine at the CU Anschutz Medical Campus. CBS News, Dec. 7

**Right Sidebar:**
Focus on CU Faculty

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**Links**
[1] https://www.cu.edu/focus-on-faculty
[3] http://click.communications.cu.edu/?qs=d224a87a861f51bc5c555d6f4a9704c4762beb5e3f648a9c9f353c9f4e43f995
[4] http://click.communications.cu.edu/?qs=d224a87a861f51bcb5c0cf9ef6afaed4d3ee46cd718442f44977073a74537979
[6]