To meet federal, state, and university training requirements take compliance training. There are two courses required for all faculty and staff on all campuses, Discrimination and Sexual Misconduct (System and CU Boulder [2], CU Denver| Anschutz Medical Campus [3], and CU Colorado Springs [4]) and Information Security Awareness [5]. Other training may be required depending on your role or department. Check the CU Training Matrix [6] for more information.

Select your training topic.

When you’ve found a course to take, click the Start Skillsoft button to access it in the portal. Contact system.training@cu.edu [7] if you have accessibility considerations.

Access

Students

1. Log on to your student portal (https://my.cu.edu [8]).
2. Click Training, in the upper-right navigation.
3. Click Skillsoft.

CU Boulder

1. Log on to your Buff portal (https://buffportal.colorado.edu/ [9]).
2. Click the navigation bar on the top left.
3. Enter Skillsoft in the search box.
4. Select Skillsoft Training.
5. Click Start Skillsoft.

Faculty, Staff & POIs
1. Log on to your campus portal ([https://my.cu.edu](https://my.cu.edu) [8]).
2. Open the CU Resource dropdown menu.
3. Select Training.
4. Click the Skillsoft tile.

**Groups audience:**
Employee Services

**Right Sidebar:**
ES: ELD Skillsoft Resources
ES: ELD IWT Skillsoft
ES: ELD LIL Contact

**Source URL:** [https://www.cu.edu/employee-services/professional-growth-training/training-services/on-the-job/course-catalog](https://www.cu.edu/employee-services/professional-growth-training/training-services/on-the-job/course-catalog)

**Links**
[1] [https://www.cu.edu/employee-services/professional-growth-training/training-services/on-the-job/course-catalog](https://www.cu.edu/employee-services/professional-growth-training/training-services/on-the-job/course-catalog)
[6] [https://www.cu.edu/docs/cu-training-matrix](https://www.cu.edu/docs/cu-training-matrix)
[7] [mailto:system.training@cu.edu](mailto:system.training@cu.edu)
[8] [https://my.cu.edu](https://my.cu.edu)
[9] [https://buffportal.colorado.edu/](https://buffportal.colorado.edu/)