## Kaiser [1]

This Kaiser-administered plan allows you to choose any health care provider within a single statewide networkNetworkThe facilities, providers and suppliers with whom your health insurer or plan has contracted to provide health care services [2]. It is recommended that you select a Primary Care PhysicianPrimary Care Provider (PCP)A physician (medical doctor or doctor of osteopathic medicine), nurse practitioner, clinical nurse specialist or physician assistant, as allowed under state law, who provides, coordinates or helps a patient access a range of health care services [3] to direct your care. In most cases, referralsReferralA written order from your primary care provider for you to see a specialist or receive certain health care services for any covered service that cannot be performed by your primary care provider. This applies to our Anthem Exclusive and Kaiser plans. [4] are required but you may self-refer to certain specialists.

In place of a deductible, you will be responsible for a <u>copayCopayment</u> (copay)A fixed-dollar amount that you must pay out of your pocket at the time of service to a provider or a facility for a specific health covered service. Copays do not apply to the deductible requirement. For example, an office visit may have a copay of \$30 under the Exclusive Plan and \$40 under the Extended. You must pay the amount at the time of service. [5] for medical visits, diagnostic testing and hospital/facilities services. Out-of-networkOut-of-NetworkNon-participating providers or facilities that do not enter into a network agreement, usually resulting in higher out of pocket expenses to you. [6] care is not covered except for emergency and urgent care.

#### Plan details

- CU Health Plan Kaiser Benefits Coverage Summary [7] (9 pages)
- CU Health Plan Kaiser Benefits Booklet [8] (144 pages)
- Kaiser Preventative Care Guidelines [9]

#### **Covered provders and medications**

- Find a provider/urgent care [10]
- New for July 1: Generic drug coverage expanded [11]
- Visit Kaiser's microsite [12]
  - o Call 1-877-883-6698
- Access the Kaiser formulary [13]

### Out-of-area benefit for dependents only

This benefit applies to services listed in the Summary Chart (page 142 of the benefits booklet).

Office visit

Primary care, specialty, mental dealth/chemical dependency, well child prevention, gynocological and allergy injection visits are covered. All other visits are not covered.

\$30

Office visit limits (procedures and labs are excluded)

5 visits per plan year

Diagnostic X-ray service limits (X-ray and Ultrasound only)

20% coinsurance 5 per plan year

**Prescription Drug** 

Applicable cost care

applies

\$30

Physical, Occupational & Speech Therapies

5 combined visits per

plan year

## **Features and Considerations**

Plan Type

EPOExclusive Provider Organization (EPO)
A health care system designed to give you access to quality, cost-effective service. With an EPO, such as the case of our CU Health Plan Kaiser, you will have access to providers within the Kaiser Network. Your Primary Care Provider, in most cases, will manage and coordinate any care of a specialist you may need by providing you with a referral within the network. There are no out-of-network benefits with the exception of emergency care. [14] - Kaiser network

DeductibleDeductible - Kaiser Plan
An amount that you are required to
pay before the plan will begin to
reimburse for covered services. This
plan has no deductible. [15]

\$0

Out-of-Pocket LimitOut-of-Pocket
Limit/Maximum (OMP)The maximum
amount of money you will pay for
covered medical services during the
plan year. These costs include
deductibles, copays and coinsurance.
This maximum is designed to protect
you from catastrophic health care
costs. After you reach this amount,
the plan will pay 100% of the allowed
amount. [16]

\$9,100/Individual; \$18,200/Family

Office Visit

Primary Care: \$30/visit Specialist: \$40/visit Urgent Care: \$30/visit

Emergency CareEmergency Care
A medical or behavioral health
condition that must be treated at the
emergency department of a hospital
due to an illness, injury, symptom or
condition severe enough to risk
serious danger to your health (or, with
respect to a pregnant woman, the
health of her unborn child) if you
didn't get medical attention. See
where and when to get care. [17]

\$250 (waived if admitted)

Prescription Drug (Rx) 30-day Supply

Generic: \$10

Non-Preferred Brand: Not Covered

Preferred Brand: \$50

Specialty: 20% of cost up to \$100

Generic: \$20

Non-Preferred Brand: Not Covered

Mail Order (Rx) 90-day Supply

Preferred Brand: \$10

Specialty: 20% of cost up to \$100 up to a 30-

day supply

# Groups audience:

Employee Services

Right Sidebar:

ES: Benefits & Wellness - OE Enrollment Tool ES: Benefits & Wellness - OE Vendor Fair

**Source URL:** <a href="https://www.cu.edu/employee-services/open-enrollment/retirees/401a-non-medicare-eligible-retirees/kaiser">https://www.cu.edu/employee-services/open-enrollment/retirees/401a-non-medicare-eligible-retirees/kaiser</a>

#### Links

[1] https://www.cu.edu/employee-services/open-enrollment/retirees/401a-non-medicare-eligible-retirees/kaiser

- [2] https://www.cu.edu/es-benefits-glossary/network [3] https://www.cu.edu/es-benefits-glossary/primary-care-provider-pcp [4] https://www.cu.edu/es-benefits-glossary/referral [5] https://www.cu.edu/es-benefits-glossary/out-network [7] https://www.cu.edu/docs/cu-health-plan-kaiser-benefits-summary [8] https://www.cu.edu/docs/cu-health-plan-kaiser-benefits-booklet [9] https://kp.org/prevention [10] https://healthy.kaiserpermanente.org/colorado-denver-boulder-mountain-northern/doctors-
- locations#/search-form [11] https://www.cu.edu/employee-services/open-enrollment/whats-new [12] https://my.kp.org/universityofcolorado/?kp\_shortcut\_referrer=kp.org%2Fcuhealthplan
- [13] https://healthy.kaiserpermanente.org/colorado/health-wellness/drug-formulary?kp\_shortcut\_referrer=kp.org/formulary [14] https://www.cu.edu/es-benefits-glossary/exclusive-provider-organization-epo [15] https://www.cu.edu/es-benefits-glossary/deductible-kaiser-plan [16] https://www.cu.edu/es-benefits-glossary/out-pocket-limitmaximum-omp [17] https://www.cu.edu/es-
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