

How to enroll

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[Video of How to enroll this Open Enrollment 2025](#)

Step 1: Log in to the portal

Access your campus portal at [my.cu.edu](#) ^[1], select your campus, and enter your username and password.

If you need a login and password credentials, please see [campus-specific assistance with your user ID and password](#) ^[2].

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s | Denver | Anschutz Medical Campus

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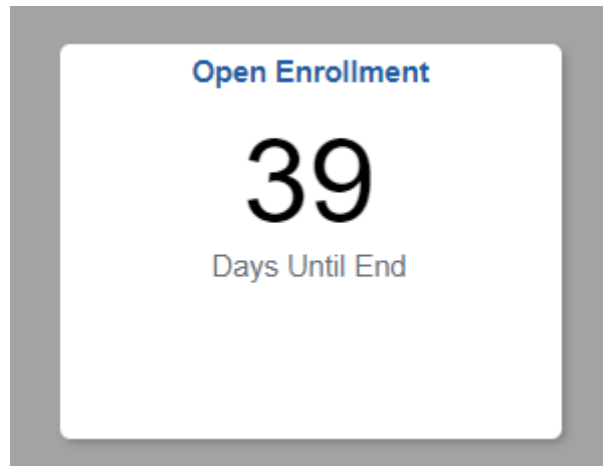
CU Denver | Anschutz

[3]

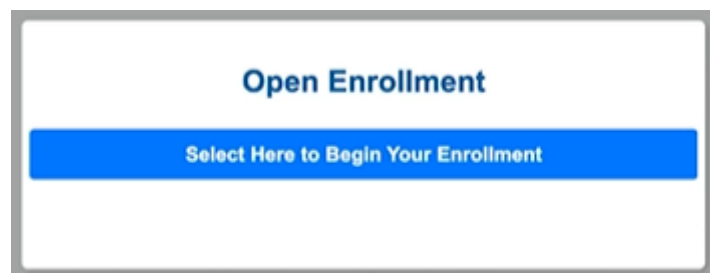
Step 2: Find the Open Enrollment tile

Once you have logged in to the portal, select the CU Resources tab. (If you do not see a CU Resources tab, it is your homepage.)

On your homepage, select the **Open Enrollment** tile.




Select **Open Enrollment**.



Step 3: Authenticate your identity




When you try to access a protected page in the portal's **CU Resources** area, a page like the one below will appear. You will be asked to authenticate your identity.



[What is this?](#) [Need help?](#)

Device:


Choose an authentication method

 Duo Push <small>RECOMMENDED</small>	<input type="button" value="Send Me a Push"/>
 Call Me	<input type="button" value="Call Me"/>
 Passcode	<input type="button" value="Enter a Passcode"/>

You will have authentication three options: Receive a phone call or receive a text message with a passcode.

Option 1: Receive push notification




From the **Device** drop-down menu, select the phone number where you wish to be contacted.



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