

## How to enroll

- Instructions
- Enrollment options
- What happens if you take no action?

Can't see recent updates? [Clear your cache.](#)

[Video of How to Enroll this Open Enrollment 2026](#)

### Step 1: Log in to the portal

- Access your campus portal at [my.cu.edu](https://my.cu.edu) [1], select your campus, and enter your username and password.
- If you need login credentials, please see [campus-specific assistance with your user ID and password](#) [2].

All Clear

Last Updated:

og in.



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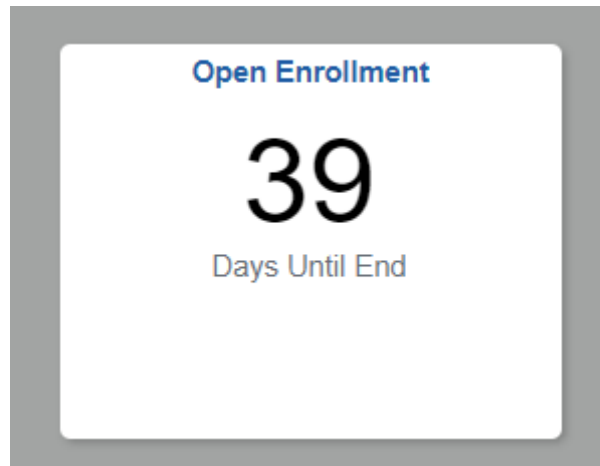


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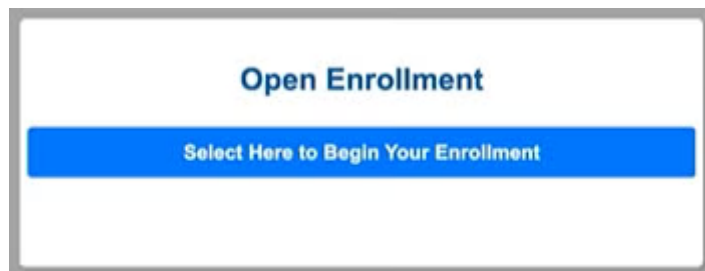
[3]

## Step 2: Find the Open Enrollment tile

- Once you have logged in to the portal, select the CU Resources tab. (If you do not see a CU Resources tab, it is your homepage.)
- On your homepage, select the **Open Enrollment** tile.



- Select **Open Enrollment**.



### **Step 3: Authenticate your identity**

- When you try to access a protected page in the portal's **CU Resources** area, a page like the one below will appear. You will be asked to authenticate your identity.

The screenshot shows a login interface with the CU logo on the left. On the right, there is a 'Device:' dropdown menu currently set to 'CELL (XXX-XXX-9383)'. Below this, the text 'Choose an authentication method' is displayed. There are three rows of options, each with an icon, a label, and a green button:

- Duo Push RECOMMENDED**: Includes a smartphone icon and a 'Send Me a Push' button.
- Call Me**: Includes a telephone handset icon and a 'Call Me' button.
- Passcode**: Includes a smartphone icon with a passcode grid and an 'Enter a Passcode' button.

On the left side, below the logo, there are two links: 'What is this?' and 'Need help?'.

- Choose one of the three authentication options: Receive a phone call, receive a text message with a passcode, or approve a push notification.

### Option 1: Receive push notification

From the **Device** drop-down menu, select the phone number where you wish to be contacted.

This screenshot is identical to the one above, but with a red rectangular box highlighting the 'Device:' dropdown menu, which is currently set to 'CELL (XXX-XXX-9383)'. The rest of the interface, including the authentication options and links, remains the same.