Open Enrollment is your ticket to health and wellness.

- CU Health Plan members may make changes to their medical, dental and vision plans, health care and dependent care flexible spending accounts, and enroll in short-term disability.
- If you want to keep the same benefit choices, you will be automatically re-enrolled. One exception: You must re-enroll in your flexible spending account(s) if you want to keep them.

Make these adjustments before Open Enrollment ends at 5 p.m. (MDT) May 7.

Select a suitcase below to learn about your benefits package options
DENTAL
VISION
You can enroll in or adjust the following plans at any time. Click images below to learn more.
HSA
COBRA
If you're enrolled in CU Health Plans via COBRA, get the details you need.

Groups audience:
Employee Services

Right Sidebar:
ES: Benefits & Wellness - OE Enrollment Tool
ES: Benefits & Wellness - OE news hires
ES: Benefits & Wellness - OE Resources
ES: Benefits & Wellness - Dual Coverage

Source URL: https://www.cu.edu/employee-services/open-enrollment/current-employees

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