

Benefits Toolkit ^[1]

Understand the full menu before you order.

Who is my preferred care provider? Who knows which deductible is right for you? This toolkit can answer the most common questions about your medical coverage and guide your decision-making during Open Enrollment.

These short videos will walk you through important considerations and comparisons between CU's offered plans. Courses are available in English and [Spanish](#).

Medical Plans

Medical Plan Overview



Medical Plans Overview

^[2]
[Watch course](#) ^[2]

Common Coverage



Common Coverage

Medical Plans Toolkit

^[3]
[Watch course](#) ^[3]

How to Choose a Medical Plan



How to Choose a Medical Plan

Health Plans Toolkit



[Watch course](#) [5]

Cost Scenarios



Medical Plans Overview

^[6]
[Watch course](#) ^[6]

Quick Comparison



Quick Comparison

Medical Plan Toolkit

^[7]
[Watch course](#) ^[7]

Important Considerations



Important Considerations

Medical Plans Toolkit



Resumen del Plan Médico de CU

Guía para los Planes Médicos de CU

[\[9\]
Ver curso \[9\]](#)

Cobertura Común



Cobertura Común

Instrumentación para Planes Médicos de CU

[\[10\]
Ver curso \[10\]](#)



Cómo Elegir un Plan Médico

Guía para Planes Médicos de CU



Comparación de Costos

Guía para Planes Médicos de CU

[12]
[Ver curso](#) [12]

Escenarios de Costos

[13]
[Ver curso](#) [13]

Comparación Breve



Comparación Breve

Guía para Planes Médicos de CU

[14]
[Ver curso](#) [14]

Consideraciones Importantes



Consideraciones Importantes

Guía para Planes Médicos de CU

Groups audience:

Employee Services

Source URL:<https://www.cu.edu/employee-services/open-enrollment/benefits-toolkit>

Links

- [1] <https://www.cu.edu/employee-services/open-enrollment/benefits-toolkit>
- [2] https://www.cusys.edu/plans/2026/medical_plan_overview/story.html
- [3] https://www.cusys.edu/plans/2026/common_coverage/story.html
- [4] https://www.cusys.edu/plans/2026/choose_a_plan/story.html
- [5] https://www.cusys.edu/plans/2026/cost_comparison/story.html
- [6] https://www.cusys.edu/plans/2026/cost_scenarios/story.html
- [7] https://www.cusys.edu/plans/2026/quick_comparison/story.html
- [8] https://www.cusys.edu/plans/2026/other_considerations/story.html
- [9] https://www.cusys.edu/plans/2026/spanish/medical_plan_overview/story.html
- [10] https://www.cusys.edu/plans/2026/spanish/common_coverage/story.html
- [11] https://www.cusys.edu/plans/2026/spanish/choose_a_plan/story.html
- [12] https://www.cusys.edu/plans/2026/spanish/cost_comparison/story.html
- [13] https://www.cusys.edu/plans/2026/spanish/cost_scenarios/story.html
- [14] https://www.cusys.edu/plans/2026/spanish/quick_comparison/story.html
- [15] https://www.cusys.edu/plans/2026/spanish/other_considerations/story.html