

Benefits Toolkit ^[1]

Understand the fundamentals before making your next play this Open Enrollment.

Which medical plan is the best fit for you? This toolkit can answer the most common questions about your medical coverage and guide your decision-making during Open Enrollment.

These short videos will walk you through important considerations and comparisons between CU's offered plans. Courses are available in English and [Spanish](#).

Medical Plans



[2]



[3]

[Watch course](#)



How to Choose a Medical Plan

CU Health Plans Toolkit

 University of Colorado
Boulder | Colorado Springs | Denver | Lakewood Medical Center
EMPLOYEE SERVICES

Begin

[4]

[Watch course](#) [4]

Cost Comparison



[Watch course](#) [5]

Cost Scenarios



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Medical Plan Toolkit

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VICES

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Watch course ^[7]

Important Considerations



Important Considerations

Medical Plans Toolkit

^[8]
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Planes Médicos



Resumen del Plan Médico de CU

Guía para los Planes Médicos de CU

^[9]
[Ver curso](#) ^[9]

Cobertura Común

[10]
[Ver curso](#) [10]

Cómo Elegir un Plan Médico



Cómo Elegir un Plan Médico

Guía para Planes Médicos de CU

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[Ver curso](#) [11]



Comparación de Costos

Guía para Planes Médicos de CU



Escenarios de Costos

Simulación para Planes Médicos de CU

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Comparación Breve

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Consideraciones Importantes



Consideraciones Importantes

Guía para Planes Médicos de CU

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Groups audience:
Employee Services

Source URL: <https://www.cu.edu/employee-services/open-enrollment/benefits-toolkit>

Links

- [1] <https://www.cu.edu/employee-services/open-enrollment/benefits-toolkit>
- [2] https://www.cusys.edu/plans/2025/medical_plan_overview/story.html

- [3] https://www.cusys.edu/plans/2025/common_coverage/story.html
- [4] https://www.cusys.edu/plans/2025/choose_a_plan/story.html
- [5] https://www.cusys.edu/plans/2025/cost_comparison/story.html
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