Open Enrollment Sessions & Fairs [1]

Let us guide you in the right direction.

Don’t just make decisions on the fly. Get a full itinerary on what CU’s plan carriers have to offer so you can make informed benefits decisions. Whether you are planning on making changes or just want to learn more about your current plans, the Open Enrollment virtual fair and live sessions can help you decide your best course of action.

Get in-depth information with these courses

Basics of
CU Health Plans
Basics of CU Health Plans & Pretax Savings Options
Employee Services – Payroll and Benefits Administration
Conceptos Básicos de Planes de Salud
Conceptos Básicos de Planes de Salud y Opciones de Cuentas de Ahorros Pre-Impuestos
Servicios de Empleados – Administración de Nómina y Beneficios
Open Enrollment Overview

CU Open Enrollment
8:00 am April 19 - 5:00 pm May 7

Watch now
Inscripción Abierta de CU
8:00 am Abril 19 - 5:00 pm Mayo 7 2021-22

Select a carrier below to learn more about next year’s options
## Have questions? Register for Open Enrollment webinars

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<th>Topic</th>
<th>Time</th>
<th>Register</th>
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<td><strong>Anthem</strong>: Meet with Anthem representatives, discover what Anthem-provided CU Health Plans have to offer and ask questions before enrolling in your benefits.</td>
<td>3 - 4 p.m. April 30</td>
<td>Register [15]</td>
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<td><strong>Delta Dental</strong>: Meet with Delta Dental representatives, discover what CU's dental plans have to offer and ask questions before enrolling in your benefits.</td>
<td>2 - 3 p.m. April 29</td>
<td>Register [16]</td>
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<tr>
<td><strong>Kaiser Permanente</strong>: Meet with Kaiser Permanente representatives, discover what CU Health Plan - Kaiser has to offer, learn about new features and ask questions before enrolling in your benefits.</td>
<td>4 - 5 p.m. April 29</td>
<td>Register [17]</td>
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<tr>
<td><strong>PERA Pre-Retirement Planning webinar</strong>: Did you know there are steps you can take during Open Enrollment to increase your PERA benefits in retirement? If you are planning to retire in the next 1-7 years, this webinar can help you understand retirement benefits of moving your health, dental and vision insurance to after tax and canceling your Flex Spending Account. See how making these switches can increase your Highest Average Salary – and your total PERA benefit. The webinar will also cover budgeting for retirement and additional benefits in the PERA System.</td>
<td>3 - 4 p.m. April 28</td>
<td>Register [18]</td>
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**Groups audience:** Employee Services

**Source URL:** https://www.cu.edu/employee-services/open-enrollment-sessions-fairs

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