Save the date: Open Enrollment, April 18 - May 6

This Open Enrollment, the University of Colorado can help you navigate your benefits. Here are few quick things to know:

- **Passive enrollment**: If you would like to keep the same benefit choices, no action is required and you will be automatically re-enrolled. If you want to make a change, we'll provide many ways to learn about and compare plans.
- **There's one exception**: You must actively enroll in Health Care and Dependent Care Flexible Spending Accounts (FSA) for plan year 2022-2023.
- **Now is a good time to consider other benefits**: Do you need to update your beneficiaries, enroll in or adjust voluntary retirement contributions or make changes to your life insurance policies? Even though you can do these things anytime of year, Open Enrollment is a great time to take a closer look. Full plan details will be available on April 18.
- **How to enroll**: You will make your Open Enrollment changes in the portal using the benefits enrollment tool. If you need a login or have access issues, visit our enrollment tool access page.
Watch this course to understand the basics

Employee Services has put together this comprehensive benefits plan on-demand course, Basics of CU Health Plans and Pretax Savings, to help you navigate your plan options so you're ready to go for Open Enrollment. It's available in English and Spanish.

Watch now [3]

Look up your current plans

1. Log in to my.cu.edu [4].
2. Click the CU Resources tab. (If you are a CU System Administration employee, skip this step.)
3. Open the CU Resources Home dropdown menu, and select Benefits & Wellness.
4. Select Benefits Summary. Your benefits for the current plan year will display.

Click an item below to learn more
ENROLLMENT TOOL ACCESS
Groups audience:
Employee Services

Right Sidebar:
ES: Benefits - Contact Information

Source URL: https://www.cu.edu/employee-services/open-enrollment

Links
[1] https://www.cu.edu/employee-services/open-enrollment
[4] https://my.cu.edu