This Open Enrollment, the University of Colorado can help get more mileage out of your benefits. Here are few quick things to know:

- **Passive enrollment**: If you would like to keep the same benefit choices, no action is required and you will be automatically re-enrolled. If you want to make a change, we'll provide many ways to learn about and compare plans.
  - **There's one exception**: You must actively enroll in Health Care and Dependent Care Flexible Spending Accounts (FSA) for plan year 2024-25.
- **Now is a good time to consider other benefits**: Do you need to update your beneficiaries, enroll in or adjust voluntary retirement contributions, enroll in a Health Savings Account or make changes to your life insurance policies? Even though you can do these things anytime of year, Open Enrollment is a great time to take a closer look.

Select your plate to see plans available to you
SURVIVING SPOUSES

What's new?

Understand enhancements and changes to CU Health Plans.

Learn more [7]

Rate sheets

Review and compare monthly plan premiums for 2024-25.
How to enroll

Selected the plans you want?
Sign up in the portal.

Instructions
Virtual sessions and on-campus fairs

Get the lay of the land for CU’s plan offerings, so you can make informed decisions. Whether you are planning on making changes or just want to learn more about your current plans, the virtual fair’s courses, videos and interactive tools can help you map out your best course of action.

Get started