

Open Enrollment ^[1]

Open Enrollment closed at 5 p.m. May 9.

Review this site to learn about changes for the plan year beginning on July 1.

Open Enrollment: Select your benefits lineup

- **CU Health Plan – Extended enrollees must take action:**
 - CU Health Plan – Extended will be discontinued due to unsustainable rising plan costs.
 - During Open Enrollment, current CU Health Plan – Extended enrollees must select a new medical plan in order to maintain medical coverage for plan year 2025-2026. Failure to enroll in a new medical plan will result in waived medical coverage for the new plan year.
 - Faculty and staff will still have four medical plans to choose from, including the new CU Health Plan – Pathway.
 - Employee Services will provide resources, in-person events and other assistance to help employees choose a new plan. Watch for upcoming emails, mailings and other communications about resources to inform your decisions.
- **Passive enrollment for other enrollees:** No action is required if you would like to keep the same benefit choices (for medical, dental or vision) and you are not enrolled in CU Health Plan – Extended. You will be automatically re-enrolled for the new plan year. However, please review [monthly premiums](#) ^[2] for the coming plan year.
 - Employee Services will provide resources, in-person events and other assistance to help employees. Watch for upcoming emails, mailings and other communications about resources to inform your decisions.
 - **Exception:** You must actively re-enroll in the Health Care and Dependent Care Flexible Spending Accounts (FSA) for plan year 2025-2026.

Select your card to see plans available to you



Open Enrollment



Open Enrollment

GME MEDICAL RESIDENTS

20



25



RETIREEES



2025



SURVIVING SPOUSES



2025

What's new?

Understand enhancements
and changes to CU Health Plans.

[Learn more](#) [7]

Compare plans

Learn the fundamentals with this medical plan comparison.

[Quick plan comparison](#) [8]

Rate sheets

Review and compare monthly
plan premiums for 2025-26.

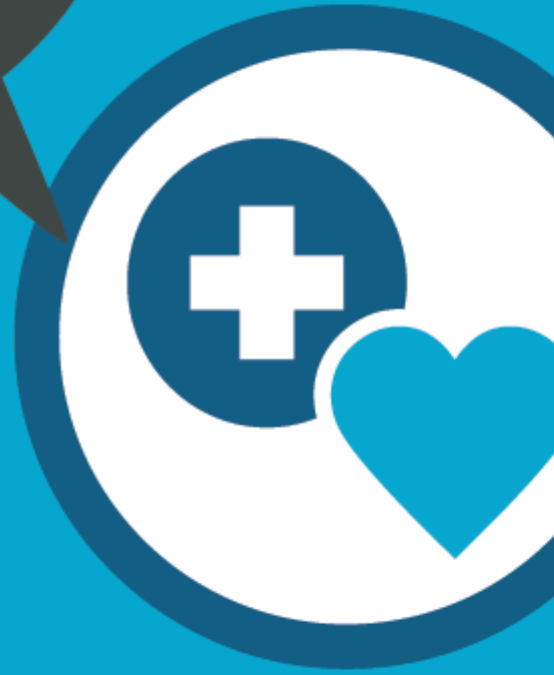
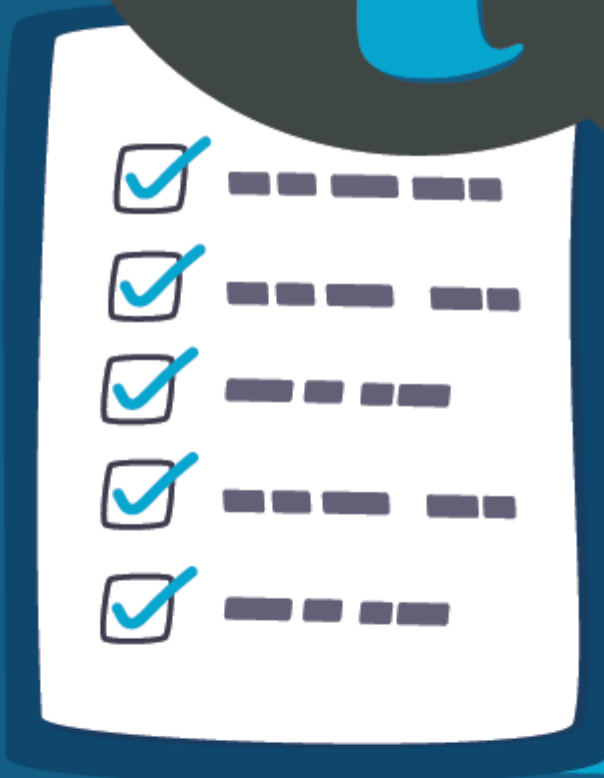
[See more](#) [2]

How to enroll

Selected the plans you want?
Sign up in the portal.

[Instructions](#) [9]

Get plan selection coaching with courses, fairs and more

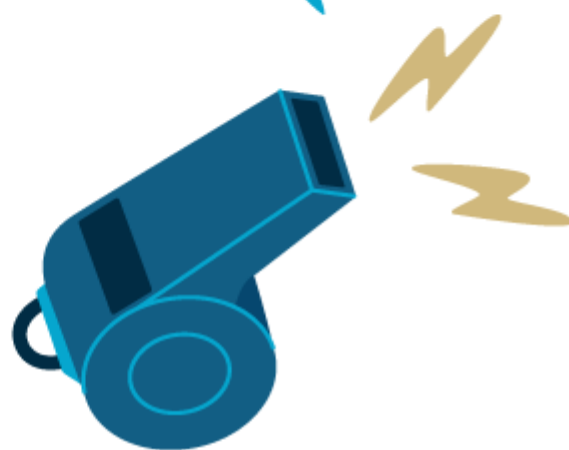


BENEFITS TOO

Benefits Toolkit

This toolkit can answer the most common questions about your medical coverage and guide your plan selection decisions during Open Enrollment.

[Learn more](#) ^[10]



VIRTUAL SESSIONS & FAIRS

Virtual Sessions & Fairs

The virtual fair's courses, videos and interactive tools can help you determine your lineup of benefits.

[Get started](#) ^[11]

Additional resources





ENROLLMENT TOOL ACCESS



DIGITAL ID CARDS

[14]

Contact Benefits

Have a question? We can help! Contact your CU benefits professionals.

- **Phone:** 303-860-4200, option 3
- **Toll-free:** 1-855-216-7740, option 3
- **Hours:** 9 a.m. to 5 p.m. Monday to Friday
- **Email:** benefits@cu.edu [15]

Brand new to CU?

If you are newly hired at CU, you have some additional steps to take during Open Enrollment.

[Review this guide for details. \(PDF\)](#) [16]

Groups audience:

Employee Services

Source URL:<https://www.cu.edu/employee-services/open-enrollment>

Links

[1] <https://www.cu.edu/employee-services/open-enrollment> [2] <https://www.cu.edu/employee-services/open-enrollment/monthly-rates> [3] <https://www.cu.edu/employee-services/open-enrollment/current-employees> [4] <https://www.cu.edu/employee-services/open-enrollment/gme-medical-residents> [5] <https://www.cu.edu/employee-services/open-enrollment/retirees> [6] <https://www.cu.edu/employee-services/open-enrollment/non-medicare-eligible-surviving-spouses> [7] <https://www.cu.edu/employee-services/open-enrollment/whats-new> [8] <https://www.cu.edu/doc/fy26-plan-design-comparison-finalpdf> [9] <https://www.cu.edu/employee-services/open-enrollment/how-enroll> [10] <https://www.cu.edu/employee-services/open-enrollment/benefits-toolkit> [11] <https://www.cu.edu/employee-services/open-enrollment-sessions-fairs> [12] <https://www.cu.edu/docs/tags/open-enrollment> [13] <https://www.cu.edu/employee-services/open-enrollment/benefits-enrollment-tool-access> [14] <https://www.cu.edu/employee-services/benefits-wellness/digital-delivery/digital-id-cards> [15] <mailto:benefits@cu.edu?subject=Open%20Enrollment> [16] <https://www.cu.edu/doc/oe-new-hire-guidelinespdf>