Ombuds Resources [1]

We want to provide CU System Administration employees the tools they need to tackle workplace struggles in a safe, neutral place.

The information on this page applies to CU System employees only.

Please consult the appropriate HR website for your campus:

- CU Boulder [2]
- CU Denver/Anschutz [3]
- UCCS [4]

That's why System Administration employees have access to all services provided by the CU Denver| Anschutz Ombuds Office [5].

What is the Ombuds Office?

This helpful resource provides informal and confidential resources to System staff to address sensitive workplace topics in an independent, safe space. Some matters Ombuds professionals can address include:

- Interpersonal conflicts
- Working Conditions
- Disciplinary Actions
- Sexual Harassment
- Conflict Resolution
- Discrimination Issues
- Policy and procedure clarification

What services does Ombuds provide?

Services include tailored department or group training, confidential one-on-one consultations, facilitated conversations, conflict management, climate and cultural development and more.

Find a list of available services here [6].

How do I make an appointment?

You can make an appointment by visiting the Ombuds Office [5] located at Lawrence Street
Find more information on available services, training opportunities and more on the Ombuds website [5].

**Groups audience:**  
Employee Services

**Right Sidebar:**  
ES:HR - Contact CU System HR

**Source URL:** https://www.cu.edu/employee-services/ombuds-resources

**Links**  
[1] https://www.cu.edu/employee-services/ombuds-resources  
[2] https://www.colorado.edu/hr/  
[4] https://www.uccs.edu/hr/  