

## How to Enroll

- Instructions
- Enrollment options
- What happens if you take no action?

Can't see recent updates? [Clear your cache.](#)

[Video of How to Enroll this Open Enrollment 2026](#)

### Step 1: Log in to the portal

- Access your campus portal at [my.cu.edu](https://my.cu.edu) [1], select your campus, and enter your username and password.
- If you need login credentials, please see [campus-specific assistance with your user ID and password](#) [2].

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**All Clear**  
Last Updated:

Log in.



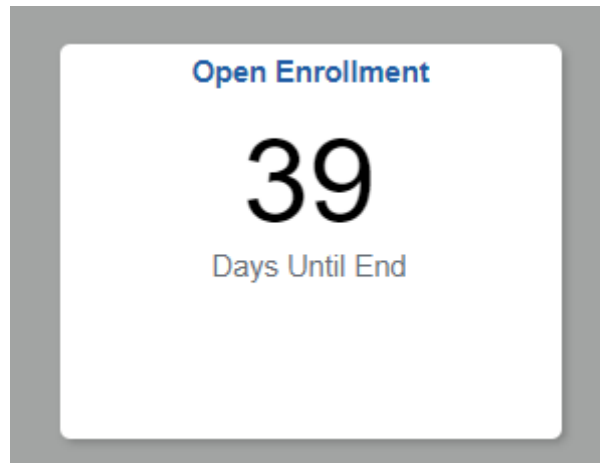
UCCS



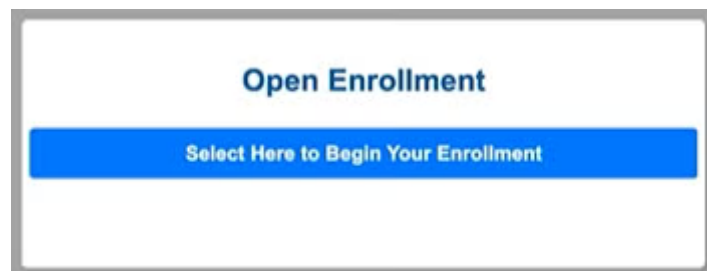
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## Step 2: Find the Open Enrollment tile

- Once you have logged in to the portal, select the CU Resources tab. (If you do not see a CU Resources tab, it is your homepage.)
- On your homepage, select the **Open Enrollment** tile.




- Select **Open Enrollment**.






## Step 3: Authenticate your identity

- When you try to access a protected page in the portal's **CU Resources** area, a page like the one below will appear. You will be asked to authenticate your identity.


 Device:

Choose an authentication method


 Duo Push RECOMMENDED	<input type="button" value="Send Me a Push"/>
 Call Me	<input type="button" value="Call Me"/>
 Passcode	<input type="button" value="Enter a Passcode"/>

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- Choose one of the three authentication options: Receive a phone call, receive a text message with a passcode, or approve a push notification.

### Option 1: Receive push notification

From the **Device** drop-down menu, select the phone number where you wish to be contacted.


 Device:

Choose an authentication method

 Duo Push RECOMMENDED	<input type="button" value="Send Me a Push"/>
 Call Me	<input type="button" value="Call Me"/>
 Passcode	<input type="button" value="Enter a Passcode"/>

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