Extended [1]

You'll have access to Anthem's nationwide network of physicians and facilities under this Anthem-administered plan. A **primary care physician** (medical doctor or doctor of osteopathic medicine), nurse practitioner, clinical nurse specialist or physician assistant, as allowed under state law, who provides, coordinates or helps a patient access a range of health care services [2] is not required, and members can refer themselves to doctors of their choice within Anthem’s network [3], including specialists. A physician specialist focuses on a specific area of medicine or a group of patients to diagnose, manage, prevent, or treat certain types of symptoms and conditions. A non-physician specialist is a provider who has more training in a specific area of health care. [4].

This plan provides one no-cost preventative mental health visit per plan year. Learn more about your mental health benefit options on our Mental Health Resources page [5].

There is no out-of-network coverage except for urgent and/or emergency care.

**Plan details**

- CU Health Plan - Extended Benefits Coverage Summary [6] (12 pages)
- CU Health Plan - Extended Benefits Booklet [7] (117 pages)
- Anthem Preventative Care Guidelines [8]

**Covered providers**

An individual or facility that provides health care services such as a doctor, nurse, chiropractor, hospital, rehabilitation center, etc. [9] and medications

- Find a provider/urgent care [10]
  - Call 1-855-646-4752
- Prescription coverage [11]
  - CVS Formulary [12]
  - Call 1-888-964-0121
- WINFertility [13]

**Features and considerations**

**Plan type**

PPO: Preferred Provider Organization (PPO) A health care plan that has a contractual agreement with providers to offer health care services at discounted, negotiated fees within a network. The PPO plans may require some cost-sharing with deductibles, copays and/or coinsurance. [14] - Anthem's Nationwide Network
Deductible
An amount that you are required to pay before the plan will begin to reimburse for covered services. [15]

- $750 per Individual (each member must meet their $750)
- $1,500 family max (2+ members)
- 10% coinsurance after deductible is met

Out-of-pocket limit
$9,100/individual; $18,200/family for in-network providers

Primary care provider - $40/visit

Specialist
A physician specialist focuses on a specific area of medicine or a group of patients to diagnose, manage, prevent, or treat certain types of symptoms and conditions. A non-physician specialist is a provider who has more training in a specific area of health care. [4] - $50/visit

Urgent Care
Care for an illness, injury or condition serious enough that a reasonable person would seek care right away, but not so severe as to require emergency room care [16] - $40/visit

Office visit
Office visit copays
A fixed-dollar amount that you must pay out of your pocket at the time of service to a provider or a facility for a specific health covered service. Copays do not apply to the deductible requirement. For example, an office visit may have a copay of $30 under the Exclusive Plan and $40 under the Extended. You must pay the amount at the time of service. [17] do not apply toward the deductible.

Emergency care
Emergency Care
A medical or behavioral health condition that must be treated at the emergency department of a hospital due to an illness, injury, symptom or condition severe enough to risk serious danger to your health (or, with respect to a pregnant woman, the health of her unborn child) if you didn’t get medical attention. See where and when to get care. [18]

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**Prescription Drug (Rx)**

*30-day supply*

<table>
<thead>
<tr>
<th>Tier</th>
<th>Cost</th>
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<tbody>
<tr>
<td>Tier 1</td>
<td>$10</td>
</tr>
<tr>
<td>Tier 3</td>
<td>$75</td>
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<td>Tier 2</td>
<td>$50</td>
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<tr>
<td>Tier 4</td>
<td>$100</td>
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*Maintenance medications may be purchased at a CVS Network Retail Pharmacy. After three fills, a CVS Retail Pharmacy or CVS Mail Order must be used for up to a 90-day supply. Specialty medications (Tier 4) may be purchased at a CVS Network Retail Pharmacy. After three fills, CVS Specialty Pharmacy must be used.*

<table>
<thead>
<tr>
<th>Tier</th>
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<tbody>
<tr>
<td>Tier 1</td>
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<tr>
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<tr>
<td>Tier 4</td>
<td>$75**</td>
</tr>
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</table>

**For a 30-day supply**

**Groups audience:** Employee Services  
**Right Sidebar:**  
ES: Benefits & Wellness - Current Employee Sidebar  
ES: Benefits & Wellness - Contact

**Source URL:** [https://www.cu.edu/employee-services/extended](https://www.cu.edu/employee-services/extended)

**Links**