You're all about CU. We're all about you.

Take advantage of all the University of Colorado has to offer at the Employee Services Expos, coming to your campus from Oct. 7-22.

The Employee Services Expos promise to perk up your day – with a little caffeine and by learning about all the perks, services and benefits CU provides to employees like you.

You'll be on the hunt for perks, discounts, benefits and services exclusive to CU employees – some you may not even know about. You'll meet experts who can answer your questions on anything from your medical and retirement plans, earning a degree with the help of CU’s tuition assistance benefit and much more. You’ll learn about services CU provides to you at no cost and claim discounts on others.

Be sure to attend one of our talks, too. You’ll learn ways to meet your financial goals.

You’ll also have the chance to enter a drawing for one of five $100 prizes when you conquer our simple scavenger hunt. Take a break from work, play games with your colleagues and learn a thing or two about CU.

Register for your campus event
UCCS: 10 a.m. – 2 p.m. Oct. 7 [2]

CU Boulder: 10 a.m. – 2 p.m. Oct. 10 [3]

CU System: 10 a.m. – 2 p.m. Oct. 15 [4]

CU Denver: 10 a.m. – 2 p.m. Oct. 16 [5]

CU Anschutz: 10 a.m. – 2 p.m. Oct. 17 [6]

CU Boulder East Campus: 10 a.m. – 2 p.m. Oct. 22 [7]

Participating groups

Participation varies by campus.

- The CU Advantage
- Benefits & Wellness
- Retirement Plans
- Tuition Assistance
- Payroll
- HCM Support
- System HR
- CU Careers
- Professional Growth & Training
- CU Health Plan
- Real Help
- Anthem
- Kaiser Permanente
- Delta Dental
- TIAA
- PERA

- CU Boulder Human Resources
- CU Denver Human Resources
- Faculty Staff Assistance Program
- Canvas Credit Union (formerly PSCU)
- Elevations Credit Union
- Ent Credit Union
- UCCS Campus Recreation
- CU Denver Wellness & Recreation
- CU Boulder Recreation Center
- Anschutz Health & Wellness Center
- UIS Service Desk
**Expo talks**

**The Starting Line: Why and How Retirement Savings Should Begin Now**

This talk for early career employees will teach you about the advantages of planning early and maximizing your retirement plan contributions. Plus, see the ways understanding asset allocation principles can help you meet your financial goals.

**Time:** 10:30 a.m.

**Halfway There**

This talk for mid-career employees provides a financial checkup to help you evaluate your current savings, manage competing savings priorities (college savings, short-term savings and more), formulate a plan to reach your savings goals.

**Time:** 12:30 pm