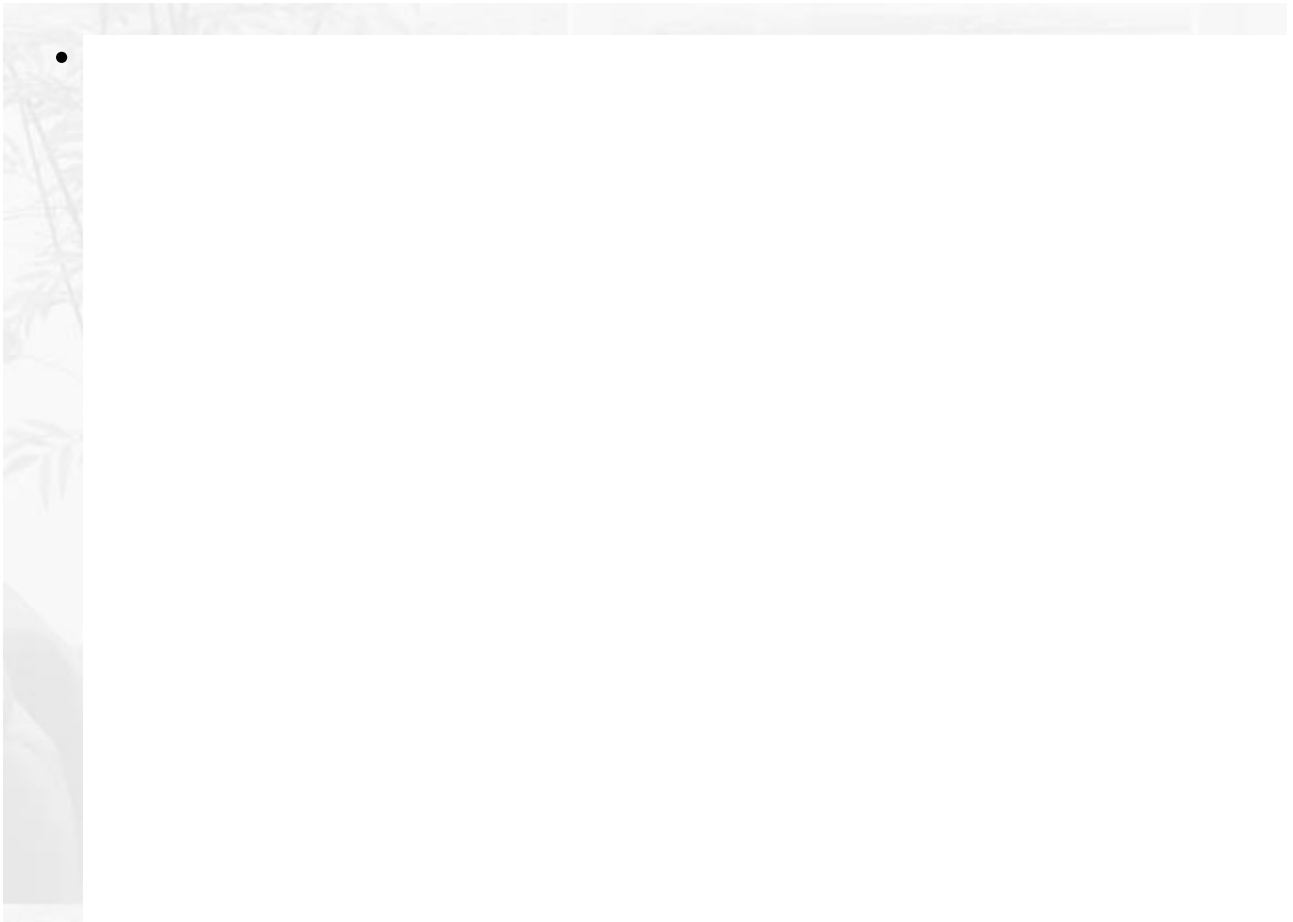


## Banner

## Department Slider





**SAVE MONEY  
YOURSELF**  
Tuition Assistance



**LOVE A**  
It's easier

## Programs and Services

## Custom text

**We're here for you.**

**Featured Programs and Services**

Employee Services strives to make CU's workforce stronger, safer and more secure. While the majority of our staff will be working remotely to do our part to reduce community spread of the COVID-19 virus, our services will continue without interruption.

**HSA FSA** **Glacier** **BECOME A**  
Improve your health

We're dedicated to providing excellent service to every CU employee. You can still reach us by phone or email, and we'll continue to roll out virtual options for many in-person programs. If you have questions or need assistance, reach out at 303-860-4200.

**FSA HSA** **Glacier**

## FAQs



[5]

### Guess what's tax-deductible?

You can pay for new qualified items with FSA and HSA money, thanks to the passage of the CARES Act.

[Learn more](#) [5]

perks

1:1s

# GLACIER

Perks

HWW

## TAX PR

## PERSONAL FINANCIAL CONSULTATIONS

Featured Perks

Real help hotline

Custom text



Real help is just a call away when you need it

The Real Help Hotline gives you free, confidential access to professional counselors.

[Learn more](#) <sup>[10]</sup>  
<sub>[8]</sub>

Move

Book a virtual or phone consultation

Custom text

Request your access code

Nonresident alien students and employees: Ensure your U.S. tax information and requirements are correct for an accurate refund.

[Learn more](#) <sup>[7]</sup>

Meet with a TIAA financial consultant at no-cost, as part of your CU retirement plan. They'll help you create a plan to achieve your goals.

Stay active, get paid with the Move program

[Learn more](#) <sup>[9]</sup>

Earn \$25 each month by exercising with the CU Health Plan – Move program.

[Sign up](#) <sup>[11]</sup>

elitch

Custom text

Source URL: <https://www.cu.edu/department/378/cu-system>

## Custom text

### Links

[1] <https://www.cu.edu/employee-services/covid-19-benefits-faq>

[2] <https://www.cu.edu/employee-services/covid-19-retirement-faq>

[3] <https://www.cu.edu/employee-services/covid-19-payroll-faq>

[4] <https://www.cu.edu/employee-services/covid-19/wellness-tips>

[5] <https://www.cu.edu/blog/work-life/new-items-added-fsa-hsa-qualified-expenses>

[6] <https://www.cu.edu/employee-services/collaborative-hr-services/total-compensation-calculators>

[7] <https://www.cu.edu/employee-services/payroll/international-employee-payroll>

[8] <https://www.cu.edu/employee-services/benefits-wellness/current-employee/retirement-plans/healthy-wealthy-wise>

[9] <https://shared.tiaa.org/public/publictools/events/meetingAndSeminar?employerId=1-5007-4>

[10] <https://www.becolorado.org/program/the-real-help-hotline/> <sup>[13]</sup>

[11] <https://www.becolorado.org/program/be-colorado-move/> <sup>[14]</sup>

[12] <https://www.cu.edu/blog/work-life/elitch-gardens-discounts-give-you-thrills-fewer-bills>

[13] <https://www.cu.edu/blog/work-life/online-course-become-cu-sustainability-champion>

[14] <https://www.cu.edu/blog/work-life/day-care-closed-update-dependent-care-fsa-contributions-save-money> <sup>[18]</sup>

[15] <https://www.cu.edu/blog/work-life/discover-what-doctor-ordered-open-enrollment> <sup>[19]</sup>

[16] <https://www.cu.edu/blog/work-life/online-course-become-cu-sustainability-champion>

[17] <https://www.cu.edu/blog/work-life/day-care-closed-update-dependent-care-fsa-contributions-save-money>

[18] <https://www.cu.edu/blog/work-life/day-care-closed-update-dependent-care-fsa-contributions-save-money>

[19] <https://www.cu.edu/blog/work-life/discover-what-doctor-ordered-open-enrollment>

[20] <https://www.cu.edu/employee-services/events/one-one-financial-consultations-tiaa-cu-anschutz-209>

[21] <https://www.cu.edu/employee-services/events/one-one-financial-consultations-tiaa-cu-anschutz-210>

[22] <https://www.cu.edu/employee-services/events/one-one-financial-consultations-tiaa-cu-colorado-springs-27>

[23] <https://www.cu.edu/employee-services/events/one-one-financial-consultations-tiaa-cu-anschutz-211>

[24] <https://www.cu.edu/employee-services/events>

[25] <https://www.cu.edu/employee-services/calendar>

Wed May 27

[One-on-One Financial Consultations: TIAA at CU Anschutz](#) <sup>[20]</sup>

8:00am to 4:00pm

AMC, Academic Office Building One, Room 1200

Thu May 28

[One-on-One Financial Consultations: TIAA at CU Anschutz](#) <sup>[21]</sup>

8:00am to 4:00pm

AMC, Academic Office Building One, Room 1200

Thu May 28

[One-on-One Financial Consultations: TIAA at CU Colorado Springs](#) <sup>[22]</sup>

8:00am to 4:00pm

Univeristy Center Room 309

Tue Jun 02

[One-on-One Financial Consultations: TIAA at CU Anschutz](#) <sup>[23]</sup>

8:00am to 4:00pm

AMC, Academic Office Building One, Room 1200

[View All](#) <sup>[24]</sup> [Calendar](#) <sup>[25]</sup>