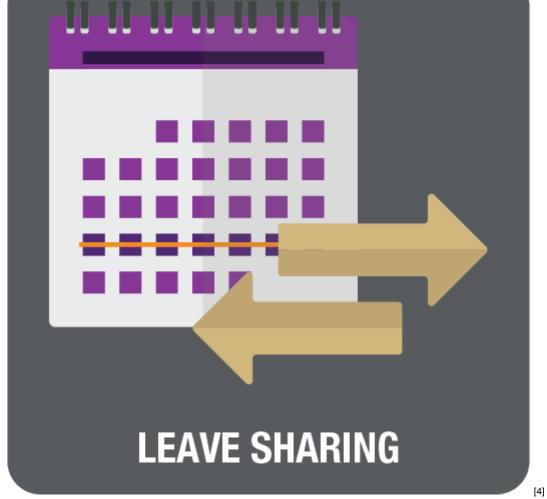
Taking time off is good for your mind, body and spirit.







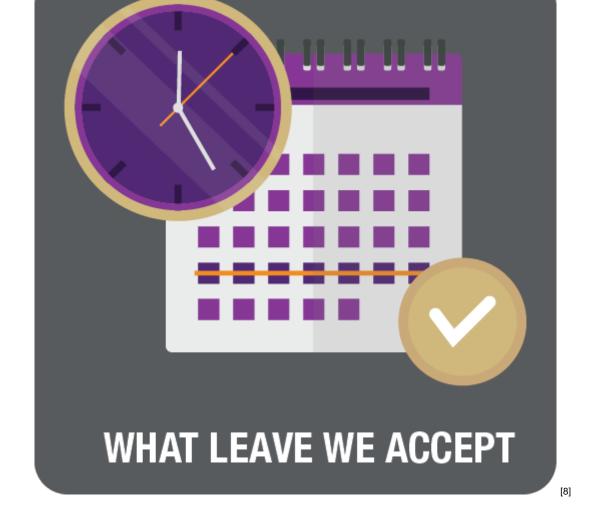




[5]







## **Additional resources**

See a schedule of CU's paydays [9]

View CU's health and wellness benefits [10]

[11] [12]

Source URL:https://www.cu.edu/node/285448/favicon.png

## Links

[1] https://www.cu.edu/employee-services/collaborative-hr-services/cu-system/time/vacation-and-sick-time-leave-policies [2] https://www.cu.edu/employee-services/collaborative-hr-services/cu-system/time/holidays [3] https://www.cu.edu/employee-services/collaborative-hr-services/cu-system/time/weather-closures [4] https://www.cu.edu/employee-services/collaborative-hr-services/cu-system/time/leave-sharing [5] https://www.cu.edu/employee-services/collaborative-hr-services/cu-system/time/parental-leave-system-employees [6] https://www.cu.edu/employee-services/collaborative-hr-services/cu-system/time/workers-compensation [7] https://www.cu.edu/employee-services/collaborative-hr-services/cu-system/time/jury-leave [8] https://www.cu.edu/employee-services/collaborative-hr-services/cu-system/time/leave-we-accept [9] https://www.cu.edu/employee-services/paydays [10] https://www.cu.edu/employee-services/benefits-wellness

- [11] https://www.cu.edu/print/employee-services/collaborative-hr-services/cu-system/time [12] https://www.cu.edu/printpdf/employee-services/collaborative-hr-services/cu-system/time