

Ombuds Resources ^[1]

We want to provide CU System Administration employees the tools they need to tackle workplace struggles in a safe, neutral place.

That's why System Administration employees have access to all services provided by the [CU Denver| Anschutz Ombuds Office](#) ^[2].

What is the Ombuds Office?

This helpful resource provides informal and confidential resources to System staff to address sensitive workplace topics in an independent, safe space. Some matters Ombuds professionals can address include:

- Interpersonal conflicts
- Working Conditions
- Disciplinary Actions
- Sexual Harassment
- Conflict Resolution
- Discrimination Issues
- Policy and procedure clarification

What services does Ombuds provide?

Services include tailored department or group training, confidential one-on-one consultations, facilitated conversations, conflict management, climate and cultural development and more.

Find a list of available services [here](#) ^[3].

How do I make an appointment?

You can make an appointment by visiting the [Ombuds Office](#) ^[2] located at Lawrence Street Center, Suite 1003, 1380 Lawrence St., or over the phone at 303-315-0046.

Find more information on available services, training opportunities and more on the [Ombuds website](#) ^[2].

Groups audience:

Employee Services

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