

Employee Resources ^[1]

We believe our inclusive atmosphere helps the CU system attract—and keep—exceptional employees and our goal is to provide each of them with a welcoming and enriching CU experience.

We do this by introducing employees to CU, helping employees during work-life challenges, addressing specific employee needs, and creating a safe and harmonious workplace. All of these goals are important, so let's take a closer look at each one.



- **Working at CU System:** [Learn about some of the basics about our offices.](#) ^[2]
 - **H1-B Visa Petitions:** [Notices of filing labor condition applications.](#) ^[3]
 - **Student employment:** Your academic success is our priority. [See how we support that aim and learn how to get started.](#) ^[4]
 - **Verify your employment:** Need proof that you're a CU employee? [Find out how.](#) ^[5]
 - **Leaving CU:** Moving on to a new opportunity? [Don't forget these important considerations.](#) ^[6]
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- **Time Off:** ^[7] Find details on vacation, holidays, parental and family leave, leave sharing, jury duty and more.
- **Flexible Work Arrangement:** Looking for a flexible work arrangement? We're here to support your needs. ^[8] [Start here.](#) ^[9]
- **Employee Assistance Programs:** As a CU employee, we have resources for your work life and your personal life. [See what's available.](#) ^[10]
- **Bright Horizons:** ^[11] Access to qualified family care for children, disabled adults and elder family members is a serious consideration.

Resources for your Needs: Something for Everyone



- **ADA Compliance:** You need access or accommodations at work because of a disability or special situation ^[12], we'll to work with you to meet your needs.
- **Lactation Rooms:** We understand new mothers need a little privacy. That's why this list of lactation rooms on each campus ^[13] should come in handy.
- **LGBTQ Resources:** We support LGBTQ employees ^[14] with a variety of resources.
- **Student Loan Forgiveness Program:** You may qualify for this program that forgives student debt for public sector employees ^[15] ^[16] after 120 payments.

Discrimination, Harassment & Conflict: Keeping Your Workplace Safe and Harmonious

Safe, fair, conflict-free workplaces are essential for everyone's success. Creating and maintaining harmony requires well-defined policies that have complete compliance on every campus in our system.



- **Need help? Just ask:** If you need to talk to CU System Human Resources, [we're here for you.](#) ^[17]
- **Conflict of Interest:** We hold our employees to a high standard. Be sure to review our [Conflict of Interest and Nepotism in Personal Matters](#) ^[18] procedures and learn how to report violations.
- **Sexual Misconduct:** We're committed to creating a safe, open environment for our employees. Read CU's [Sexual Misconduct policies and procedures.](#) ^[19]
- **Ombuds Resources:** Address sensitive workplace struggles in a confidential, neutral place at [the Ombuds office](#) ^[20].
- **Equal Pay Act:** Learn more about this Colorado legislation and [what it means for you](#) ^[21].

Groups audience:

Employee Services

Right Sidebar:

ES:HR - Employee Resources Forms

Source URL: <https://www.cu.edu/employee-services/collaborative-hr-services/cu-system/employee-resources>

Links

[1] <https://www.cu.edu/employee-services/collaborative-hr-services/cu-system/employee-resources>

[2] <https://www.cu.edu/employee-services/collaborative-hr-services/cu-system-administration/employee-resources/working-cu>

[3] <https://www.cu.edu/employee-services/h1-b-visa-petitions>

[4] <https://www.cu.edu/employee-services/collaborative-hr-services/cu-system-administration/employee-resources/student>

[5] <https://www.cu.edu/employee-services/collaborative-hr-services/cu-system/employee->

resources/employment-verification

[6] <https://www.cu.edu/employee-services/collaborative-hr-services/cu-system-administration/employee-resources/leaving-cu>

[7] <https://www.cu.edu/employee-services/collaborative-hr-services/cu-system/time>

[8] https://www.cu.edu/sites/default/files/alternate-work-schedules_0.pdf

[9] <https://www.cu.edu/employee-services/collaborative-hr-services/cu-system-administration/employee-resources/flexible>

[10] <https://www.cu.edu/employee-services/employee-assistance-programs>

[11] <https://www.cu.edu/employee-services/bright-horizons-family-care-benefit-0>

[12] <https://www.cu.edu/employee-services/collaborative-hr-services/cu-system-administration/employee-resources/ada>

[13] <https://www.cu.edu/employee-services/collaborative-hr-services/cu-system-administration/employee-resources/lactation>

[14] <https://www.cu.edu/employee-services/collaborative-hr-services/cu-system-administration/employee-resources/lgbtq>

[15] <https://www.cu.edu/employee-services/collaborative-hr-services/cu-system-administration/employee-resources/public>

[16] <https://es-sandbox-cu.pantheonsite.io/employee-services/collaborative-hr-services/public-service-loan-forgiveness>

[17] <https://www.cu.edu/employee-services/collaborative-hr-services/cu-system-administration/employee-resources/contact>

[18] <https://www.cu.edu/employee-services/collaborative-hr-services/cu-system-administration/employee-resources/conflict>

[19] <https://www.cu.edu/dept/sexual-misconduct>

[20] <https://www.cu.edu/employee-services/collaborative-hr-services/cu-system-administration/employee-resources/ombuds>

[21] <https://www.cu.edu/employee-services/collaborative-hr-services/cu-system-administration/employee-resources/equal-pay>