Retirement Ready [1]

Retirement may be your next great adventure.

Like any new adventure, retirement can be exciting — and intimidating. Many of us welcome the ability to shift focus toward our loved ones and hobbies or the potential to find new interests and explore wider possibilities. With Retirement Ready, Employee Services hosts a series of educational sessions each year to help employees nearing retirement age make a solid plan before they take the big leap into retirement. If you’re within five years of retirement and haven’t started tackling that checklist, now is the time to start.

Join Employee Services and representatives from TIAA, PERA, Social Security and Medicare for this webinar series designed to prepare you for your next role with the tools and knowledge you need to take the next step.

CU 401(a) Retirement Plan participants

On-demand course: Kick off your retirement preparations with CU’s Process for Retiring: 401 (a) Participants [2] from Employee Services. This course is available year-round for your
<table>
<thead>
<tr>
<th><strong>Webinar</strong></th>
<th><strong>Time</strong></th>
<th><strong>Register</strong></th>
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<td><strong>Within Reach: Transitioning from Career to Retirement:</strong> This TIAA-hosted session will cover the basic rules that govern the most common retirement accounts, when to tap into different assets and flexible income choices offered by TIAA. The presenter will also touch on estate planning, health care and the emotional impact of retirement among other topics.</td>
<td>Noon - 1 p.m.</td>
<td>Register [3]</td>
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<td><strong>Social Security:</strong> Social Security is a large part of retiring – one that often leaves people confused. This interactive lecture provides clarity on Social Security retirement benefits, pre-retirement planning and more.</td>
<td>1 - 2 p.m.</td>
<td>Register [4]</td>
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<td><strong>Medicare 101:</strong> This presentation covers the four basic parts of Medicare: hospital insurance, medical insurance, Medicare Advantage plans and prescription drug plans. Experts will detail how Medicare works with other insurances and provide helpful informational resources. The final 30 minutes will be reserved for questions.</td>
<td>1 - 2:30 p.m.</td>
<td>Register [5]</td>
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**Estate Planning Basics:** This TIAA-hosted session is open to all retirement plan enrollees and is designed to help you think through important lifetime planning issues and estate planning techniques, including an overview of basic planning documents, making beneficiary designations, preparing for a time when health care and financial decisions may have to be made on your behalf, knowing what questions to ask an attorney and more.

Noon - 1 p.m.  
March 24 
Register

**PERA Participants**

**On-demand course:** Kick off your retirement preparations with [CU’s Process for Retiring: PERA Participants](#) from Employee Services. This course is available year-round for your reference.

**PERA Webinars**

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| **Pre-Retirement Planning:** Designed for people who are 4-6 years from retirement, this webinar details everything you need to apply for retirement with confidence. You’ll learn about the details you should be considering as you come down the home stretch to retirement. | Noon - 1 p.m.  
March 2 | [8]         |
| **Social Security:** Social Security is a large part of retiring – one that often leaves people confused. This interactive lecture provides clarity on Social Security retirement benefits, pre-retirement planning and more. | 1 - 2 p.m.   
March 3 | [4]         |
**Medicare 101:** This presentation covers the four basic parts of Medicare: hospital insurance, medical insurance, Medicare Advantage plans and prescription drug plans. Experts will detail how Medicare works with other insurances and provide helpful informational resources. The final 30 minutes will be reserved for questions.

1 - 2:30 p.m.  March 11  
Register [5]

**PERACare:** Learn about the PERACare health benefits program, including eligibility, pre-Medicare and Medicare plan choices, prescription benefits and other subjects.

2 - 3 p.m.  March 17  
Register [9]

**Estate Planning Basics:** This TIAA-hosted session is open to all retirement plan enrollees and is designed to help you think through important lifetime planning issues and estate planning techniques, including an overview of basic planning documents, making beneficiary designations, preparing for a time when health care and financial decisions may have to be made on your behalf, knowing what questions to ask an attorney and more.

Noon - 1 p.m.  March 24  
Register [6]

**Retirement Process Meeting:** Designed for people who are 1-2 years from retirement, this webinar outlines everything you need to apply for retirement with confidence. You’ll learn about the forms you’ll need to complete, how and when to submit your forms, option selection, taxes and more.

2 - 3:30 p.m.  March 30  
Register [10]

**Groups audience:** Employee Services

**Source URL:** https://www.cu.edu/employee-services/benefits-wellness/retirement-ready

**Links**