

Leaving CU ^[1]

As you move through this transition and on to your next endeavor, there are many steps to take and resources at your disposal. These pages are designed to help you navigate your payroll and benefits when you leave the University of Colorado due to resignation, layoff or termination. ?

Is retirement an option? You may qualify for CU retirement benefits in the event of a layoff or termination. Please refer to our [Retirement Ready](#) ^[2] website and guides for [CU 401\(a\)](#) ^[3] and PERA ^[4] participants, and contact a retirement benefits professional at benefits@cu.edu ^[5] for insurance benefits.



^[6]

Leaving CU guidance

- **Step 1:** [Human Resources tasks](#) ^[7]
 - Returning university equipment, updating contact information and more
- **Step 2:** [Payroll tasks](#) ^[8]
 - Receiving your final paycheck, downloading tax documents and more
- **Step 3:** [Benefits tasks](#) ^[9]
 - Continuing insurance coverage, managing retirement funds and more

[Download the Leaving CU guide](#) ^[6]

COBRA

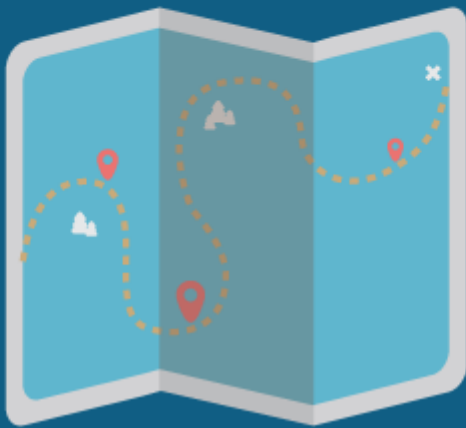


[10]

COBRA details

Do you need to continue coverage after leaving CU? The Consolidated Omnibus Budget Reconciliation Act of 1985 (COBRA) enables departing employees to keep some health insurance benefits for a limited amount of time. Don't miss the deadline to sign up.

RETIREMENT READY



[2]

Retirement Ready resources

Are you ready to retire? Even in the event of termination, you may qualify for retirement benefits without knowing it, and the recent [CARES Act](#) [11] changed certain rules for retirement loans and early disbursement. Please visit Retirement Ready to learn more about your benefits and options.

[Visit Retirement Ready](#) [2]

Furloughs

Resources on this page do not apply to CU faculty and staff on a furlough. For campus resources on furloughs, please refer to the resources below:

- [CU Boulder](#) [12]
- [UCCS](#) [13]
- [CU Denver and CU Anschutz](#) [14]
- [CU System](#) [15]

Groups audience:

Employee Services

Right Sidebar:

ES: Benefits & Wellness - Contact

Source URL: <https://www.cu.edu/employee-services/benefits-wellness/leaving-cu>

Links

[1] <https://www.cu.edu/employee-services/benefits-wellness/leaving-cu>

[2] <https://www.cu.edu/employee-services/retirement-ready>

[3] <https://www.cu.edu/employee-services/benefits-wellness/current-employee/retirement-plans/retirement-ready/retiring-cu>

[4] <https://www.cu.edu/employee-services/benefits-wellness/current-employee/retirement-plans/retirement-ready/retiring-cu-0>

[5] <mailto:benefits@cu.edu>

[6] <https://www.cu.edu/docs/leaving-cu-due-resignation-termination-or-layoff>

[7] <https://www.cu.edu/employee-services/benefits-wellness/leaving-cu/leaving-cu-human-resources>

[8] <https://www.cu.edu/employee-services/benefits-wellness/leaving-cu/leaving-cu-payroll>

[9] <https://www.cu.edu/employee-services/benefits-wellness/leaving-cu/leaving-cu-benefits>

[10] <https://www.cu.edu/employee-services/benefits-wellness/leaving-cu/cobra>

[11] <https://www.cu.edu/blog/work-life/cares-act-allows-retirement-plan-options-covid-19-hardship>

[12] <https://www.colorado.edu/hr/covid-19-guidance/furlough-unemployment>

[13] <https://www.uccs.edu/hr/furlough-and-layoff-resources>

[14] <https://www1.ucdenver.edu/offices/human-resources/cu-denver-covid-19-graduated-furlough-plan-faq>

[15] <https://www.cu.edu/employee-services/collaborative-hr-services/cu-system-administration/employee-resources/furlough>