

Vision ^[1]

2026–27 plan year information

This page provides details about the **2025–26 benefits plan year**. For plan year 2026–27 (beginning July 1, 2026) information, visit the [Open Enrollment page](#) ^[2].

With CU Health Plan - Vision, seeing is believing.

CU Health Plan - Vision

- The voluntary Anthem Blue View Vision Plan covers annual eye exams for a \$20 copay Copayment (copay)A fixed-dollar amount that you must pay out of your pocket at the time of service to a provider or a facility for a specific health covered service. Copays do not apply to the deductible requirement. For example, an office visit may have a copay of \$30 under the Exclusive Plan and \$40 under the Extended. You must pay the amount at the time of service. ^[3], as well as \$225 toward the yearly purchase of frames or contact lenses, for each participant. Your choice of providersProviderAn individual or facility that provides health care services such as a doctor, nurse, chiropractor, hospital, rehabilitation center, etc. ^[4] is extensive.
- In-networkIn-NetworkThe providers, facilities and suppliers that CU Health Plans have contracted with to provide health care services. ^[5] providersProviderAn individual or facility that provides health care services such as a doctor, nurse, chiropractor, hospital, rehabilitation center, etc. ^[4] across the U.S., include retail locations such as LensCrafters, Pearle Vision and Target Optical.
- You may also use out-of-networkOut-of-NetworkNon-participating providers or facilities that do not enter into a network agreement, usually resulting in higher out of pocket expenses to you. ^[6] providersProviderAn individual or facility that provides health care services such as a doctor, nurse, chiropractor, hospital, rehabilitation center, etc. ^[4] but will pay a little more.

Dual Coverage: You cannot be covered as both an employee and dependent for any CU medical, dental or vision plan.

Plan details

- [CU Health Plan - Vision Summary](#) [7] (2 pages)
- [CU Health Plan - Vision Benefits Coverage Booklet](#) [8] [9](24 pages)

Find a provider [10]

Before or after tax: Which option should you choose? [11]

Did you know?

CU Health Plan - Exclusive, CU Health Plan - Pathway and CU Health Plan - Kaiser have built-in vision coverage for eye exams only.

- CU Health Plan - Exclusive and CU Health Plan - Pathway covers a routine eye exam with a \$20 copay. Copayment (copay) A fixed-dollar amount that you must pay out of your pocket at the time of service to a provider or a facility for a specific health covered service. Copays do not apply to the deductible requirement. For example, an office visit may have a copay of \$30 under the Exclusive Plan and \$40 under the Extended. You must pay the amount at the time of service. [3] in-network In-Network The providers, facilities and suppliers that CU Health Plans have contracted with to provide health care services. [5] along with savings for other services. This is a benefit bundled with this health plan. See details in the Benefits Coverage Summary for CU Health Plan - Exclusive and Pathway exam only vision coverage [12] (2 pages).
- CU Health Plan - Kaiser covers routine vision exams and routine eye exams (eye refractions) provided by Kaiser network optometrists (\$30 copay) or ophthalmologists (\$40 copay) to determine the need for vision correction and to provide a prescription for eyeglasses or contact lenses are covered. See page 60 of the CU Health Plan - Kaiser benefits booklet for details. [13]

Groups audience:

Employee Services

Right Sidebar:

ES: Benefits & Wellness - Contact

ES: Benefits & Wellness - GME Medical Resident Sidebar

Source URL: <https://www.cu.edu/employee-services/benefits-wellness/gme-medical-residents/vision>

Links

[1] <https://www.cu.edu/employee-services/benefits-wellness/gme-medical-residents/vision>

[2] <https://www.cu.edu/employee-services/open-enrollment> [3] <https://www.cu.edu/es-benefits-glossary/copayment-copay>

[4] <https://www.cu.edu/es-benefits-glossary/provider> [5] <https://www.cu.edu/es-benefits-glossary/network-0> [6] <https://www.cu.edu/es-benefits-glossary/out-network>

[7] <https://www.cu.edu/docs/cu-health-plan-vision-benefit-summary>

[8] <https://www.cu.edu/docs/cu-health-plan-vision-benefit-booklet> [9] <https://node/115451>

[10] <https://www.anthem.com/health-insurance/provider-directory/searchcriteria?branding=ABCBS&planstate=CO&plantype=Vision&planname=Blue+View+V>

[11] <https://www.cu.edu/docs/before-or-after-tax> [12] <https://www.cu.edu/docs/cu-health-plan-exclusive-and-pathway-vision-benefits-summary> [13] <https://www.cu.edu/docs/cu-health-plan-kaiser-benefits-booklet>