We want you to feel knowledgeable and confident when you choose your University of Colorado benefits.

The course and guide below can help you become familiar with your CU benefits — covering medical, dental, [Flexible Spending Accounts](#) FSA (Flexible Spending Account) — a tax-savings account set up by you to pay for certain qualifying expenses on a pre-tax basis, meaning before they are made subject to payroll taxes, and voluntary retirement savings options. It’s part of our commitment to providing you with quality benefits and ensuring you make the most of them. As we like to say, you’re all about CU, and we’re all about you.

**Benefits course**
Introduction to Payroll and Benefits
GME Medical Residents (Interns, Residents and subspecialty)
Employee Services – Payroll and Benefits Administration

Guide: Benefits Package Guide for GME Medical Residents

Groups audience:
Employee Services
Right Sidebar:  
ES: Benefits & Wellness - Contact  

Source URL: https://www.cu.edu/employee-services/benefits-wellness/gme-medical-residents/payroll-benefits-orientation

Links  
[1] https://www.cu.edu/employee-services/benefits-wellness/gme-medical-residents/payroll-benefits-orientation  
[4] https://www.cu.edu/docs/gme-medical-resident-benefit-guide