

Payroll & Benefits Orientation ^[1]

We want you to feel knowledgeable and confident when you choose your University of Colorado benefits.

The course and guide below can help you become familiar with your CU benefits ?— covering medical, dental, Flexible Spending Accounts FSA (Flexible Spending Account) A tax-savings account set up by you to pay for certain qualifying expenses on a pre-tax basis, meaning before they are made subject to payroll taxes. ^[2] and voluntary retirement savings options. It's part of our commitment to providing you with quality benefits and ensuring you make the most of them. As we like to say, you're all about CU, and we're all about you.

Plan Year 2025-2026



Introduction to Payroll and Benefits

Medical Residents (Interns, Residents, and Subspecialty Fellows)
Payroll and Benefits Administration



University of Colorado

Boulder | Colorado Springs | Denver | Anschutz Medical Campus

EMPLOYEE SERVICES

[3]

(Click image to open course)

Guide: [Benefits Package Guide for GME Medical Residents](#) [4]

Groups audience:
Employee Services
Right Sidebar:

ES: Benefits & Wellness - Contact

Source URL:<https://www.cu.edu/employee-services/benefits-wellness/gme-medical-residents/payroll-benefits-orientation>

Links

[1] <https://www.cu.edu/employee-services/benefits-wellness/gme-medical-residents/payroll-benefits-orientation> [2] <https://www.cu.edu/es-benefits-glossary/fsa-flexible-spending-account>
[3] https://www.cusys.edu/plans/2026/payroll_benefits_gme_intro/story.html [4] <https://www.cu.edu/docs/gme-medical-resident-benefit-guide>