Kaiser [1]

Under this Kaiser-administered plan, you can choose any healthcare provider [2] within one single statewide network. Network [3] It is recommended that you select a primary care physician to direct your care. In most cases, referrals [4] are required. However, you may self-refer to certain specialists [5]. In place of a deductible, enrollees will be responsible for a copay [6], out-of-network providers or facilities that do not enter into a network agreement, usually resulting in higher out of pocket expenses to you. [9] care is not covered except for emergency care. [10] and/or urgent care [11].

This plan provides one no-cost preventative mental health visit per plan year. Learn more about your mental health benefit options on our Mental Health Resources page [8].


Plan details

- CU Health Plan - Kaiser Benefits Coverage Summary [12] (9 pages)
- CU Health Plan - Kaiser Benefits Booklet [13] (144 pages)
- Kaiser Preventative Care Guidelines [14]
Covered providers and medications

- Find a provider/urgent care [15]
- Visit Kaiser’s microsite [16]
- Access the Kaiser Formulary [17]
- Call 1-877-883-6698

Out-of-area benefit for dependents only

This benefit applies to services listed in the Summary Chart (page 142 of Benefits Booklet).

**Office visit**
Primary care, Specialty, Mental Health/Chemical Dependency, Well Child prevention, Gynocological and Allergy injection visits are covered. All other visits are not covered.

$30

**Office visit limits (procedures and labs are excluded)**
5 visits per plan year

**Diagnostic X-ray service limits (X-ray and Ultrasound only)**
20% coinsurance
5 per plan year

**Prescription Drug**
Brand/Generic

**Physical, Occupational & Speech Therapies**
5 combined visits per plan year

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**Features and considerations**

EPOExclusive Provider Organization (EPO)
A health care system designed to give you access to quality, cost-effective service. With an EPO, such as the case of our CU Health Plan Kaiser, you will have access to providers within the Kaiser Network. Your Primary Care Provider, in most cases, will manage and coordinate any care of a specialist you may need by providing you with a referral within the network. There are no out-of-network benefits with the exception of emergency care. [18] - Kaiser network
**Deductible**

An amount that you are required to pay before the plan will begin to reimburse for covered services. This plan has no deductible.  

$0

**Out-of-pocket limit**

Out-of-Pocket Limit/Maximum (OMP)
The maximum amount of money you will pay for covered medical services during the plan year. These costs include deductibles, copays and coinsurance. This maximum is designed to protect you from catastrophic health care costs. After you reach this amount, the plan will pay 100% of the allowed amount.  

$9,100/individual; $18,200/family for in-network providers

**Office visit**

Primary care provider - $30/visit  
Specialist - $40/visit  
Urgent care - $30/visit  

**Emergency care**

A medical or behavioral health condition that must be treated at the emergency department of a hospital due to an illness, injury, symptom or condition severe enough to risk serious danger to your health (or, with respect to a pregnant woman, the health of her unborn child) if you didn’t get medical attention. See where and when to get care.  

$250 (waived if admitted)
<table>
<thead>
<tr>
<th>Prescription drug (Rx)</th>
<th>Mail Order (Rx)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>30-day supply</strong></td>
<td><strong>90-day supply</strong></td>
</tr>
<tr>
<td>Generic: $10</td>
<td>Generic: $20</td>
</tr>
<tr>
<td>Non-Preferred Brand: Not Covered</td>
<td>Non-Preferred Brand: Not Covered</td>
</tr>
<tr>
<td>Preferred Brand: $50</td>
<td>Preferred Brand: $100</td>
</tr>
<tr>
<td>Specialty: 20% of cost up to $100</td>
<td>Specialty: 20% of cost up to $100 up to a 30-day supply</td>
</tr>
</tbody>
</table>

Access the Kaiser formulary [17] to check your medication's coverage.

Groups audience:
Employee Services

Right Sidebar:
ES: Benefits & Wellness - Contact
ES: Benefits & Wellness - GME Medical Resident Sidebar

Source URL: https://www.cu.edu/employee-services/benefits-wellness/gme-medical-residents/medical-plans/kaiser

Links
[1] https://www.cu.edu/employee-services/benefits-wellness/gme-medical-residents/medical-plans/kaiser
[16] https://select.kaiserpermanente.org/university-of-colorado?viewerUserId=622694973aeeaa0014f95f44