

High Deductible ^[1]

CU Health Plan - High Deductible/HSA Compatible HSA (Health Savings Account) A tax-savings account that must be paired with a High-Deductible Health Plan, which can be used to pay for qualified health care expenses now or in the future. An HSA is a savings account that you own. The funds in an HSA carry forward year after year, even if you change employers or retire. ^[2]
is perfect for planners and savers.

This Anthem-administered plan gives you broad access to health care services inside and outside your networkNetworkThe facilities, providers and suppliers with whom your health insurer or plan has contracted to provide health care services ^[3] — but requires that you first meet your deductible. Once you've satisfied the deductible, you'll be responsible for paying coinsuranceCoinsuranceThe portion of expenses that you have to pay for certain covered services, calculated as a percentage. For example, if the coinsurance rate is 20%, then you are responsible for paying 20% of the bill, and the insurance company will pay 80%. ^[4] for care. This plan offers Anthem's nationwide networkNetworkThe facilities, providers and suppliers with whom your health insurer or plan has contracted to provide health care services ^[3] of providers and facilities. You'll also have the flexibility to schedule your own appointments with specialistsSpecialistA physician specialist focuses on a specific area of medicine or a group of patients to diagnose, manage, prevent, or treat certain types of symptoms and conditions. A non-physician specialist is a provider who has more training in a specific area of health care. ^[5] — no Primary Care ProviderPrimary Care Provider (PCP)A physician (medical doctor or doctor of osteopathic medicine), nurse practitioner, clinical nurse specialist or physician assistant, as allowed under state law, who provides, coordinates or helps a patient access a range of health care services ^[6] or referralsReferralA written order from your primary care provider for you to see a specialist or receive certain health care services for any covered service that cannot be performed by your primary care provider. This applies to our Anthem Exclusive and Kaiser plans. ^[7] needed.

This plan provides one no-cost preventative mental health visit per plan year. Learn more about your mental health benefit options on our Mental Health Resources page ^[8].

Plan details

- [CU Health Plan - High Deductible \(HSA Compatible\) Benefits Coverage Summary](#) ^[9] (14 pages)
- [CU Health Plan - High Deductible \(HSA Compatible\) Benefits Booklet](#) ^[10] (112 pages)
- [Anthem Preventative Care Guidelines](#) ^[11]

Covered providers**Provider****An individual or facility that provides health care services such as a doctor, nurse, chiropractor, hospital, rehabilitation center, etc.**
^[12] **and medications**

- [Find a doctor or urgent care](#) ^[13]
 - Call 1-855-646-4752
- [Prescription coverage](#) ^[14]
 - [Access the CVS Formulary](#) ^[15]
 - Call 1-888-964-0121
- [WINFertility](#) ^[16]

Features & Considerations

Plan type	<p>PPO<u>Preferred Provider Organization (PPO)</u><u>A health care plan that has a contractual agreement with providers to offer health care services at discounted, negotiated fees within a network. The PPO plans may require some cost-sharing with deductibles, copays and/or coinsurance.</u> ^[17] / HSA Compatible<u>HSA (Health Savings Account)</u><u>A tax-savings account that must be paired with a High-Deductible Health Plan, which can be used to pay for qualified health care expenses now or in the future. An HSA is a savings account that you own. The funds in an HSA carry forward year after year, even if you change employers or retire.</u> ^[2]</p>
	<p>In-Network Providers Out-of-Network Providers</p>

Deductible - High Deductible Plan
An amount that you are required to pay before the plan will begin to reimburse for covered services. This plan has **\$1,500 deductible for single coverage or an “aggregate deductible” of \$3,000 for family coverage (2+ members).** This means than one or all members can contribute collectively to the **\$3,000 deductible.** ^[18]

\$1,600 single coverage

\$3,200 family coverage (2+ members)

Any member may contribute to overall deductible.

\$3,200 single coverage

\$6,400 family coverage (2+ members)

Any member may contribute to overall deductible.

Out-of-pocket limit

\$3,200 single coverage

\$6,400 family coverage (2+ members)

\$6,400 single coverage

\$12,800 family coverage (2+ members)

Preventative care
Preventative Care - Medical
A routine health care check-up that will include tests or exams, flu and routine shots, and patient counseling to prevent or discover illness, disease or other health problems. All recommended preventive services would be covered as required by the Affordable Care Act (ACA) and applicable state law. ^[19]
visit

\$0 coinsurance and no deductible

35% coinsurance after deductible

Office visit

15% coinsurance after deductible

35% coinsurance after deductible

Emergency care
Emergency CareA
medical or behavioral health
condition that must be treated at the emergency department of a hospital due to an illness, injury, symptom or condition severe enough to risk serious danger to your health (or, with respect to a pregnant woman, the health of her unborn child) if you didn't get medical attention.
See where and when to get care. [\[20\]](#)

15% coinsurance after deductible

Covered as in network

**Urgent Care
Urgent Care
Care for an
illness, injury
or condition
serious
enough that a
reasonable
person would
seek care
right away,
but not so
severe as to
require
emergency
room care [21]**

15% coinsurance after deductible

35% coinsurance after deductible

Prescription Benefits

Plan coverage is determined by medication type, supply amount and pharmacy services:

	30-day supply	31 to 90-Day Supply	Non-Network Provider
Tier 1	10% coinsurance after deductible for up to a 30-day supply at Caremark Retail Network Pharmacies	5% coinsurance for a 31 to 90-day supply at CVS Retail, Costco, Kroger or CVS mail order	20% coinsurance after deductible for up to a 30-day supply
Tier 2	20% coinsurance after deductible for up to a 30-day supply at Caremark Retail Network Pharmacies	15% coinsurance for a 31 to 90-day supply at CVS Retail, Costco, Kroger or CVS mail order	20% coinsurance after deductible for up to a 30-day supply
Tier 3	20% coinsurance after deductible for up to a 30-day supply at Caremark Retail Network Pharmacies	15% coinsurance for a 31 to 90-day supply at CVS Retail, Costco, Kroger or CVS mail order	20% coinsurance after deductible for up to a 30-day supply

30-day supply**31 to 90-Day Supply****Non-Network
Provider****Tier 4**

20% coinsurance after deductible for up to a 30-day supply at Caremark Retail Network Pharmacies or 15% coinsurance at CVS Retail, Costco, Kroger or CVS mail order for up to a 30-day supply

20% coinsurance after deductible for up to a 30-day supply

Specialty medications (Tier 4): Per fill, a maximum of up to 30 days of Specialty medication may be purchased at a retail pharmacy. After three fills, CVS Specialty Pharmacy must be used for Specialty medication to be covered.

Maintenance medications: Per fill, a maximum of up to 30 days of maintenance medication may be purchased at a retail pharmacy. After three fills, a CVS Retail Pharmacy, Costco, King Soopers, City Market or CVS Mail Order ^[14] must be used for up to a 90-day supply to be covered.

Generic preventive therapy drugs: Certain medications and supplies may be obtained at in network pharmacies with no applicable copayment (100% covered). Please contact CVS member services for additional information at 1-888-964-0121.

Groups audience:

Employee Services

Right Sidebar:

ES: Benefits & Wellness - Contact

ES: Benefits & Wellness - GME Medical Resident Sidebar

Source URL: <https://www.cu.edu/employee-services/benefits-wellness/gme-medical-residents/medical-plans/high-deductible>

Links

[1] <https://www.cu.edu/employee-services/benefits-wellness/gme-medical-residents/medical-plans/high-deductible> [2] <https://www.cu.edu/es-benefits-glossary/hsa-health-savings-account> [3] <https://www.cu.edu/es-benefits-glossary/network> [4] <https://www.cu.edu/es-benefits-glossary/coinsurance> [5] <https://www.cu.edu/es-benefits-glossary/specialist> [6] <https://www.cu.edu/es-benefits-glossary/primary-care-provider-pcp>

[7] <https://www.cu.edu/es-benefits-glossary/referral> [8] <https://www.cu.edu/employee-services/benefits-wellness/mental-health-resources> [9] <https://www.cu.edu/docs/cu-health-plan-high-deductible-benefits-summary> [10] <https://www.cu.edu/docs/cu-health-plan-high-deductible-benefits-booklet> [11] <https://www.anthem.com/preventive-care/> [12] <https://www.cu.edu/es-benefits-glossary/provider> [13] <https://www.anthem.com/mcr/cuhealthplan/find-care> [14] <https://www.cu.edu/employee-services/benefits-wellness/cvs-caremark-pharmacy-services> [15] <https://info.caremark.com/dig/acsduglist> [16] <https://managed.winfertility.com/cuhealthplan/> [17] <https://www.cu.edu/es-benefits-glossary/preferred-provider-organization-ppo> [18] <https://www.cu.edu/es-benefits-glossary/deductible-high-deductible-plan> [19] <https://www.cu.edu/es-benefits-glossary/preventative-care-medical> [20] <https://www.cu.edu/es-benefits-glossary/emergency-care> [21] <https://www.cu.edu/es-benefits-glossary/urgent-care>