

Essential ^[1]

This Delta Dental plan grants access to providers
Provider
An individual or facility that provides health care services such
as a doctor, nurse, chiropractor, hospital, rehabilitation center,
etc. ^[2] **only within the Delta Preferred Provider Option (PPO)**
network
Preferred Provider Organization (PPO)
A health care plan
that has a contractual agreement with providers to offer health
care services at discounted, negotiated fees within a network.
The PPO plans may require some cost-sharing with deductibles,
copays and/or coinsurance. ^[3] **Your PPO network**
Network
The facilities, providers and suppliers with whom your health
insurer or plan has contracted to provide health care services ^[4]
is available in Colorado and throughout the United States.

Essential Plan members **must see a PPO provider**
Preferred Provider Organization (PPO)
A health care plan that has a contractual agreement with providers to offer health care
services at discounted, negotiated fees within a network. The PPO plans may require
some cost-sharing with deductibles, copays and/or coinsurance. ^[3] Coverage will not
be offered for providers
Provider
An individual or facility that provides health care services such
as a doctor, nurse, chiropractor, hospital, rehabilitation center, etc. ^[2] **outside of the network.**
Network
The facilities, providers and suppliers with whom your health insurer or plan has
contracted to provide health care services ^[4] Once you meet the \$25 per person plan
deductible
Deductible
An amount that you are required to pay before the plan will begin to
reimburse for covered services. ^[5], you'll be responsible for a percentage of your covered care
costs, known as **coinsurance.**
Coinurance
The portion of expenses that you have to pay for
certain covered services, calculated as a percentage. For example, if the coinsurance rate is
20%, then you are responsible for paying 20% of the bill, and the insurance company will pay
80%. ^[6]

Plan Details

- [CU Health Plan - Essential Dental Benefits Coverage Summary](#) ^[7] (1 page)
- [CU Health Plan - Essential Dental Full Benefits Booklet](#) ^[8] (20 pages)
- [Right Start 4 Kids Program](#) ^[9] (1 page)

Find a dentist ^[10]

Features & Considerations

Employee Services

Plan Type

PPO Provider Network

ES: Benefits & Wellness - Contact

\$2,000 per person

ES: Benefits & Wellness - GME Medical Resident Sidebar

Deductible (Children under 13

\$25 per person

excluded)

Preventative & Diagnostic Services

0% coinsurance & non deductible

[1] <https://www.cu.edu/employee-services/benefits-wellness/gme-medical-residents/dental-plans/essential>

Basic Services

30% coinsurance payment

[2] <https://www.cu.edu/es-benefits-glossary/provider> [3] <https://www.cu.edu/es-benefits-glossary/preferred-provider-organization-ppo> [4] <https://www.cu.edu/es-benefits-glossary/network> [5] <https://www.cu.edu/es-benefits-glossary/deductible> [6] <https://www.cu.edu/es-benefits-glossary/coinsurance>

Major Services

50% coinsurance payment

[7] <https://www.cu.edu/docs/cu-health-plan-essential-dental-benefits-summary> [8]

Orthodontics (for children under age

50% coinsurance payment

19)

[9] <https://www.cu.edu/docs/cu-health-plan-essential-dental-benefits-booklet> [10] <https://www.deltadentalco.com/dentist-search.html> [11] <http://www.deltadentalco.com/members/resources/CU-health.html>

Orthodontics for adults (19 and older)

Not covered