

Retiring from CU for 401(a) participants ^[1]

Your benefits don't end when retirement begins. Learn more about what CU can do for you!

You've worked hard for the University of Colorado – and if you're contemplating retirement, we want you to know how CU can work for you. At first glance, making these foundational plans for your upcoming retirement might feel overwhelming. Employees are urged to begin planning their transition into retirement 3-5 years before their anticipated retirement date. A crucial part of that planning includes taking steps to ensure your ongoing benefits coverage.

If you are within 2-3 months of your retirement date, it is essential that you schedule your appointment to discuss your eligibility and options with a benefits professional. Email benefits@cu.edu ^[2] to schedule your appointment.

Retirement Ready Course

There are many things to consider, but this digital course will break the process down into actionable steps that can make your journey into retirement as smooth as possible.

English Verison

University of Colorado Employee Services

401(a) Participants Retiree Benefits

This course will assist CU Faculty and Staff participating in the 401(a) mandatory retirement plan to retire.

Start Course

[3]

En Español

Beneficios de Empleados de la Universidad de Colorado Beneficios para jubilados de los Participantes del CU 401(a)

Este curso ayudará a la facultad y al personal de CU que participan en el plan de jubilación obligatorio 401(a) a prepararse para jubilarse.

[Iniciar Curso](#)

[4]

([5]Course will open in a separate window.)

Guide

- [CU 401\(a\) Retirement Ready and Retiree Benefits Guide](#) [6]

Checklists

- [Five years out checklist](#) [7]
- [Three months out checklist](#) [8]

Questions?

The Employee Services Benefits staff is ready and available to help whenever you have additional questions.

Groups audience:

Employee Services

Right Sidebar:

ES: Benefits & Wellness - Retirement Contact

ES: Benefits & Wellness - Retirement Survey

Source URL:<https://www.cu.edu/employee-services/benefits-wellness/current-employee/retirement-plans/retirement-ready/retiring-cu>

Links

[1] <https://www.cu.edu/employee-services/benefits-wellness/current-employee/retirement-plans/retirement-ready/retiring-cu> [2] <mailto:benefits@cu.edu>

[3] https://www.cusys.edu/plans/2026/ret_401a_participants/story.html

[4] https://www.cusys.edu/plans/2026/ret_401a_participants_esp/story.html

[5] https://www.cusys.edu/plans/2020/ret_401a_participants/story.html [6] <https://www.cu.edu/docs/cu-retiree-benefits-401a> [7] <https://www.cu.edu/docs/checklist-within-5-years-retirement-401a>

[8] <https://www.cu.edu/docs/checklist-within-2-3-months-retirement-401a>