Retiring from CU for 401(a) participants [1]

Your benefits don't end when retirement begins. Learn more about what CU can do for you!

You've worked hard for the University of Colorado – and if you're contemplating retirement, we want you to know how CU can work for you. At first glance, making these foundational plans for your upcoming retirement might feel overwhelming. Employees are urged to begin planning their transition into retirement 3-5 years before their anticipated retirement date. A crucial part of that planning includes taking steps to ensure your ongoing benefits coverage.

If you are within 2-3 months of your retirement date, it is essential that you schedule your appointment to discuss your eligibility and options with a benefits professional. Email benefits@cu.edu [2] to schedule your appointment.

Retirement Ready Course

There are many things to consider, but this digital course will break the process down into actionable steps that can make your journey into retirement as smooth as possible.

English Verison



101(a) Participants Retiree Benefits

source will assist CU Faculty and Staff ating in the 401(a) mandatory retirement plan to retire.

irt Course

ios de Empleados de la Universidad de Colorado eficios para jubilados de los

eficios para jubilados de los cipantes del CU 401(a)

curso ayudará a la facultad y al personal de CU ticipan en el plan de jubilación obligatorio 401(a) rarse para jubilarse.

iar Curso

Guide

• CU 401(a) Retirement Ready and Retiree Benefits Guide [6]

Checklists

- Five years out checklist [7]
- Three months out checklist [8]

Questions?

The Employee Services Benefits staff is ready and available to help whenever you have additional questions.

Groups audience:

Employee Services

Right Sidebar:

ES: Benefits & Wellness - Retirement Contact

ES: Benefits & Wellness - Retirement Survey

Source URL: https://www.cu.edu/employee-services/benefits-wellness/current-employee/retirement-plans/retirement-ready/retiring-cu

Links

- [1] https://www.cu.edu/employee-services/benefits-wellness/current-employee/retirement-plans/retirement-ready/retiring-cu [2] mailto:benefits@cu.edu
- [3] https://www.cusys.edu/plans/2026/ret_401a_participants/story.html
- [4] https://www.cusys.edu/plans/2026/ret_401a_participants_esp/story.html
- [5] https://www.cusys.edu/plans/2020/ret_401a_participants/story.html [6] https://www.cu.edu/docs/curetiree-benefits-401a [7] https://www.cu.edu/docs/checklist-within-5-years-retirement-401a
- [8] https://www.cu.edu/docs/checklist-within-2-3-months-retirement-401a