HSA and FSA [1]

CU offers programs designed to give you tax advantages that offset health care and dependent care costs.

Click on a tile to learn more about each plan

What is an FSA?

FSAs allow you to set aside money for certain expenses (medical, child care/elder care costs). You don't pay taxes on this money, meaning you'll save an amount equal to the taxes you would have paid. Accounts are subject to a “use-it-or-lose-it” rule each year.
What is an HSA?

An HSA is an account that must be paired with a high-deductible health plan and can be used for qualified medical expenses, like a doctor's visit or prescription drugs. The money you put into an HSA rolls over from year to year.
Compare Plans

Use this chart for a quick overview of the differences between an FSA and an HSA.

Learn more

Groups audience:
Employee Services

Right Sidebar:
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ES: Benefits & Wellness - IWT Savings & Spending
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