

HSA and FSA ^[1]

CU offers programs designed to give you tax advantages that offset health care and dependent care costs.

Click on a tile to learn more about each plan

What is an FSA?

FSAs allow you to set aside money for certain expenses (medical, child care/elder care costs). You don't pay taxes on this money, meaning you'll save an amount equal to the taxes you would have paid. each year.



^[2]

DEPENDENT CARE FSA



[3]

What is an HSA?

An HSA is an account that must be paired with a high-deductible health plan and can be used for qualified medical expenses, like a doctor's visit or prescription drugs. The money you put into an HSA rolls over from year to year.



[4]

Compare Plans

Use this chart for a quick overview of the differences between an FSA and an HSA.

[Learn more](#) [5]

Groups audience:

Employee Services

Right Sidebar:

ES: Benefits & Wellness - Current Employee Sidebar

ES: Benefits & Wellness - IWT Savings & Spending

ES: Benefits & Wellness - Contact

Source URL: <https://www.cu.edu/employee-services/benefits-wellness/current-employee/hsa-and-fsa>

Links

[1] <https://www.cu.edu/employee-services/benefits-wellness/current-employee/hsa-and-fsa>

[2] <https://www.cu.edu/employee-services/benefits-wellness/current-employee/hsa-fsa/health-care-fsa>

[3] <https://www.cu.edu/employee-services/benefits-wellness/current-employee/hsa-fsa/dependent-care-fsa>

[4] <https://www.cu.edu/employee-services/benefits-wellness/current-employee/hsa-fsa/health-savings-account>

[5] <https://www.cu.edu/docs/hsa-and-hcfsa-comparison-chart>