

How to enroll

- Instructions
- Enrollment options
- What happens if you take no action?

Can't see recent updates? Clear your cache.

[Video of How to Enroll this Open Enrollment 2026](#)

Step 1: Log in to the portal

- Access your campus portal at my.cu.edu ^[1], select your campus, and enter your username and password.
- If you need login credentials, please see campus-specific assistance with your user ID and password ^[2].

y of Colorado

Springs | Denver | Anschutz

All Clear
Last Updated:

og in.



UCCS

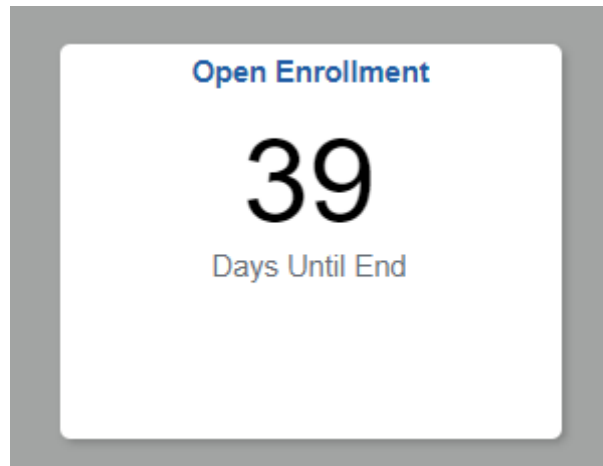


CU Denver | Anschutz

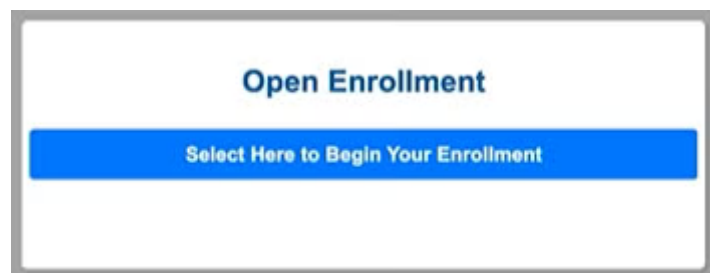
[3]

Step 2: Find the Open Enrollment tile

- Once you have logged in to the portal, select the CU Resources tab. (If you do not see a CU Resources tab, it is your homepage.)
- On your homepage, select the **Open Enrollment** tile.



- Select **Open Enrollment**.



Step 3: Authenticate your identity

- When you try to access a protected page in the portal's **CU Resources** area, a page like the one below will appear. You will be asked to authenticate your identity.



[What is this?](#) [Need help?](#)

Device:

Choose an authentication method

 Duo Push RECOMMENDED	Send Me a Push
 Call Me	Call Me
 Passcode	Enter a Passcode

- Choose one of the three authentication options: Receive a phone call, receive a text message with a passcode, or approve a push notification.

Option 1: Receive push notification

From the **Device** drop-down menu, select the phone number where you wish to be contacted.



[What is this?](#) [Need help?](#)

Device:

Choose an authentication method

 Duo Push RECOMMENDED	Send Me a Push
 Call Me	Call Me
 Passcode	Enter a Passcode