

True Colors: Understanding Yourself and Others Better ^[1]

The purpose of the True Colors: Understanding Yourself and Other Better Course is to provide an overview of the key concepts of the universally embraced True Colors personality assessment model that will allow participants to strengthen communication, reduce conflicts, and increase overall effectiveness.

Program Level: Basic

Prerequisites: None

Advanced Preparation: Complete the free, online, mini-assessment located at: <http://www.truecolorsassessment.com/EndUserAdmin/Register.aspx?sMMS> ^[2]

Instructional Method: Group-Live

Instructor: [Lisa Vallad](#) ^[3]

Recommended CPE Credit: 1.0 Hours

Field of Study: Personal Development

Course Objectives:

At the end of the course, participants will be able to:

- Outline the key concepts behind the True Colors personality assessment; and,
- Describe the key personality traits of each color in the assessment.

Program Policies ^[4]

NASBA Statement

The University of Colorado is registered with the National Association of State Boards of Accountancy (NASBA) as a sponsor of continuing professional education on the National Registry of CPE Sponsors. State boards of accountancy have final authority on the acceptance of individual courses for CPE credit. Complaints regarding registered sponsors may be submitted to the National Registry of CPE Sponsors through its website: www.learningmarket.org ^[5].



Links

[1] <https://www.cu.edu/controller/true-colors-understanding-yourself-and-others-better>

[2] <http://www.truecolorsassessment.com/EndUserAdmin/Register.aspx?sMMS>

[3] <https://www.cu.edu/controller/lisa-vallad-cpe-instructor> [4] <https://www.cu.edu/controller/cpe-cpas-policies> [5] <http://www.learningmarket.org>