

## **Leading Yourself through Change: The Power of Habit - Course Recording & Resources** <sup>[1]</sup>

The purpose of this course is to provide participants with a step-by-step approach to understanding and reshaping their personal and professional habits.

**Recorded Webinar 3/19/26** (You cannot receive CPE credit for watching the recording.)

### **Course Materials:**

**Continue Growing** <sup>[2]</sup>

**Poll Questions** <sup>[3]</sup>

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**Source URL:**<https://www.cu.edu/controller/cpe-cpas/course-catalog/leading-yourself-through-change-power-habit-course-recording>

#### **Links**

[1] <https://www.cu.edu/controller/cpe-cpas/course-catalog/leading-yourself-through-change-power-habit-course-recording> [2]

<https://www.cu.edu/doc/leadingyourselelthroughchangehandoutpdfpdf?download=true>

[3] <https://www.cu.edu/doc/leadingyourselelthroughchangequestionspdfpdf?download=true>