

## **Getting Things Done - Course Recording & Resources** [1]

The purpose of the Getting Things Done course is to empower participants with new behaviors to engage more effectively with their to-dos and commitments. It's about learning how to be more appropriately engaged with work and life so that attention can be focused on things that matter most, creating more mental space at work and at home.

**Recorded Webinar 5/13/26** (You cannot receive CPE credit for watching the recording.)

### **Course Materials:**

**Course Handout** [2]

**Poll Questions** [3]

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**Source URL:** <https://www.cu.edu/controller/cpe-cpas/course-catalog/getting-things-done-course-recording-resources>

#### **Links**

[1] <https://www.cu.edu/controller/cpe-cpas/course-catalog/getting-things-done-course-recording-resources>

[2] <https://www.cu.edu/doc/gettingthingsdonehandoutpdf?download=true>

[3] <https://www.cu.edu/doc/gettingthingsdonepollquestionspdf?download=true>