

Emotional Intelligence ^[1]

The purpose of the Emotional Intelligence Course is to provide participants with a skill to improve both personal and interpersonal functioning by exploring and applying the components of Emotional Intelligence.

Program Level: Basic

Prerequisites: None

Advanced Preparation: N/A

Instructional Method: Group-Live

Instructor: [Lauren Harris](#) ^[2]

Recommended CPE Credit: 3 Hours

Field of Study: Personnel/Human Resources

Course Objectives:

At the end of the course, participants will be able to:

- Assess their current levels of Emotional Intelligence;
- Describe the business reasons for Emotional Intelligence;
- Define Emotional Intelligence and its main four components;
- Discuss and develop a plan to improve their personal Emotional Intelligence; and,
- Apply knowledge of Emotional Intelligence to solve case studies.

Course Materials:

Hand-outs will be provided during the session.

Program Policies ^[3]

NASBA Statement

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Links

[1] <https://www.cu.edu/controller/cpe-cpas/course-catalog/emotional-intelligence>

[2] <https://www.cu.edu/controller/lauren-harris-cpe-instructor> [3] <https://www.cu.edu/controller/cpe-cpas-policies> [4] <http://www.learningmarket.org>