

## **Conflict Styles - Course Recording & Resources** <sup>[1]</sup>

The purpose of the Conflict Styles course is to provide participants with knowledge, self-awareness and analysis, and application/skill development across the range of conflict styles in order to manage issues and disputes more effectively. This session draws on the established Thomas-Kilmann Conflict Mode research and assessment. The course goal is to identify an individual's preferred conflict-handling style across five modes (Competing, Collaborating, Compromising, Avoiding, Accommodating) so that they may manage conflict more effectively by intentionally choosing a conflict response based on issue and relationship importance.

**Recorded Webinar 5/6/26** (You cannot receive CPE credit for watching the recording.)

### **Course Materials:**

**Course Handout** <sup>[2]</sup>

**Poll Questions** <sup>[3]</sup>

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**Source URL:**<https://www.cu.edu/controller/cpe-cpas/course-catalog/conflict-styles-course-recording-resources>

#### **Links**

[1] <https://www.cu.edu/controller/cpe-cpas/course-catalog/conflict-styles-course-recording-resources>

[2] <https://www.cu.edu/doc/conflictstyleshandoutpdf?download=true>

[3] <https://www.cu.edu/doc/conflictstylespollquestionspdf?download=true>