

Starting January 2018, Weight Watchers discount no longer available. Jenny Craig now offered. ^[1]

November 3, 2017 by [Employee Services](#) ^[2]

Beginning January 2018, Weight Watchers discounted memberships for CU Health Plan members will expire.

There's still opportunities to discover and use other lifestyle programs, such as [Omada](#) ^[3] and [Be Colorado Move](#). ^[4] offered through Be Colorado by visiting [its website](#) ^[5].

[Jenny Craig](#) ^[6] also will begin offering discounts for all CU employees.

All CU employees, regardless of health plan coverage, can now lose weight and develop healthy eating habits with Jenny Craig at a reduced rate. Membership includes:

- Unlimited access to a personal consultant either at a center or over the phone.
- Pre-made healthy meals from a full menu of over 100 items (Food costs are separate).
- Food choices are made weekly, not monthly.
- No contract or cancellation penalties
- Free shipping of all meals

New CU members have access to two promotional offers: a free 3-month program + \$50 in Food Savings or 50% off premium programs. Find out more about [available offers](#) ^[6].

To learn more, call 1-877-Jenny70 to schedule a free consultation or visit [Jenny Craig's website](#) ^[7].

Currently a Weight Watchers member?

Through the end of the year, CU Health Plan will cover half the cost of each Weight Watchers membership. If you wish to continue using Weight Watchers, your membership fees will increase starting January 2018.

To cancel your membership and avoid extra charges, email wellnesshelp@weightwatchers.com ^[8] or call 1-866-204-2885 no later than December 2017. Please cancel at least three days prior to the date your signed up (e.g., if you signed up on March 23, cancel by Dec. 20).

[weight watchers](#) ^[9], [Omada](#) ^[10], [Jenny Craig](#) ^[11], [benefits](#) ^[12], [be colorado](#) ^[13]

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