See what's new this Open Enrollment [1]

April 15, 2019 by Employee Services [2]

Open Enrollment begins at **8 a.m. April 22** and ends at **5 p.m. May 10**. Review this year's change below, then begin charting your plan.

**What's changing?**

**CU Health Plan - Vision enhancements**

The annual amount covered for prescription glasses frames or contact lenses will increase from $130 to $155, and the copay for vision exams will decrease from $30 to $20.

**More cavity treatment options**

CU's dental plans Essential, Choice and Premier will add silver diamine fluoride and interim therapeutic restorations as options for cavity treatment. These are typically used for kids, as they keep baby teeth in place longer, reducing the need for extractions.

**Out-of-pocket maximums are increasing**

Out-of-pocket maximums for CU Health Plans - Extended, Exclusive, and Kaiser will increase from $7,350 to $7,900 for individuals and $14,700 to $15,800 for families.

**Slight rate increases**

There will be a small rate increase for most medical and dental plans. Full rates will be available on Employee Services' Open Enrollment website [3] soon.

**Register for Open Enrollment workshops, sessions and fairs**

Have you considered all of your health care options? Employee Services will hold workshops, sessions and fairs to help you make the best health care decisions for you and your family.

To learn about benefits options and register for workshops, sessions and fairs, visit Employee Services' Open Enrollment website [3].

open enrollment [4], benefits [5], CU Health Plan [6], Rates [7], Workshops [8], sessions [9], OE [10], Vision [11]

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