

## **Open Enrollment ends May 10** <sup>[1]</sup>

May 6, 2019 by [Employee Services](#) <sup>[2]</sup>

If you are covered by a CU Health Plan, you have until **5 p.m. Friday, May 10**, to make any changes to your health plans. If you do not take any action, you will automatically be re-enrolled in the same health plans you participated in the 2018-2019 plan year, minus your flexible spending account(s). If you have an FSA and want to continue in the new plan year, you must make a new election during Open Enrollment.

### **Consider your options**

Medical, dental and vision plans can only be adjusted during Open Enrollment. To view which plans you are eligible for, visit the [Open Enrollment home webpage](#) <sup>[3]</sup> and select the tile that best describes you. Rates for each plan can be viewed [here](#) <sup>[4]</sup>.

This is the only time you can enroll or re-enroll in an FSA. You have access to two different types of FSAs: Health Care and Dependent Care. Learn about the difference between these two account types on the [FSA webpage](#) <sup>[5]</sup>.

If you are covered by CU Health Plan - High Deductible, you have the unique option to open a health savings account (HSA) at any point throughout the year, provided that you are not enrolled in Health Care FSA at the same time.

*To learn more about the qualifications and rules regarding HSAs and FSAs, please consult the governing federal document: [IRS Publication 969](#) <sup>[6]</sup>.*

### **Open Enrollment ends Friday, May 10**

Make sure you are covered by the health plan that makes the most sense for you and your family. Learn more about each plan, what's new for the 2019-20 plan year, and how to enroll or adjust your plans at CU's Open Enrollment website.

[Visit now](#) <sup>[3]</sup>

[open enrollment](#) <sup>[7]</sup>, [benefits enrollment](#) <sup>[8]</sup>, [Benefits and Wellness](#) <sup>[9]</sup>, [deadlines](#) <sup>[10]</sup>

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