Employees have until 5 p.m. Friday, May 8 to ensure their coverage will meet their needs for the July 1, 2020 – June 30, 2021 plan year. Here are the key steps to take when reviewing your benefits:

- Get a quick dose of what's new for next plan year. Changes include a new pharmacy provider for Anthem plans, small rate changes and new wellness programs.
- Visit the Open Enrollment website for details about medical, dental, vision, life and disability insurance, as well as pre-tax savings plan options for dependent care and health care.
- Ready to enroll? Watch a short video to navigate the new enrollment tool, then get started in the portal's CU Resources area.

REMINDER: If you like the plans you currently have, you don’t need to take action. The exception: if you would like to enroll in or keep your flexible spending account, you will need to designate how much you will contribute.

After taking time for your benefits, enroll in digital delivery

Each year when you enroll in CU's health plans, we are legally required to mail you a large packet of benefits notices. Now, you can opt to receive these notices electronically via email. We’ll deliver them to your inbox and store them conveniently in the portal where you can access them any time – saving paper, time and mailing costs.

Sign up

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