University of Colorado benefits-eligible faculty and staff’s opportunity to have the final word on their benefits selections for the 2023-2024 plan year is 5 p.m. (MT) Friday. All Open Enrollment selections for the 2023-2024 plan year must be submitted by this time in the employee portal.

There’s no need to act for your current plan if you are satisfied with your health care coverage. However, if you are enrolled in a Health Care Flexible Spending Account or a Dependent Care Flexible Spending Account, you must re-enroll for plan year 2023-24.

Use these resources to evaluate your health care needs and to determine the coverage that best meets your needs.

- Research plan information, watch informational videos and courses, and find answers to your questions on the [Open Enrollment homepage](https://www.cu.edu).
- For a detailed outline of changes for the next plan year, review the [What’s New webpage](https://www.cu.edu). A few changes include lower cost prescription copayments or coinsurance when you opt for generic drugs, changes to maintenance and specialty medication mail order pharmacies, as well as expanded fertility treatment offerings and increased vision plan annual allowances for eyeglasses frames or contact lenses.
- Watch the two on-demand digital courses, [Open Enrollment Overview](https://www.cu.edu) and the [Basics of CU’s Health Plans and Pretax Savings](https://www.cu.edu), available in English and Spanish.
- Once you’ve gathered all the necessary information to determine your plan choices, visit the [How To Enroll](https://www.cu.edu) guide to navigate the enrollment process.

**Questions?**

If these resources didn’t provide the answers you’re seeking, reach out to an Employee Services benefits professional by calling 303-860-4200, option 3, or emailing at benefits@cu.edu.

**Enroll in digital delivery**

With Open Enrollment tasks complete, consider opting for digital delivery of plan ID cards and legally required notices:

**Digital plan ID cards:** CU Health Plan members can access medical, dental and pharmacy plan ID cards online or through provider apps.

**Forms and notices:** Each year, the university is legally required to mail a large packet of benefits notices all CU Health Plan enrollees. However, you can opt to receive these notices electronically via email. We’ll deliver them to your email inbox and store them conveniently in
the portal where you can access them any time – saving time, paper and mailing costs.

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