

## **New to CU? Attend a NEBO session for help selecting the best benefits for you.** <sup>[1]</sup>

July 25, 2017 by [Employee Services](#) <sup>[2]</sup>

We at Employee Services want you to feel confident and knowledgeable when you choose your employee benefits package. That's why we offer [New Employee Benefits Orientations \(NEBO\)](#) <sup>[3]</sup>. These sessions provide detailed insight into CU-offered coverage options, so you can make informed decisions about your benefits.

Topics include:

- Medical Plans
- Dental Plans
- Vision Plan
- Life Insurance
- Short-term and long-term disability
- Pre-tax Savings Plans
- Retirement

Benefits professionals will lead each session to provide answers to any of your questions. If you need more personalized help, send an email to [benefits@cu.edu](mailto:benefits@cu.edu) <sup>[4]</sup> or call 303-860-4200, option 3.

Current NEBO sessions are held on the CU Boulder, CU Denver and AMC campuses. CU Denver and AMC NEBOs are a part of campus New Employee Orientations.

Remember, new employees have 31 days from their first day of employment to enroll in benefits. To preview available coverage options, [check your eligibility](#) <sup>[5]</sup> and [visit the benefits website](#) <sup>[6]</sup>. To begin enrolling in benefits, [click here](#) <sup>[7]</sup>.

[Register today for a NEBO session](#) <sup>[3]</sup>

[NEBO](#) <sup>[8]</sup>, [benefits](#) <sup>[9]</sup>, [benefits enrollment](#) <sup>[10]</sup>, [new employees](#) <sup>[11]</sup>

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