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Last call at the Benefits Bistro: Open Enrollment ends at 5 p.m. May 8 [1]

May 1, 2026 by ES and UIS Communications [2]

University of Colorado benefits-eligible faculty and staff are reaching the end of the season for Open Enrollment. Enrollments for the 2026–27 plan year must be submitted in the employee portal [3] by **5 p.m. MT Friday, May 8**. The new plan year begins July 1.

Do you need to act?

Employees will be automatically reenrolled in their current plans if they do not act during Open Enrollment. There is one exception:

- Those enrolled in a Health Care Flexible Spending Account (FSA) and/or a Dependent Care FSA must re-enroll for the 2026–27 plan year. **FSAs do not automatically renew.**

Consider your whole benefits plate

Even if you are happy with your current benefits package, Open Enrollment is a great time to assess your needs and priorities. Consider updating your beneficiaries, enrolling in or adjusting voluntary retirement contributions, enrolling in a Health Savings Account or making changes to your life insurance policies. Even though you can do these things at any time, Open Enrollment is a great time to focus on financial goals.

We can help

Everyone has unique health coverage needs. Open Enrollment is your chance to assess your plan usage and compare it to CU's offered plans. Employee Services is here to provide the information you need to make a choice.

- Visit the Open Enrollment website [4] for full details on each benefits plan, rates [5], an overview of changes [6], plan comparisons [7] and more.
- The Benefits Toolkit [8] answers the most common questions about your medical coverage and guides you through plan options.
- You can watch on-demand courses [9] detailing Open Enrollment changes and presentations from CU's benefits providers.

Questions?

Reach out to an Employee Services benefits professional by calling 303-860-4200, option 3, or emailing benefits@cu.edu [10].

Enroll in digital delivery

With Open Enrollment tasks complete, consider opting for digital delivery of plan ID cards and legally required notices:

- Digital plan ID cards: [11] CU Health Plan members can access medical, dental and pharmacy plan ID cards online or through provider apps.
- Forms and notices: [12] The university is legally required to mail a large packet of benefits notices to all CU Health Plan enrollees. However, you can opt to receive these notices electronically via email. We'll deliver them to your email inbox and store them conveniently in the portal where you can access them any time — saving time, paper and mailing costs.

open enrollment [13], CU Health Plans [14], [15], optional term life insurance [16], disability insurance [17], dental [18]

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