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Heat up your finances with resources from TIAA, PERA and more [1]

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In addition to traditional benefits, such as health insurance and retirement plans, benefits-eligible employees at the University of Colorado have access to a wide range of expert information and tools to help protect and grow their money.

Review the resources below to see what's available and be sure to register for upcoming webinars that suit your needs.

TIAA webinars and resources

The university's mandatory 401(a) [3] and voluntary 403(b) [4] retirement accounts are administered by TIAA. TIAA offers several on-demand resources, including:

- Free one-on-one financial consultations [5] — available in-person, by video conference or over the phone.
- Student loan repayment assistance [6] in partnership with Savi.
- A Financial Essentials [7] video series.
- Recordings of CU employee live webinars [8].

Additionally, TIAA hosts monthly financial wellness webinars for CU employees to help them manage their finances, from day-to-day budgeting to long-term savings goals like retirement and college expenses.

See the schedule of TIAA's summer webinars below and register for the sessions relevant to you!

June 10 — Set your retirement date: Understand how to get to your goal
10 a.m. MT

For anyone starting to think seriously about when to retire, this webinar **walks through the steps involved in determining the right timing,** including estimating retirement expenses, addressing potential income gaps and understanding key milestones that can affect your retirement finances.

Register now [9]

July 23 — Building smart financial habits for success
Noon MT

Whether you're beginning your career or looking to reset your approach to money, this webinar provides a practical framework for building a strong financial foundation. Learn five essential building blocks of smart money management to help you feel more confident and in control of your finances.

Register now [10]

Aug. 20 — Take control of your financial life: 5 steps to save money and manage debt
Noon MT

Learn how to manage money, set financial goals, balance your budget and use debt wisely. With the know-how you need and a little determination, you can put yourself on a path to greater long-term financial security.

Register now [11]

PERA webinars and resources

Classified staff and those with prior PERA-eligible state employment may be enrolled in one of the PERA-administered retirement plans — Defined Contribution (DC) [12] or Defined Benefit (DB) [13]. Additionally, all benefits-eligible employees can opt to enroll in one of PERA's two voluntary retirement accounts [14], the 401(k) [15] and 457 [16] plans.

PERA offers an extensive webinar library [17] for all plan types, including many videos in Spanish. You can either view recorded webinars or register for live ones. Use PERA's interactive tool [18] to help you decide which webinars to prioritize if you're not sure where to start.

Additionally, the PERA resources page [19] includes calculators, plan-specific documents, necessary plan forms, frequently asked questions and more.

CollegeInvest webinars

Colorado offers tax-advantaged 529 college savings plans, managed by CollegeInvest, to

help individuals and families save for higher education costs. CollegeInvest hosts quarterly webinars, where attendees receive $50 toward a new 529 account just for participating.

Additionally, the First Step Program [20] helps new parents jumpstart savings with a $121 initial contribution to new accounts for any child born or adopted in Colorado on or after January 1, 2020. Parents or legal guardians who start an account for an eligible child **by Dec. 31, 2026** can take advantage of this unique one-time benefit. The First Step Program will match your contributions up to $500 per year for three years — up to **$1,500 total** — giving families an even stronger boost as they begin building education savings.

CollegeInvest Webinar dates and registration

- June 10 [21]
- Sept. 15 [22]
- Nov. 18 [23]

financial wellness [24]
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