Find qualified care for your kids, your aging parents or your pets [1]

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There’s more to life than work, and your CU employee benefits can help you care for those who matter most. In addition to dependent health care flexible spending accounts and tuition assistance benefits, CU Boulder and CU System Administration employees can use Bright Horizons [3]. This online portal provides access to search tools and databases where you can find qualified care resources for all members of your family.

One of the key resources offered is free premium access to SitterCity [4], a service that helps you locate and vet qualified babysitters, housekeepers, elder care referrals, special needs caregivers, dog walkers and pet sitters.

For families with kids, you can find nannies, babysitters, tutoring and test prep services. You also receive enrollment preference at Bright Horizons child care centers and up to a 10% discount on tuition at participating locations.

If you’re getting ready to care for aging parents, Bright Horizons also provides resources to complete an elder care plan and locate qualified elder care for any stage – from in-home helpers to independent and assisted living communities and even full-care nursing homes or hospice.

Visit the Bright Horizons resource center [5] to find articles and videos to empower your care choices for any family need or stage of life.

In response to COVID-19, Bright Horizons has also put together learning at home resources [6] to support families whose children are participating in distance learning during the pandemic.
[1] https://www.cu.edu/blog/work-life/find-qualified-care-your-kids-your-aging-parents-or-your-pets
[8] https://www.cu.edu/blog/work-life/tag/perks
[9] https://www.cu.edu/blog/work-life/tag/family
[10] https://www.cu.edu/blog/work-life/tag/children