Published on *University of Colorado* (https://www.cu.edu)

Fertility benefit offers support for you and your growing family [1]

November 3, 2022 by Employee and Information Services [2]

Recently the University of Colorado, WINFertility, and Ovia-Health cohosted a webinar regarding new helping family-planning benefits available to members of CU health plans administered by Anthem.

You can watch a recording of the webinar [3], or consult the resources below for more information on WINFertility and Ovia-Health services.

WINFertility

The university, in partnership with WINFertility, offers a family-building benefit to employees and spouses/partners/dependent-child (subject to clinical guidelines) enrolled in any medical CU Health Plan administered by Anthem. This includes CU Health Plans Exclusive, Extended, High Deductible and Medicare.

Visit our WinFertility microsite [4] to check eligibility requirements and view benefit details. You can also reach out by phone:

- Call WIN at 866-430-6068
- Service Team Members are available to discuss your benefit 7 a.m. - 5:30 p.m. (MT) Monday through Friday

Download the WIN Companion App, available through Apple [5]and Google [6]app stores, and use employer code CUHP22 when creating your account. The app gives you access to:

- Speak with a Nurse Care Manager by phone or video chat
- Privately track multiple family-planning related activities
- Set calendar reminders for doctor appointments and other medical events
- Get discreet alerts for ovulation tracking
- 1-click Nurse Call for 24/7, real-time access to fertility support

Ovia-Health

Family-planning and parenthood can bring unexpected emotional and psychological challenges. Ovia Health offers a suite of apps to help families throughout each stage of family-planning, pregnancy, and early parenting. Whether you're planning to expand your family, expecting a baby in the near future or parenting a new family member, Ovia-Health has tools and resources for you.

- Choose the best app for your needs: Ovia, Ovia Pregnancy or Ovia Parenting. These

apps are available through your smartphone’s app store.
- Virtual health services and care navigation is available 12 hours a day, from 7 a.m. to 7 p.m., 7 days a week, 365 days a year
- App content and coaching available in Spanish

If you have additional questions, you can reach out via email to questions@becolorado.org [7] or visit the Ovia-Health page [8].

Wellness [9]
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