

Evaluate your retirement income options with TIAA's seminars ^[1]

August 25, 2017 by [Employee Services](#) ^[2]

Retirement is a time to take it easy, catch up on activities you've wanted to take part in and enjoy time with friends and loved ones. However, necessary expenses are still a major part of life, even during retirement.

Learn about ways to turn your investments into regular income at a TIAA on-campus seminar, "Paying Yourself: Income Options in Retirement." At each workshop, a TIAA professional will provide an overview of different income options during retirement, identify tax implications and discuss the right time to withdraw your retirement funds. All ages are welcome, whether you are just getting started in your career or retiring in the next few years.

Read a quick recap of the basics of a retirement plan [here](#) ^[3], including withdrawals from a retirement account. Then, review your current CU retirement plan on the [Benefit's site](#) ^[4].

Find a seminar on your campus this fall. Click on your campus to register:

Date	Campus	Location	Time
Thursday, Sept. 7	CU Boulder ^[5]	Village Center Breakout Room A+B	9:30 - 11:30 a.m.
Thursday, Sept. 21	Anschutz Medical Campus ^[5]	Building 500 Bushnell Auditorium Room N8200	

[retirement](#) ^[6], [TIAA](#) ^[7], [workshop](#) ^[8]

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