

Down to the wire: Open Enrollment ends at 5 p.m. May 9 ^[1]



May 2, 2025 by [Employee Services](#) ^[2]

University of Colorado benefits-eligible faculty and staff are reaching the end of the season for Open Enrollment. The opportunity to make final benefits selections for the 2025-26 plan year is **5 p.m. MT Friday, May 9**, when enrollments must be submitted in the [employee portal](#) ^[3]. The new plan year begins July 1.

Do you need a new game plan?

Most faculty and staff will be automatically re-enrolled in their current plans.

There are two exceptions:

- **CU Health Plan — Extended is being discontinued.** Employees currently enrolled in the Extended plan must choose a replacement medical plan from CU's four plan options this Open Enrollment **or they will lose medical coverage for the 2025-26 plan year.**
- Those enrolled in a Health Care **Flexible Spending Account** and/or a Dependent Care Flexible Spending Account must re-enroll for plan year 2025-26.

Consider your whole benefits roster

Even if you are happy with your current benefits package, Open Enrollment is a great time to assess your needs and priorities. Consider updating your beneficiaries, enrolling in or adjusting [voluntary retirement contributions](#) ^[4], enrolling in a Health Savings Account or making changes to your life insurance policies. Even though you can do these things at any time, Open Enrollment is a great time to steer yourself toward financial security.

Learn more with these resources

Use these resources to evaluate your health care needs and to determine the coverage that best meets your needs.

- Research plan information, watch informational videos and courses, and find answers to your questions on the [Open Enrollment homepage](#) ^[5].
- The [Benefits Toolkit](#) ^[6] can answer the most common questions about your medical coverage and guide you through considerations that can inform your plan selections.

- For a detailed outline of changes for the next plan year, review the [What's New webpage](#) [7], including the **discontinuation of CU Health Plan — Extended** and the addition of CU Health Plan — Pathway.
- In the [virtual Open Enrollment Fair](#) [8], you can watch an on-demand course detailing Open Enrollment changes as well as presentations from CU's benefits providers.
- Once you've gathered all the necessary information to determine your plan choices, visit the [How To Enroll](#) [9] guide to navigate the enrollment process.

Questions?

Reach out to an Employee Services benefits professional by calling 303-860-4200, option 3, or emailing at benefits@cu.edu [10].

Enroll in digital delivery

With Open Enrollment tasks complete, consider opting for digital delivery of plan ID cards and legally required notices:

- [Digital plan ID cards](#) [11]: CU Health Plan members can access medical, dental and pharmacy plan ID cards online or through provider apps.
- [Forms and notices](#) [12]: The university is legally required to mail a large packet of benefits notices to all CU Health Plan enrollees. However, you can opt to receive these notices electronically via email. We'll deliver them to your email inbox and store them conveniently in the portal where you can access them any time — saving time, paper and mailing costs.

[open enrollment](#) [13], [CU Health Plans](#) [14], [health care](#) [15], [medical](#) [16], [dental](#) [17], [Vision](#) [18], [Delta Dental](#) [19], [Anthem](#) [20], [Kaiser](#) [21]

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 [2] <https://www.cu.edu/blog/work-life/author/34887> [3] <https://my.cu.edu/> [4] <https://www.cu.edu/employee-services/benefits-wellness/current-employee/retirement-plans/voluntary-retirement-savings>
 [5] <https://www.cu.edu/employee-services> [6] <https://www.cu.edu/employee-services/open-enrollment/benefits-toolkit> [7] <https://www.cu.edu/employee-services/open-enrollment/whats-new>
 [8] <https://www.cu.edu/employee-services/open-enrollment-sessions-fairs> [9] <https://www.cu.edu/employee-services/open-enrollment/how-enroll> [10] <mailto:benefits@cu.edu>
 [11] <https://www.cu.edu/employee-services/benefits-wellness/digital-delivery/digital-id-cards>
 [12] <https://www.cu.edu/employee-services/benefits-wellness/digital-delivery/digital-benefits-notices>
 [13] <https://www.cu.edu/blog/work-life/tag/open-enrollment> [14] <https://www.cu.edu/blog/work-life/tag/cu-health-plans> [15] <https://www.cu.edu/blog/work-life/tag/health-care> [16] <https://www.cu.edu/blog/work-life/tag/medical> [17] <https://www.cu.edu/blog/work-life/tag/dental> [18] <https://www.cu.edu/blog/work-life/tag/vision> [19] <https://www.cu.edu/blog/work-life/tag/delta-dental> [20] <https://www.cu.edu/blog/work-life/tag/anthem> [21] <https://www.cu.edu/blog/work-life/tag/kaiser>